

CANADA

PROVINCE OF NOVA SCOTIA

IN THE MATTER OF THE  
*FATALITY INVESTIGATIONS ACT*  
S.N.S. 2001, c. 31

**THE DESMOND FATALITY INQUIRY**

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**TRANSCRIPT**

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**HEARD BEFORE:** The Honourable Judge Warren K. Zimmer

**PLACE HEARD:** Port Hawkesbury, Nova Scotia

**DATE HEARD:** June 23, 2021

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**EXHIBIT LIST**

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P-000300	Nurse Case Management - February 4, 2015 (CAN002095)	27
P-000301	Nurse Case Management - April 13, 2015 (CAN002105)	29

1 June 23, 2021

2 COURT OPENED (09:31 HRS)

3

4 THE COURT: Thank you. Good morning.

5 COUNSEL: Good morning, Your Honour.

6 THE COURT: Good morning, Ms. Doucette.

7 MS. DOUCETTE: Good morning.

8 THE COURT: One of the things I guess we should check on  
9 this morning is I think, Ms. Doucette, Mr. Macdonald had asked  
10 you some questions about if you could think of any other  
11 barriers and we left that thought with you overnight. I don't  
12 know if you have anything further that you can add by way of  
13 response.

14 MS. DOUCETTE: I've given it some thought and I have no  
15 further comment about the question.

16 THE COURT: All right. Thank you. Mr. Macdonald?

17 MR. MACDONALD: I accept Ms. Doucette's answer, Your Honour.  
18 Thank you very much.

19 THE COURT: All right.

20 MR. MACDONALD: And I appreciate her looking at it and  
21 thinking about it overnight.

22 THE COURT: All right. Thank you, Ms. Doucette, for

1 taking some time to consider Mr. Macdonald's question. Mr.  
2 Russell?

3 **MR. RUSSELL:** Thank you, Your Honour.

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1 **MARIE-PAULE DEVEAU (DOUCETTE), previously affirmed, testified:**

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3

**CROSS-EXAMINATION BY MR. RUSSELL**

4

5 **MR. RUSSELL:** Good morning, Ms. Doucette.

6 **A.** Good morning.

7 **Q.** I totally appreciate you had a long day yesterday.

8 Hopefully today is a little shorter. Can't make any promises,  
9 but hopefully.

10 **A.** I appreciate the thought.

11 **Q.** The same sort of rules would apply. If at any point  
12 there's a question I ask that you're not sure of and you want me  
13 to repeat it, I will repeat it or clarify. And if there's  
14 anything you feel as though you would like to answer to a  
15 question, well, definitely for sure don't feel constrained that  
16 you can't have the opportunity to answer.

17 **A.** Thank you.

18 **Q.** So some of what I plan on reviewing may seem to be a  
19 little bit of a repeat from yesterday. It will obviously cover  
20 some of the same areas, but there may be like a little different  
21 sort of aspects of the same sort of ground that might appear to  
22 be covered. I'll tend to try to give you sort of an orientation

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 about what we're discussing in terms of different areas. Might  
2 make it easier for you.

3 So what I'd like to start with is I'd like to start with  
4 some entries and mindful that you didn't make these entries and  
5 some actually were CAF entries. And my purpose of asking you is  
6 sort of to lay a foundation of your understanding of Lionel  
7 Desmond as his case manager, perhaps what information you had,  
8 whether it would have been helpful or not, and how it was  
9 factored in.

10 **A.** Okay.

11 **Q.** So I guess if we could start, Exhibit 273, page 20.  
12 So, Ms. Doucette, I don't know if you would have seen ... these  
13 were the ... I think they were CSDN notes, I think is what the  
14 acronym is?

15 **A.** Yeah. That's what they look like.

16 **Q.** Your entries are in here, but would you have seen the  
17 other entries, as well?

18 **A.** I just need to focus for a second because it's a bit  
19 small.

20 **Q.** Sure.

21 **A.** Okay. This is better. Thank you.

22 **Q.** In particular, the second one from the top, it's from



**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 April 16th, 2015.

2 **A.** About the "My VAC" enrolment code?

3 **Q.** Yes.

4 **A.** I don't recall seeing that note specifically.

5 **Q.** So I guess my sort of foundational question would be,  
6 Did you have access to the other CSDN notes, including ones that  
7 predated your involvement?

8 **A.** Yeah. I believe I would have.

9 **Q.** Okay. Including something that were ... Go ahead.

10 Sorry.

11 **A.** Well, these are notes that were created by a VAC  
12 colleague. So my assumption is, yes, I probably was able to  
13 access this.

14 **Q.** Okay. I just wanted to make sure what you had access  
15 to, what you didn't. So it says on April 16 ... now, clearly,  
16 you haven't come into the involvement with Lionel Desmond for  
17 some months after this. But April 16th it reads, "Client came  
18 in to CFB Gaagetown to request a My VAC enrolment code. Provided  
19 to client and explained." So we know Lionel Desmond is still in  
20 the military, Canadian Armed Forces, at this point. But my  
21 question is, What's a "My VAC enrolment account"?

22 **A.** So My VAC account is a platform that veterans can use

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 to communicate securely with VAC. If they prefer to not use the  
2 telephone, they could use secure messaging. And they can also  
3 follow some aspects of their disability application, where they  
4 are in the different steps in progress. So I guess to give  
5 context to that, probably ... I'm not a hundred percent sure  
6 that he had already applied for disability awards, which is what  
7 they were called at that time. And My VAC account ... like he  
8 was either already receiving some services from VAC, even though  
9 he was still with the Canadian Forces, and so he called to get  
10 an enrolment code, which means to set up his My VAC account.

11 **Q.** So stored in the My VAC account you indicated there's,  
12 you know, an outline of what his benefits are. What else is  
13 sort of stored in the My VAC account?

14 **A.** I don't remember a hundred percent. I know the  
15 purpose of my role. It was another way ... sometimes veterans  
16 would have preferred to email with us and because email was not  
17 considered a secure form of communication, then My VAC account  
18 provided that avenue. So they could send messages that would be  
19 directed to us and we could answer via My VAC account. So  
20 there's that. And I believe that they were able to access some  
21 forms through My VAC account, as well, not all of the programs,  
22 but that there were some that they may be able to go online and

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 fill out and submit directly as opposed to mailing them in or  
2 dropping them off.

3 **Q.** What sort of forms? For what purposes?

4 **A.** Well, it could have been ... like I don't remember  
5 exactly which were in there because there's so many VAC benefits  
6 and services. But it could have been an application for a  
7 benefit of some sort or ... I'm trying to think of what else  
8 might be in there. I think they were able to go in My VAC if  
9 they needed to change their address, for example, they could go  
10 in there and submit some of that information. So it was just a  
11 different way of communicating with Veterans Affairs.

12 **Q.** And so from this note, it indicates that it was  
13 actually Lionel Desmond before he leaves Canadian Armed Forces  
14 that he's proactive in requesting an enrolment code for this  
15 account. From your perspective, is there value in a veteran  
16 being proactive, like Lionel Desmond was, before he's discharged  
17 from CAF to request a My VAC account code?

18 **(09:40)**

19 **A.** Yes. Absolutely. There's benefits to them for sure.

20 **Q.** And what sort of benefit would that be?

21 **A.** Able to familiarize more with what may be available to  
22 him once he releases, just knowing ... a better understanding of

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 like how VAC operates because it's not a simple thing to learn.  
2 What I will say, though, I don't ... these enrolment codes were,  
3 from what I remember, is you could request one and then they  
4 have like an expiry within so many days if you didn't go in and  
5 complete all of your application. And I wasn't there at the  
6 time, but I don't remember, for my purposes, using My VAC  
7 account to communicate with Mr. Desmond.

8 **Q.** Would this sort of ... and I'm mindful of the fact  
9 that you weren't there on this particular date that he went in  
10 and applied for. But would this sort of proactive behaviour  
11 sort of suggest to you that Lionel Desmond, in the very early  
12 days anyway, is interested in doing what he can to get the  
13 information he can to transition from Canadian Armed Forces to  
14 civilian population?

15 **A.** Yeah. I have no reason to question that.

16 **Q.** What conversations did you have about his My VAC  
17 account?

18 **A.** I don't know if we've ever had a conversation about My  
19 VAC account. Not all veterans used it. So I don't recall ...

20 **Q.** You're his case manager. My VAC account is very  
21 valuable to veterans. Is there a particular reason why you  
22 wouldn't have a conversation with him to see how he's making out

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 with that resource, if he's able to navigate?

2       **A.** If he didn't bring it up ... like I wasn't a My VAC  
3 account expert by any means, so if he didn't bring up the fact  
4 that he was trying to use it for whatever reason and he would  
5 want help with it ... I mean, obviously, if he brought that up  
6 we would talk about it. And if I couldn't help him, then I  
7 would put him through someone who can. But, like I said, I  
8 don't remember that being his preferred method of communication  
9 with me. He tended to call VAC and drop in to the CFB ... when  
10 you see the CFB Gagetown office, it was like a shared space with  
11 VAC. So he tended to drop in to that office a lot.

12       **Q.** So you really don't know what his position was on the  
13 My VAC account, whether he found it helpful or not helpful.

14       **A.** I don't recall his take on that, no, unfortunately.

15       **Q.** As his case manager, do you know if he even used it?

16       **A.** I'm not a hundred percent sure.

17       **Q.** There's another entry, page 19 of Exhibit 273, at the  
18 very bottom. It's a May 5th entry. And it reads: "Client came  
19 to CFB Gagetown to start a claim for ED. Provided client with  
20 Pen kit and another My VAC account enrolment code as well as the  
21 NCCN number in case he has more difficulties."

22       So a lot of that I definitely don't understand with the

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 acronyms. What is "Pen kit"?

2 **A.** "Provided client with Pen kit." I'm not a hundred  
3 percent sure. It could be application for pension kit,  
4 something of that sort. It wasn't a program that I specifically  
5 worked in, so I apologize for not knowing exactly.

6 **Q.** What is ...

7 **A.** But it ... yeah. It sounds to me like it has to do  
8 with pensions.

9 **Q.** What is an NCCN number? Do you know?

10 **A.** Yeah. The NCCN is the national contacts centre  
11 network. So essentially what I understand from that note is  
12 that the initial enrolment code had probably expired. He  
13 requested another one and then the person who gave it to him  
14 suggested, If you try to enrol and you run into any sort of  
15 technical issues, call the NCCN because the analysts were the  
16 people in VAC, in my memory, who were trained to support  
17 veterans in opening this account and troubleshooting.

18 **Q.** And so he's given another number, I guess, to access  
19 My VAC account and this is in May, again pre-discharge. Would  
20 this sort of activity sort of suggest to you a motivation on his  
21 part to do what he can, get resources, find out what's there for  
22 him to try to navigate his transition?

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1           **A.**    Yes.  I think he's proactive in coming to ask for help  
2 at the office, as well.

3           **Q.**    And did you say ... is there anyone there to sort of  
4 assist a veteran on how to use this My VAC account?

5           **A.**    Yes.  The analysts at the NCCN, I believe they had the  
6 training into how the account works.  Like they were sort of the  
7 most apt to support a veteran to navigate it.

8           **Q.**    Okay.  Could you appreciate that maybe some veterans  
9 might have a difficult time navigating forms online?

10          **A.**    Yes.  Absolutely.

11          **Q.**    And you know in Lionel Desmond's case, he did have a  
12 hard time with forms that were online.

13          **A.**    Quite possibly, yes.

14          **Q.**    In fact, as well ... I guess if we go back, I don't  
15 have the answer in front of me, but there was a discussion about  
16 a gym membership and there was a form that he could fill out to  
17 get a discount and he was overwhelmed with the idea of filling  
18 out the form.  Do you remember that?

19          **A.**    Yes.

20          **Q.**    Would that suggest to you that he had difficulties  
21 filling out forms online or navigating such forms?

22          **A.**    It suggests to me that, at that time, he was

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 definitely feeling overwhelmed with the forms that were  
2 presented to him. I don't know if those forms were online or  
3 not. They were not a VAC form.

4 Q. So I guess my question is if you're alerted, as his  
5 case manager, that he's having difficulty with forms in general  
6 and how to fill them out, something as simple as filling out for  
7 a discount for a gym membership, would you ever have a  
8 discussion with him and say, Look, we have this option here.  
9 It's a My VAC account. It gives you information. It has forms  
10 there for different things that may be of interest to you that  
11 you may need. Are you able to use that? Do you have any  
12 struggles with it? Would you normally ask that?

13 A. I could ask that. However, in my experience, the  
14 veterans who had difficulties with forms and whatnot were not  
15 generally the ones who wanted to use My VAC account because it  
16 was electronic and you needed to know how to navigate with  
17 computers a little bit more. So, like I said, my experience of  
18 working with Lionel Desmond was that he would generally drop in  
19 more into the office, hoping to speak to someone face-to-face,  
20 or call.

21 Q. But I guess in his case it's fair to say you simply  
22 didn't know whether or not this would be of any use to him



**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 because you didn't ask.

2       **A.** I don't remember having a conversation with him about  
3 it, no.

4       **Q.** We're going to look at page 20 from Exhibit 273. It's  
5 an entry from February 19th of 2015. This, again, predates your  
6 involvement by quite a bit. It's the third entry down. I'll  
7 read it into the record. So February 19th, 2015. "Client came  
8 in to CFB Gagetown to request a rehab application. Client is  
9 not medically releasing until June 2015. Advised client he is  
10 not eligible for the rehab program until he is released. Client  
11 understood but still wanted a copy of the application."

12       And then it says "provided". I'm mindful of the fact that  
13 you didn't make this entry, you weren't there for that day, do  
14 you know what rehab application that might have been? He's  
15 still in CAF.

16       **A.** Yes.

17       **Q.** What was it?

18       **(09:50)**

19       **A.** Yeah. It would have been an application to  
20 participate in the rehabilitation program, rehabilitation  
21 program being one of the programs that case managers ... well,  
22 it's how I eventually got connected to Mr. Desmond, through the

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 rehabilitation program.

2 Q. So a rehabilitation program is basically his  
3 rehabilitation that's coordinated by a case manager.

4 A. Yes.

5 Q. So he's still in the Canadian Armed Forces at this  
6 point. It's February, so he's not discharged for another four  
7 months anyway, at a minimum.

8 A. Uh-huh.

9 Q. So would, again, this sort of suggest to you that  
10 Lionel Desmond was motivated to assist in his transition?

11 A. Sure. Yes.

12 Q. Would it suggest that he was perhaps working hard?

13 A. It could. Generally, clients have some knowledge of,  
14 you know, they hear through other veterans or ... I don't  
15 remember the date of his transition interview, but they hear  
16 about all these programs and benefits that are potentially  
17 available to them. So it's not unusual for a veteran to be  
18 reaching out and asking for different applications for these  
19 programs.

20 Q. So it appears by this entry that he can't, even though  
21 he's requested the application, he's provided with it and he has  
22 it, and he wants to get ahead of this transition, he wants to

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 have it filled out, presumably to get that rehab program started  
2 with a case manager well in advance of his discharge in June.  
3 To your knowledge is there any way or is there any system in VAC  
4 that allows veterans that are proactive to get their application  
5 in the queue so they don't have to wait for it to be processed,  
6 they don't have to wait for a case manager?

7       **A.** Well, there's no ... my understanding is the wait for  
8 a case manager has ... okay. So there's two pieces to this  
9 question. So the application, if I remember correctly, there  
10 was a period of time ... like when the veteran knew exactly what  
11 their release date was going to be, I believe there was a period  
12 of time pre-release that they were able to fill it out, but  
13 rehab couldn't be initiated prior to the release date.

14       And then in terms of the wait to be assigned a case  
15 manager, the assignment, in most cases, comes once ... well,  
16 after you're made eligible for the rehab program. I understand  
17 that in Mr. Desmond's case, it took some time and my  
18 understanding is that was as a result of the demand versus  
19 resources available.

20       **Q.** So I guess my question is in February it appears as  
21 though it's documented in the same notes that are shared by CAF  
22 and Veterans Affairs. So there is some shared ... or no. This

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 is still Veterans Affairs, I assume.

2       **A.** Yeah. These are Veterans Affairs notes in the CSDN  
3 system. I think the confusion comes from the fact that it's the  
4 CFB Gagetown office. There was the area office in Oromocto at  
5 the time shared its space with a unit of the Forces if that  
6 makes sense.

7       **Q.** So Veterans Affairs knows in February that Lionel  
8 Desmond is coming. They know he's coming. They know he's  
9 coming in June. They know he's got an application and the  
10 application is to get him on a rehab program, which is going to  
11 involve a case manager. Do you see any benefit in maybe having  
12 case managers sort of already maybe considered so rather than  
13 wait? He's months in advance. He's trying but, yet, he had to  
14 wait until November.

15       **A.** Well, obviously I see a benefit to timely assignments.  
16 Like I'm definitely in favour of that. I don't believe that it  
17 was possible for a case manager to be assigned to a still-  
18 serving member.

19       **Q.** Okay. So that's what I'm trying to ask is sort of is  
20 there any mechanism that you're aware of in Veterans Affairs  
21 Operations that allows a veteran who is in months in advance of  
22 discharge trying to get his application to the front of the line

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 or trying to put it there so he can hit the ground running when  
2 he's discharged?

3 **A.** And we're talking 2015 - 2017, like the years I was  
4 there? What I can remember is there was a period of time when  
5 they knew their release date that they could apply for the  
6 program, but the program could only be approved or activated at  
7 or after their release date. That's what I ...

8 **Q.** Is there any sort of ... Are you aware of any sort of  
9 bridge programming? And I realize there are two entities and  
10 you're still chained to Canadian Armed Forces and you're not  
11 discharged.

12 **A.** Uh-huh.

13 **Q.** So you're still under their umbrella, I guess. But it  
14 seems like, you know, Lionel Desmond is reaching out, transition  
15 is on the horizon. Is there any sort of bridge services between  
16 CAF and VAC for veterans to get there in that period of time?

17 **A.** I don't know if you could call it a bridge service,  
18 but one of the things that was happening at the time, and it's  
19 reflected in those notes, are transition interviews. So once  
20 the veteran knows or is aware of their release date, they can be  
21 booked for a transition interview.

22 And the transition interview is ... when I worked there,

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 was generally completed by a veteran service agent. So it was a  
2 time where they would sit down with the veteran and a family  
3 member or a support, if they wanted to bring a support, and they  
4 would provide an overview of the various benefits, programs, and  
5 whatnot that they may be eligible for once they release.

6 So it was sort of an introduction to services at VAC. And  
7 in terms of other bridging, I don't know about programs, per se.  
8 Like there was a transition interview and then ... but there  
9 were things like ... an example was, in Mr. Desmond's case, was  
10 where the CAF case manager was able to refer to OSI prior to his  
11 discharge so that those resources be ready and available for him  
12 once he is medically released. Now, again, that was 2015, 2016,  
13 2017. I think since then, my understanding is that there has  
14 been efforts made to work more closely with the CAF.

15 **Q.** Do you know what they are? Are you able to comment?  
16 If not, that's ...

17 **A.** No, unfortunately, I'm not. The only other thing I  
18 remember and, again, I may not be covering everything because it  
19 wasn't, you know, my area of expertise, was the ... and I think  
20 Mr. Marshall may have talked about this, the SCAN exercise where  
21 still-serving CAF members could attend this session where  
22 various program or veterans-serving agencies would come in and

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 offer an overview, answer questions, whatnot, and VAC would  
2 participate among other agencies through these SCANS, I think  
3 they call them.

4 Q. I'm going to ask you a little bit about the sharing of  
5 documents within.

6 A. Okay.

7 Q. We know Exhibit 278, we might not necessarily have to  
8 bring it up. We're going to go in detail at some point, but  
9 that's the transition interview of May 25th, that you just spoke  
10 about, 2015.

11 A. Okay.

12 Q. Did you have that in your possession before you met  
13 Lionel Desmond?

14 A. Do you have the document? Could I see it?

15 Q. Well, we can bring it up. Exhibit 278, please. It's  
16 several pages of the transition interview that was conducted in  
17 preparation for him to move into Veterans Affairs and civilian  
18 life.

19 A. I can only assume that this would have been scanned  
20 onto the file somewhere. Yes.

21 Q. And it has several pages. Does this document look  
22 familiar to you?

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 (10:00)

2 A. Not that first page, but maybe I'll try to see some of  
3 the information that's in there. I mean the document itself is  
4 possibly something I read when he was assigned to me, but like  
5 it doesn't stand out to me as one of the first things I looked  
6 at or like I don't have a clear recollection of sitting with  
7 that document.

8 Q. Are you able to say you used that in consideration of  
9 formulating a case plan for Lionel Desmond?

10 A. Sorry, can you repeat that?

11 Q. Are you able to say whether or not you used that  
12 document to assist in your formulating a case plan for Lionel  
13 Desmond?

14 A. Not specifically. I would've used other documents and  
15 other ...

16 Q. Okay. What is the purpose of the transition interview  
17 when a veteran is leaving Canadian Armed Forces to go to  
18 civilian life? What's the purpose of that transition interview?

19 A. In my understanding, it's introducing a soon-to-be  
20 veteran to services that are to come. Sort of helping, like  
21 creating a bit of a connection pre-release with VAC. So if they  
22 want to get some processes started, if they haven't already,



**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 because, like I said, some serving members already had  
2 disability applications and awards prior to discharge. So I  
3 think it's a mechanism to help the transition.

4 Q. And part of this transition interview is to determine,  
5 after speaking with the veteran, what they believed their needs  
6 were. Is that fair?

7 A. Possibly. Yes.

8 Q. It's also to determine what their circumstances are.

9 A. I can't say for sure. I understood it to be a lot of  
10 info being offered to the veteran so that they could decide from  
11 there what they wanted to prioritize in terms of benefits and  
12 services.

13 Q. Is it also used to identify, perhaps, and highlight  
14 struggles that the veteran may face in the critical transition  
15 between Canadian Armed Forces and Veterans Affairs Canada?

16 A. Yeah, that's highly possible. I know that Ms.  
17 Christensen, who did the transition interview, had completed a  
18 Regina Risk Indicator Tool which gives information about  
19 potential for re-establishment. That sort of thing.

20 Q. It's pretty critical and it's an important document,  
21 from a Veterans Affairs' standpoint, the transition interview?  
22 It's fundamental?

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1           **A.**    I don't know if I would call it "pretty critical". I  
2 think it's a good service and that it is helpful to a veteran.

3           **Q.**    So this transition interview that collects and gathers  
4 information about a veteran, identifies needs of the veteran,  
5 potential services that would be a suit for a veteran, did you  
6 sit down or discuss with Lionel Desmond what was in his  
7 transition interview when you were formulating your case plan  
8 for him?

9           **A.**    Some of the information that's contained in there is  
10 available via other documents and in other places in CSDN. So I  
11 didn't specifically discuss his transition interview, but we had  
12 the area counsellor assessment. I completed a new Regina Risk  
13 Indicator Tool. I considered the, and discussed the  
14 recommendations that were coming from his supports, but I didn't  
15 sit with the transition interview in front of me to discuss with  
16 him, no.

17          **Q.**    Do you know if Desmond ever got a copy of his  
18 transition interview, because it had a lot of good information  
19 about him, what he needed, what potential services? Do you know  
20 if he ever got a copy of it?

21          **A.**    I can't confirm that, unfortunately. He might have.

22          **Q.**    But you don't know.

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1           **A.**    No, I don't know because I didn't conduct the  
2 interview and I don't know if they hand it over at the end or  
3 ...

4           **Q.**    We're going to go in detail about this document as  
5 well but not at this point. It's Exhibit 300. This document  
6 ... and it's going to come up on the screen.

7 **EXHIBIT P-000300 - NURSE CASE MANAGEMENT - FEBRUARY 4, 2015**  
8 **(CAN002095)**

9           **A.**    Okay.

10          **Q.**    It's from February 4th, 2015. It says "National  
11 Defence" on the top.

12          **A.**    Mm-hmm.

13          **Q.**    It's a nurse case management. You spoke about a nurse  
14 case manager yesterday. And it's where his case manager was a  
15 nurse at the time with Canadian Armed Forces.

16          **A.**    Mm-hmm.

17          **Q.**    She makes notes. And, in particular, she makes notes  
18 about transition that we're going to review later. Would you  
19 have ever seen this?

20          **A.**    Is it possible to scroll down a little bit?

21          **Q.**    Sure.

22          **A.**    So we can ...

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1           **Q.**    Sure.

2           **A.**    It's not a document that stands out to me. The only  
3 way I would've had access to this document is if it was  
4 submitted sort of in support of his application for rehab.

5           **Q.**    Okay.

6           **A.**    And I was the person responsible for rendering the  
7 decision.

8           **Q.**    Because ...

9           **A.**    These sort of CAF medical records, we are not, as case  
10 managers, privy to accessing those unless it's a specific sort  
11 of supporting document for an application for rehab, so ...

12          **Q.**    And it talks about transition, CAF's view on  
13 transition.

14          **A.**    Mm-hmm.

15          **Q.**    It'll go into the details about his situation and what  
16 his needs are. But you said you would say, normally, that this  
17 type of document doesn't get sent to Veterans Affairs unless it  
18 accompanies the referral?

19          **A.**    An application. An application for ... Like when  
20 they, a veteran, applies either for disability benefits or the  
21 rehab program, there's certain ... they apply based on sort of  
22 conditions. So reports that confirm a diagnosis or support an

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 injury of some sort that happened during their service may be  
2 sent to Veterans Affairs in support of an application. But even  
3 though they're submitted to Veterans Affairs, as a case manager,  
4 I don't have a need to know, to go in and just peruse freely CAF  
5 medical records.

6 Q. And in Lionel Desmond's case, you don't know if you  
7 got this or not. It doesn't seem familiar to you.

8 A. Not overly familiar, no.

9 **EXHIBIT P-000301 - NURSE CASE MANAGEMENT - APRIL 13, 2015**

10 **(CAN002105)**

11 Q. Similarly, a document - Exhibit 301. This is the same  
12 ... this document is going to be the same format and it's going  
13 to be dated April 13th. At the top, it's a National Defence, or  
14 it's on a form that's called "National Defence", and it has,  
15 again, notes and details about views on transition planning.  
16 Are your comments the same?

17 A. Mm-hmm.

18 Q. Do you recognize this document?

19 A. Sorry, I'm not able to read it right now.

20 Q. I'm sure we can zoom in, potentially. Certainly  
21 enough whether you recognize it or not.

22 A. Not specifically, no.

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1           **Q.** I guess my question is ... There are two documents  
2 here from Canadian Armed Forces that give their insight and  
3 views on transition, which is naturally transition from military  
4 to Veterans Affairs. Is this the type of information, as his  
5 case manager, the one that's going to orchestrate his  
6 rehabilitation, is this the type of information perhaps that  
7 you'd like to know? You'd like to know a little bit about his  
8 transition, what's going on in Canadian Armed Forces, if they  
9 have news on it?

10           **(10:10)**

11           **A.** That I would like to know? I mean the veteran is  
12 given an opportunity, obviously, to talk with us, ample  
13 opportunity to talk with us about their transition. The  
14 document that you showed me there, for example, had information  
15 about dental appointments and whatnot. Like that, to me, is not  
16 relevant to the work that I do. So I'm just citing that as an  
17 example.

18           So would I like to have that information? I don't think  
19 it's always relevant and it's not a matter of would I like to  
20 have it or not. It's not accessible to me.

21           **Q.** We're going to break it down in detail. You picked  
22 out the dental aspect. There was certainly a lot more in it

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 than that and we'll go over it, but Lionel Desmond had a case  
2 manager with Canadian Armed Forces. That case manager had views  
3 about his transition, what was needed, what would be helpful.  
4 You're his new case manager with Veterans Affairs. Logically,  
5 would you want to have some insight as to what his case manager,  
6 what her thoughts and views were and what he shared with her in  
7 preparation for you taking over? Wouldn't you want to know a  
8 little bit?

9       **A.** The part of the question that I struggle with is the  
10 "want" because at the end of the day, these documents are  
11 medical documents that belong to the veteran, so if the veteran  
12 wants to share these documents because he feels that there's  
13 important information that I should know, I'm open to that.

14       **Q.** It's out of your control.

15       **A.** But I don't ...

16       **Q.** It's out of your control whether you get them or not.  
17 I'm not saying that you have to ... it's on you to get this from  
18 Canadian Armed Forces. Would you like to have some knowledge  
19 and awareness of his interactions with a previous case manager  
20 that identified some struggles and problems and a rehabilitation  
21 plan? Would you like to have that information when you're now  
22 taking the ball?

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1           **A.**    Would I like to have information? In certain cases,  
2 maybe it would've been helpful and I would've appreciated that,  
3 and then in other cases, it's hard to tell. Our roles as case  
4 managers were not necessarily the same. We weren't managing the  
5 same sort of process.

6           **Q.**    Your roles are a little different, but would you agree  
7 that your roles are the same in that you're trying to navigate  
8 someone that has mental health concerns and trying to navigate  
9 how they're going to function in their day-to-day life? That's  
10 a shared commonality between you and the case manager of the  
11 Canadian Armed Forces. Is that fair?

12          **A.**    Possibly. I know that, in my memory, the case  
13 managers at VAC were nurses and I believe like engaged in  
14 nursing duties. So there's some clear differences if that's the  
15 case but ...

16          **Q.**    In this case, we know that his case manager happened  
17 to be a nurse when he was (inaudible - audio).

18          **A.**    I think they all were nurses.

19          **Q.**    And if a nurse had insight into his condition and  
20 thoughts on his transition, can you see areas in which that  
21 might be helpful to you as a social worker, professional social  
22 worker, that's going to navigate his care? Do you see the value



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1 in that?

2 **A.** I can see some value, yes. If the veteran wishes for  
3 me to have that information.

4 **Q.** That's fair and that's something that's beyond your  
5 control. I'm not suggesting that you had to go get it. I just  
6 want to know if that information would've been helpful to you.

7 **A.** (Inaudible - audio.)

8 **Q.** In terms of your role as veterans' case manager, you  
9 went through it in detail. I just want to qualify in very  
10 straight terms whether or not - yes or no, I guess, and if you  
11 have to elaborate, you have to elaborate - your role as case  
12 manager is to assess what Lionel Desmond's needs are.

13 **A.** Yes.

14 **Q.** It's to coordinate his care by identifying resources  
15 available to assist with his rehabilitation.

16 **A.** Coordinating care, yes. Identifying resources,  
17 sometimes.

18 **Q.** And to assist in his rehabilitation by identifying  
19 resources.

20 **A.** Yes. If you're saying identifying resources as though  
21 it is the case manager's job to find the psychologist, to find  
22 the ... then that's not entirely the case, but identifying

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 general resources, a physiotherapist may be able to help with  
2 this.

3 Q. So I'm going to ...

4 A. So I guess providers.

5 Q. I'm going to break it down to that because you said  
6 sometimes it's to identify and find these particular resources  
7 or at least come up with suggested alternatives and  
8 possibilities.

9 In a case where a case manager exists without a clinical  
10 care manager, who goes out to assist in finding those  
11 professionals for the veteran if it's a psychologist they need?  
12 Whose role is that? If it's not the case manager's, who is it?

13 A. It's the veteran's. It's the veteran's role. So in  
14 the process of rehabilitation, which is a collaborative process,  
15 a voluntary process, there is sort of an expectation on the  
16 veteran that they will take on some of the responsibility of  
17 their own health. And we are there to guide and support as best  
18 as we can, but we are not, as a case manager, doing  
19 rehabilitation if we are doing everything for the veteran, if  
20 that makes sense.

21 Q. I'll give a concrete example. Ste. Anne's recommended  
22 that he needed an occupational therapist to conduct an

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 assessment.

2 **A.** Okay.

3 **Q.** Is it Lionel Desmond's obligation to go out and find  
4 himself an occupational therapist or is it incumbent on the case  
5 manager to assist him in giving him options in trying to find an  
6 occupational therapist or suitable ones he can select from?

7 **A.** It's both. If that ... if we ... myself, with the  
8 veteran, identified that as being the priority and we say, Okay,  
9 so we're going to need an occupational therapist to conduct "x",  
10 I would normally ask the veteran, Do you know anybody in the  
11 community? Do you have a preferred provider? And if he answers  
12 "no", then I can help by looking at options, providing names,  
13 that sort of stuff. So it's a ...

14 **Q.** So do you operate on the capacity that, as case  
15 manager, that your clients have the cognitive capacity or the  
16 mental wellness to do a lot of that resource searching on their  
17 own?

18 **A.** Yes. Well, in the sense that like self-determination  
19 and we believe in their ability to be able to carry some of the  
20 work. And where it's difficult for them, we assist as best as  
21 we can.

22 **Q.** I'm trying to drive at your appreciation of the fact

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 that maybe not all veterans are capable of being the runners for  
2 resources due to their trauma, mental health, and crisis. Do  
3 you appreciate that veterans can't necessarily be the runners of  
4 their own care in going out and finding them? That maybe VAC is  
5 the one that has to get those resources suggested in place?  
6 Where they are? Who they are?

7 **A.** Well, I would ... I don't know. I wouldn't use the  
8 term "runner". Like I mentioned yesterday, many veterans, in  
9 the conversation about the needs and the services to put in  
10 place, will proactively say, I would like to work with this  
11 person or this clinic, or this I've heard good things about.

12 So, from there, we see how we can coordinate that. So I  
13 don't think it's fair to say that many veterans are not capable  
14 of doing that. Some may counter-challenge it and then our job  
15 is to help with those barriers.

16 **Q.** Taking it from sort of maybe in a more general  
17 abstract to specific, is it your view that Lionel Desmond was  
18 capable of going out and finding an occupational therapist on  
19 his own and going out and finding a psychiatrist on his own  
20 without you identifying options for him? Did he have the  
21 capacity?

22 **(10:20)**

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1           **A.**    Of finding a psychiatrist? Well, I believe he had ...  
2    like I believe it was mentioned yesterday that he had consulted  
3    with a psychiatrist on his own. Occupational therapists are not  
4    the most known resources. So potentially not, that he wouldn't  
5    have been able to find that. And I'm not suggesting that he  
6    should've been left to his own device to do everything. That's  
7    not what I'm saying. I do think he had some capacity, yes, to  
8    make phone calls, to initiate contact with providers. I do  
9    believe that he had that capacity and I think he had proven  
10   that.

11           **Q.**    In terms of one of your last functions or one of the  
12   categories of roles of a case manager ... I'll leave it. I  
13   believe we reviewed it.

14           Moving now to domestic and family resources. That's the  
15   general theme of the questions that I want to ask you. You  
16   indicated that in your time with Veterans Affairs Canada, you  
17   received training in a number of areas when you were ...

18           **A.**    Mm-hmm.

19           **Q.**    ... learning to be a case manager. You indicated that  
20   you did not receive any training as it relates to family  
21   violence or family intervention services?

22           **A.**    Family violence, no. Can you qualify family

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 intervention?

2 Q. Did you receive any training as it relates to  
3 veterans, specifically related to veterans struggling with their  
4 home life in the transition, whether it's marital breakdown,  
5 parenting? Did you receive any sort of training that brought  
6 that to the forefront as a pressing issue?

7 A. I don't recall anything specific to that, no.

8 Q. Would you agree that a common theme with veterans  
9 transitioning from military to civilian life is the struggle and  
10 breakdown within their own home life due to what they're dealing  
11 with? That's a pretty common struggle for veterans.

12 A. Yeah. I mean in terms ... like if we look at  
13 separation and divorce and those sort of things, but is it a  
14 theme in the military more than in the general population?  
15 Perhaps.

16 Q. And I'm not going to ask you "did you want", but would  
17 you have liked to have received more training from Veterans  
18 Affairs Canada, when you were training to be a case manager, to  
19 identify those aspects of a veteran transitioning that is  
20 dealing with sort of domestic turmoil, whether it's breakdown of  
21 the marriage, whether it's children, whether it's maybe domestic  
22 violence? Would you have liked to have had more training from

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 VAC in that area, or training from VAC in that area?

2 **A.** Would I have liked to have more training in that?  
3 Specific to intimate partner violence, I think that could've  
4 been beneficial. I think that could be beneficial to anyone who  
5 is working with a client base. Within the sort of scope of my  
6 role, I am not sure that ... Well, I'll leave it at that. I  
7 would've liked more training in family violence, in that theme,  
8 yes.

9 **Q.** In Lionel Desmond's case, do you think it would've  
10 been helpful if you were sort of more intuitive and aware of  
11 those issues happening in Lionel Desmond's life to arrange for  
12 resources and assist him?

13 **A.** I don't know "intuitive" is necessarily ... I think  
14 we're provided with some information, not all, and that ...

15 **Q.** I didn't necessarily think the question was hard  
16 because you answered yesterday, basically, that you would've  
17 liked to have received some training in that area. Do you  
18 recall that?

19 **A.** I just answered that, yes.

20 **Q.** Yes.

21 **A.** Yes, but then ...

22 **Q.** So how ... And my question now is how is that

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 applicable to your role as case manager in treating Lionel  
2 Desmond, knowing that this gentleman committed suicide and  
3 killed the rest of his family? Looking back, was there any  
4 skills that you could've perhaps learned and perhaps maybe  
5 applied? And I'm not saying you could've prevented this, but  
6 I'm asking is there anything that could've assisted you in your  
7 role as case manager in identifying those concerns?

8 **A.** If there was a training specific to detecting risk of  
9 homicidality, perhaps that could've been helpful. I know very  
10 few that perhaps that could've been helpful but ...

11 **Q.** Okay. Knowing what you know about Lionel Desmond, do  
12 you think he could've benefitted from couples counselling?

13 **A.** I ... Okay. Yes, potentially benefitted from couples  
14 counselling. I'm not sure he was at a place where he would've  
15 ... There was so much as an individual that when we talk about  
16 like emotional ups and downs and that he, sort of himself, was  
17 saying he needed to be working on, but I'm not sure that he was  
18 in a good position or in a good place to be doing couple's  
19 therapy.

20 **Q.** I appreciate ...

21 **A.** But I can't say whether or not he would've ... it  
22 would've made a difference.



**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1           **Q.** Do you think the concept of couples counselling and  
2 arrangement of that would have been of assistance to Lionel  
3 Desmond in the struggles he had in relation to his wife?

4           **A.** I think it could've potentially been helpful. I don't  
5 think it would've been the priority to assist him.

6           **Q.** Relationships counselling. Sort of his ... Or I  
7 guess we'll say anger management counselling and resources  
8 available to deal with that. Do you think that would've been  
9 helpful to Lionel Desmond in some ways?

10          **A.** Well, I believe he had access to that sort of  
11 counselling through a psychologist at OSI.

12          **Q.** Okay. And sort of did you identify any concerns with  
13 respect to maybe parenting skills that he might've benefitted  
14 from with his young daughter and the circumstances surrounding  
15 what was happening in the home?

16          **A.** When I met with him, it was in the context of living  
17 in his home in Oromocto where the child was not there, so I  
18 didn't do, nor was it necessarily my role to do, an in-depth  
19 parental evaluation of his parental skills. And like I had no  
20 information to suggest that he was a neglectful parent or  
21 anything like that.

22          **Q.** Okay. I'm just going to ask you, at different points

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 of time, what your understanding was of the status of his  
2 relationship. If it was good, bad. In a general sense, how it  
3 was from your understanding and information.

4 So when he was discharged from Canadian Armed Forces on  
5 June 26th, 2015, how do you say his relationship appeared to you  
6 at the time with his wife?

7 **A.** I wasn't around to ...

8 **Q.** So you would've ...

9 **A.** June 2015? I don't know. I wasn't ...

10 **Q.** You weren't around at the time, but when you become  
11 case manager, you have some information and awareness of what  
12 his circumstances were when he was discharged. Or did you learn  
13 anything about that?

14 **(10:30)**

15 **A.** Yeah, but I don't think it's fair for me to say that I  
16 was able to do an assessment of his marital relationship in  
17 June, when I didn't know him ...

18 **Q.** Did you have any ...

19 **A.** ... based on ...

20 **Q.** You're going to arrange for his rehabilitation and  
21 identifying resources that would be helpful. And you talked  
22 about how couple's counselling could be helpful, but he wasn't

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 in a place for it. Were you interested in knowing what his  
2 relationship was like even going back to when he was discharged  
3 from the military, or were you simply interested in from the  
4 moment you became his case manager?

5 **A.** Well, I wasn't not interested, but I was responsible  
6 for assessing the state of his health globally, so I guess I  
7 wasn't hyper-focused on what his relationship was like in June,  
8 no.

9 **Q.** What about were you focused or interested in what his  
10 relationship was like prior to his discharge?

11 **A.** Not specifically.

12 **Q.** If Lionel Desmond ... and we know that he had a lot of  
13 years leading up to his discharge that the relation- ...

14 **A.** Mm-hmm.

15 **Q.** Well, at least, at least two years for sure that his  
16 relationship with Shanna Desmond was bad. It was not good. And  
17 you're trying to coordinate that critical adjustment to civilian  
18 life. Do you think that knowing that information would be  
19 helpful to colour your perspective in what his needs are and  
20 what his focus should be?

21 **A.** I think that at the time that I met him and I  
22 completed the assessment that he was clear about the fact that

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 his relationship was difficult and that that sort of remained a  
2 theme as I was working with him.

3 Q. Were you aware that it was a main priority for him.  
4 In terms of the list of his goals and priorities, you know, that  
5 includes everything from getting a new job to getting anger  
6 management treatment, PTSD, to repairing his marriage, would you  
7 agree that repairing his marriage was at the very top of that  
8 list?

9 A. I agree that it was among his priorities, yes.

10 Q. Would you say it was at the ...

11 A. But at the very top?

12 Q. What was higher for him then? If it wasn't repairing  
13 his marriage, his relationship and the home life, what was more  
14 of a priority to Lionel Desmond then, as case manager? You  
15 spoke to him.

16 A. I spoke to him. I can tell you what he said, but  
17 then, based on the work that we did together and some of the  
18 things he prioritized, that I saw him prioritize, then it  
19 depends. Do you want me to say what he said was his priority or  
20 what I observed?

21 Q. I just want you to not say one thing or the other.  
22 Your understanding of Desmond's hierarchy of priorities in his

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 rehabilitation. Was there anything higher than repairing his  
2 marriage and dealing with the crisis that was his marriage? Did  
3 you get a sense there was anything else higher on his list?

4 **A.** I get a sense that finances were up there as well.  
5 Whether it was more important than repairing his relationship or  
6 not, I can't say that for sure.

7 **Q.** And so my question is, outside of ultimately arranging  
8 Ste. Anne's, which was very, very valuable, and coordinating  
9 with Dr. Murgatroyd, and saying that you knew that New Brunswick  
10 might've been doing different things for Lionel Desmond at the  
11 OSI Clinic, you were his case manager for 14 months. He's  
12 living in Nova Scotia for periods of time. He's back and forth  
13 from Nova Scotia for periods of time. Did you ever make any  
14 attempts to coordinate services in the community for Lionel  
15 Desmond as it relates to couples or relationships counselling?

16 **A.** Myself, specifically? No. I know that at a period of  
17 time, like when he connected with Ms. Boone, that that was when  
18 I think that came up. He was not asking me for couple's  
19 therapy.

20 **Q.** But does a veteran necessarily have to ask you for  
21 couple's therapy for you to maybe identify it, speak to him  
22 about it, and then try to coordinate that resource?

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1           **A.** We can suggest things. It's up to them to say "yes"  
2 or "no". Like I've mentioned before, when I arrived in the  
3 picture, the information that I was getting from Lionel Desmond  
4 was that his priority was to work with professional supports to  
5 help him with his managing emotions. That sort of thing. And I  
6 was getting from the professionals who were already involved,  
7 information that said, We would like to initiate trauma work but  
8 we are unable to do so because of "x" reason, which has been  
9 named "instability", or I believe I quoted someone saying  
10 "disabling symptoms of PTSD".

11           So with reference to your question about couple's  
12 counselling, when I said earlier that perhaps it could've been  
13 helpful, it wasn't presenting as the priority at that time.

14           **Q.** Okay.

15           If we turn to Exhibit 278, page 3, this is the transition  
16 interview that you were unclear of whether or not you reviewed  
17 it.

18           **A.** I just want to ...

19           **Q.** Sure.

20           **A.** I understand that it might sound odd to you that I  
21 would say, It's unclear to me if I reviewed this, but this was  
22 about six years ago and we review a ton of documents, so it can

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 be difficult to say, Yes, I remember that specific document.

2 Q. That's fair.

3 A. So ...

4 Q. That's fair. So, on page 3, it says, in the  
5 transition interview: "Does the member have any concerns about  
6 the impact of their physical, mental, or emotional health issues  
7 on the family?" It's checked "Yes". And then, "If yes, outline  
8 below". And it says: "Client is married with a daughter, but  
9 they are separated. Client noted that spouse/daughter moved to  
10 Nova Scotia some time ago while he tries to get better. Client  
11 very upset about this and believes the situation does not look  
12 good."

13 A. Okay.

14 Q. Did you ever sort of ask Lionel Desmond what it was  
15 about his situation in his home life that didn't look good?

16 A. In reference to that specific paragraph?

17 Q. Just in general.

18 A. Well, we talked about his home life, of course.

19 Q. Would you agree with that ...

20 A. I don't think I ...

21 Q. Would you agree with that passage that his situation,  
22 his home life, as he described it back at the transition

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1 interview, was much the same, that it didn't look good?

2       **A.** Well, that's a very broad statement - Does not look  
3 good. I can say that, you know, after working with him for some  
4 time that he was demonstrating concerns that their relationship  
5 might break down. He talked about his wife mentioning divorce  
6 papers in a sort of joking way, and that upset him. So he was  
7 concerned about the relationship ending but I'm not sure what is  
8 meant here by, "the situation does not look good". I didn't  
9 write that.

10 **(10:40)**

11       **Q.** Exhibit 300. This is the nurse case manager note that  
12 you indicated that you couldn't recall whether or not you had  
13 seen it or not, and there were limits on as to whether or not  
14 you could get it. It could or could not be part of a referral.

15 Under "Transition", it reads:

16 Member noted to be increasingly stressed about  
17 transition and noted that it is because of his spouse  
18 who can't commit to whether or not she wants to remain  
19 in the relationship. Spouse is living in Nova Scotia,  
20 going to nursing school. Member is stressed over  
21 finances and whether or not to sell the house. He  
22 feels he cannot afford it without any financial



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1 support from his spouse. Member reports that he is  
2 struggling with moving in any direction until his  
3 spouse figures out what she wants to do.

4 Then it says:

5 Advised member that he should speak to MH (assuming  
6 Mental Health) intake to seek counselling.

7 Again, under "Transition", that's the first bullet that's  
8 notified is the struggle with the home life. Would you agree  
9 that that is suggestive of, very early on, this is a pressing  
10 issue for Lionel Desmond is that he needs assistance in some  
11 regards in his domestic relationship with his family?

12 **A.** That it was important to him from the beginning? Yes.  
13 And he made that known.

14 **Q.** I'm mindful of the fact that you weren't involved at  
15 this point. Did you ever ask him if he ever, or did you ever  
16 have any discussion with him that he had seen counselling in  
17 that regard? Whether that even took place?

18 **A.** Mental health counselling?

19 **Q.** For his stressors in his relationship.

20 **A.** Well, I knew that he was actively in counselling and  
21 that the relationship was among his stressors and that he had a  
22 place, yes, where he could work with those, I guess, if I can

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1 put it in simple terms.

2 Q. And do you know who that was with?

3 A. Dr. Murgatroyd. Dr. Njoku.

4 Q. Did Dr. Murgatroyd or Dr. Njoku ever tell you that, as  
5 part of their treatment, they were treating Lionel Desmond for  
6 the breakdown or the struggles within his marriage?

7 A. Well, we don't ...

8 Q. You said ...

9 A. Not in so many ...

10 Q. You said you knew that he ...

11 A. I knew he ...

12 Q. You said you knew he was seeking help or was getting  
13 services for counselling as it relates to the breakdown of his  
14 marriage. I'm just asking how you knew that and where did it  
15 come from?

16 A. Well, what I said was I knew he was getting mental  
17 health counselling and, in speaking to Lionel Desmond many  
18 times, the relationship, we've agreed, was part of his main  
19 concerns. So there was no doubt in my mind that that was an  
20 aspect of his counselling, his personal counselling, that that  
21 was ...

22 Q. Did you presume that or did you know that? When you

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1 say, There's no doubt in my mind his counselling involved  
2 assistance for domestic issues with Shanna Desmond as it relates  
3 to identifying any risk factors for domestic violence and trying  
4 to keep him calm in that context. You say there's no doubt in  
5 your mind, how do you know that there's no doubt in your mind?  
6 What did you know about his counselling in that area?

7 **A.** I did not know all the specific details of his  
8 counselling, but I have a good sense of how psychologists work,  
9 and he was going there for mental health counselling for his  
10 condition, and I know that a psychologist would've covered all  
11 aspects of what were his main stressors related to his mental  
12 health.

13 I think ... I can't ... I know that I've received some  
14 summary reports from Dr. Murgatroyd. I don't remember them all  
15 by heart, what was in them, and I wasn't privy to all the  
16 details of their therapeutic discussions. I didn't ... but I am  
17 ...

18 **Q.** Okay.

19 **A.** Yeah. That's how I would explain that.

20 **Q.** If we turn to Exhibit 278, page 3, this is, again, the  
21 transition interview and it says "stress coping social support".  
22 And this is sort of ... the author of the report identified the

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1 following. It says: "Thinking about the amount of stress in  
2 your life, would you say that most days are ..." He indicates,  
3 "Quite a bit stressful." "How are you coping with your pending  
4 release?" He says, "Fair". And then it says, "I have close  
5 relationships with people I can depend on who provide me with  
6 support and a sense of security and well-being." And the answer  
7 is, "Disagree". And then below that, it says, "Outline any  
8 strategies and social supports below." It says, "Client is  
9 considering going to school for small engine repair after his  
10 release from CF. (Canadian Forces) Client does not have many  
11 social supports in place."

12 When you came to be Lionel Desmond's case manager, this was  
13 still the sort of theme is that he really didn't have any social  
14 supports whatsoever.

15 **A.** Yeah. Well, at the time that I did the assessment,  
16 that I first met him, isolation was definitely ... or the  
17 feeling of being isolated was definitely something that was  
18 observed. And he would've reported, maybe not in these exact  
19 same words that, yeah, he didn't have a whole lot of social  
20 supports. Now, to say none whatsoever, I can't say that for  
21 sure because I know that there was, just from conversation with  
22 him, that there was a friend in the Oromocto area who he had

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1   relied on for some things. Not specific to his relocation. But  
2   few supports, yes.

3           **Q.**   And I believe you said yesterday it was so bad you  
4   actually accompanied him to the airport because he really kind  
5   of had nobody to go with him?

6           **A.**   I never said, It was so bad. I said that ... I  
7   explained that my motivation to go was that I knew he was going  
8   by himself. Does that mean that he asked someone to go with  
9   him? I don't know. My motivation to go was to offer some moral  
10   support.

11          **Q.**   You were his case manager for 14 months and there are  
12   aspects of instability that got in the way of couple's  
13   counselling and different therapies. In your view, what  
14   resources were in Nova Scotia that you could've coordinated to  
15   assist him in building relationships with others? A veteran who  
16   is in isolation. What resources are available to him in Nova  
17   Scotia at the time that would assist him in maybe coming around  
18   and building relationships? Break down the barrier of  
19   isolation.

20          **A.**   Well, there would've been a variety of resources that  
21   could have helped him in some aspects. So a CCM would've been  
22   one of them. I believe OSISS, which is Operational Stress

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1 Injury Support Services, is operated in Nova Scotia as well as  
2 in New Brunswick, and we had talked about that before.

3 He had mentioned wanting to potentially get involved with a  
4 colleague who was ... I'm trying to remember the name now. I  
5 think it was called "Trauma for Healing". And then various  
6 community resources that I'm not familiar with all of them but  
7 ...

8 Q. Did you make efforts to arrange for those for him at  
9 all in the 14 months?

10 A. Yes. Yeah. I contacted OSISS actually on his behalf  
11 once. He gave me permission to do that. Connected him with a  
12 coordinator in Gaagetown. I also encouraged him. When he  
13 worried about leaving his home for sale behind when he was going  
14 to training. Okay, well who is around you that might be able to  
15 help with some things? You're going to have to problem solve.  
16 He reached out to a neighbour who was able to, you know, take  
17 care of his property while he was away.

18 **(10:50)**

19 So if you're asking about social supports specifically ...

20 Q. Yes.

21 A. ... I'd say OSISS was a big one. And, yes, that was  
22 offered to him more than once by me.

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1           **Q.**   And was there anything other than OSISS that you  
2 arranged?

3           **A.**   In terms of social supports?

4           **Q.**   Yes.  There was a program maybe called "Wounded  
5 Warriors" from Ste. Anne's that was recommended, that he become  
6 involved in "Wounded Warriors".  Were you familiar with that  
7 program?

8           **A.**   Not specifically, no.

9           **Q.**   What other programs are there provincially for  
10 veterans, other than OSISS, to be involved in to break down the  
11 barrier of isolation?

12          **A.**   There's the Royal Canadian Legion.  There's an  
13 organization that supports ... I don't remember the name, but  
14 that supports vets at risk of homelessness.  He was involved  
15 with "Marijuana for Trauma" which was not organized by me.  It  
16 was of his own doing and wasn't sure if he wanted to continue  
17 with that.  That was an organization in Oromocto.

18          **Q.**   Did you ever reach out ...

19          **A.**   I'm sure the list goes on.

20          **Q.**   Did you reach out to any other entities other than  
21 OSISS, I guess?

22          **A.**   Me, specifically?  I don't believe so, no.

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1           **Q.**   Moving to the aspect of a family physician and sort of  
2 your role as case manager as it involves that.  If we turn to,  
3 again, Exhibit 278, page 5, at the top sort of portion of the  
4 page, it says, "Has member found a family physician?"  And the  
5 answer is, "No".

6           If we turn to Exhibit 301, page 2, that's at the transition  
7 interview.  So Exhibit 301, page 2 ...

8           **A.**   Okay.

9           **Q.**   I'm just trying to find it myself.  This is a nurse  
10 case management note from April of 2015: "Family doctor.  Member  
11 will need to secure a family doctor.  Member is aware of how to  
12 access waitlist and resources to access care in interim."

13           So you would agree that prior to his discharge, it was  
14 flagged that the need for a family doctor was a relevant need  
15 for Lionel Desmond.

16           **A.**   Yes, as it is for all releasing CAF members.

17           **Q.**   Why would a family doctor be important to Lionel  
18 Desmond as a veteran?

19           **A.**   Well, a family doctor is important to all of us.  And  
20 I think, as a medically-releasing member of the Canadian Forces,  
21 the understanding is that you're releasing with some injury or  
22 illness, so having a family doctor obviously is a good resource.



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1           **Q.**   And in definite fairness to you, you have no control  
2 over doctor shortages in either New Brunswick or Nova Scotia.

3           **A.**   Mm-hmm.

4           **Q.**   Your role as case manager, does it involve trying to  
5 assist Lionel Desmond in locating a family doctor? Does it  
6 reach to that extent?

7           **A.**   It would've been very similar to what this nurse case  
8 manager did. So asking the veteran if they have placed their  
9 name on a registry, a Forces inpatient registry. Like I don't  
10 know exactly what it's called, but there was a number that you  
11 could call. And if they need a physician, do they know of walk-  
12 in clinics in the area. That sort of thing. But I cannot  
13 secure a physician for a member, no. Or veteran, no.

14          **Q.**   So I guess my question is, and I'm mindful that you  
15 can't just snap your fingers and do it, it's a crisis that's  
16 beyond your reach. But what did you do to assist him in trying  
17 to find a family doctor?

18          **A.**   Good question. I don't believe it was a theme that we  
19 explored too much together. He had already accessed services of  
20 Dr. Paul Smith, who was a general practitioner, prior to my  
21 involvement. So even though ...

22          **Q.**   And I guess ... So when he left Ste. Anne's even ...

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1           **A.**    Go ahead.

2           **Q.**    ... when he left Ste. Anne's in August 2016, did you  
3 make any efforts to assist him in locating a family doctor?

4           **A.**    In Nova Scotia? Not specifically.

5           **Q.**    Or New Brunswick?

6           **A.**    Well, he wasn't going to be residing in New Brunswick  
7 so ...

8           **Q.**    I'm going to ask you ...

9           **A.**    He did ...

10          **Q.**    Go ahead, sorry.

11          **A.**    Just keep in mind that he, when I came on board, he  
12 did have an assigned psychiatrist who is a medical practitioner.  
13 He was accessing, like I said, the services of a general  
14 practitioner. Maybe he wasn't assigned to his list, but he  
15 definitely had access to that person.

16          **Q.**    Which general practitioner did he have access to?

17          **A.**    Dr. Paul Smith. Many veterans have accessed his care  
18 in the Fredericton area.

19          **Q.**    Would you say ... to your knowledge, did he have  
20 access to Dr. Paul Smith when he had his transition interview  
21 and they said, No, he doesn't have a family doctor and he needs  
22 one? Is it fair to say that ...

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1           **A.**   Well, I will venture to say that ...

2           **Q.**   Is it fair to say ...

3           **A.**   So I will venture to say that this physician that  
4 we're talking about had prescribed him medication. So I don't  
5 know if it was pre-transition interview. I don't remember the  
6 dates.

7           So, I guess, if you can repeat your question about the  
8 transition interview?

9           **Q.**   Would you agree that Veterans Affairs, knowing that he  
10 had access to medical marijuana through Dr. Paul Smith, still  
11 recognized that he needs a family physician and they put that as  
12 a priority?

13          **A.**   Mm-hmm.

14          **Q.**   So they drew a distinction. They still said he needed  
15 a family physician.

16          **A.**   Yes. And based on the documents that you've provided,  
17 the veteran said he knew how to get his name on the waitlist and  
18 he knew how to access services in the interim.

19          **Q.**   Okay. So I'm going to ask you a little bit about a  
20 theme involving risk of failure. There was mention of that in a  
21 few documents and I'll bring them to your attention.

22          So as his VAC case manager, did you see Lionel Desmond as a

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1 veteran that was at a heightened risk for an unsuccessful  
2 transition into civilian life?

3 **A.** I completed a Risk Indicator Tool that, yeah,  
4 provided, like generated that score.

5 **Q.** So back ...

6 **A.** So definitely saw the risk.

7 **Q.** Okay. So you did the Risk Assessment Tool and you  
8 took into ... did you take into account other global factors  
9 that you learned about Lionel Desmond?

10 **A.** Well, yes, obviously. Just information collected  
11 through the assessment process and through the medical  
12 practitioners.

13 **Q.** So back to my original question. Did you see him as a  
14 heightened risk for an unsuccessful transition into civilian  
15 life?

16 **A.** Well, I don't see my clients as a level of risk. I do  
17 an assessment. It gives me a score. And then I do my best to  
18 engage them in rehabilitation because that is my role. Whether  
19 they are high risk, moderate risk, my job is to assist them in  
20 rehabilitating because this is what they are coming to me for.

21 **Q.** The purpose of the Risk Assessment Tool is to evaluate  
22 risk of successful transition? Is that the point of it?

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1           **A.**    Mm-hmm. I believe so. Like I mentioned yesterday,  
2 initially, the tool was designed to assess the risk that someone  
3 could safely stay in their home. And then there was a modified  
4 version done for the younger veteran population. So it was a  
5 measure at that moment when I met him. It doesn't mean that if  
6 we had completed ... well, when Ms. Christensen completed it it  
7 generated a different score.

8           **(11:00)**

9           So it was a measure, but it wasn't sort of the ... like,  
10 again, like I just ... I don't look at the client as a risk of.  
11 I try to assist them in their rehabilitation.

12           **Q.**    Absolutely. Your goal is to assist them in their  
13 rehabilitation but you would agree it's identifying risk factors  
14 to successful or unsuccessful rehabilitation. You have to be  
15 aware of that in order to rehabilitate. Isn't that the case?

16           **A.**    Sure, but I don't rehabilitate the veteran. I just  
17 want to be clear. I'm there to support and coordinate some of  
18 the services.

19           **Q.**    So, in your opinion as a social worker, as his case  
20 manager who's going to coordinate his care and coordinate his  
21 transition, do you think he was at a risk, or not, for  
22 successful or unsuccessful transition? In your opinion. And

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1 I'm just asking your opinion.

2 **A.** I'm happy to give you my opinion, but I'm not sure  
3 exactly what you mean by successful reintegration. Are we  
4 talking return to workforce? Are we talking ... What exactly  
5 am I qualifying here?

6 **Q.** Well, the Risk Assessment Tool assessed risk and level  
7 of success rate in a transition. That's a tool that's used by  
8 Veterans Affairs. I'm simply asking you what you believed the  
9 level of potential success was with Lionel Desmond. Was it  
10 high? Moderate? Medium? Significant? Insignificant? I'm  
11 just trying to get your position as to what was the likelihood  
12 of him having success with his rehabilitation knowing what you  
13 know?

14 **A.** At the time that I did the assessment, it generated a  
15 score of high. So, yes, I can go with, at that time, he was a  
16 high risk for unsuccessful reintegration.

17 **Q.** When he left Ste. Anne's, where was he at, in your  
18 evaluation?

19 **A.** A similar level, I would say.

20 **Q.** When we turn to the fall, October/November, what is  
21 your view? What level of risk is there for a successful  
22 transition or unsuccessful transition?

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1           **A.**   Well, I didn't complete the tool again, so I can't use  
2 exactly the same measure, but I could say that, based on the  
3 minimal progress that was observed at Ste. Anne's, then he  
4 probably remained at a similar level of risk.

5           **Q.**   If we could turn to Exhibit 278, page 6. If I could  
6 just have one second to orientate myself. This is the  
7 transition interview document, and at the very top of page 6, at  
8 the transition interview, they say ... The question is, "Is  
9 this member at risk for an unsuccessful re-establishment and/or  
10 transition difficulties?" And the answer is, "Yes". Would you  
11 say that's consistent with what your view was throughout your  
12 time as Lionel Desmond's case manager?

13           **A.**   Yes.

14           **Q.**   And did that ever change?

15           **A.**   Whether the member is at risk for an unsuccessful re-  
16 establish- ... I think he remained at risk of an unsuccessful  
17 re-establishment or transition. That is the case with many  
18 veterans who are in case management and rehabilitation. That's  
19 why they are accessing case management and rehabilitation.

20           **Q.**   And I'm going to read to you the summary  
21 that went along with their view of why he  
22 was at risk. It starts with:

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1                   According to RRIT score of 14 out of  
2                   65, client is at moderate risk for an  
3                   unsuccessful transition into civilian life.  
4                   And it then goes on to say ... I'm going to skip a part because  
5                   that's not really relevant. And then it says:

6                   Now, because of his physical health, client  
7                   has issues bending, running, and diving for  
8                   moderate periods of time. This affects the  
9                   type of mental, emotional health as poor.  
10                  Client has a DA for PTSD (35 percent) and an  
11                  application in ...

12                  **A.** "Progress."

13                  **Q.** ... progress for MDD. (I think that's "major  
14                  depressive disorder".) Due to client's  
15                  mental health ...

16                  **A.** Yes, it is.

17                  **Q.** ... he advises having difficulty in public  
18                  places, situations, and leaving his home.  
19                  Client notes he fell on his head while  
20                  jumping out of a plane, but was never given  
21                  a diagnosis. Client states he has trouble  
22                  remembering things and retaining



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1 information. Advised client if he received  
2 a diagnosis for his head injury, that he  
3 should apply for a DA. Client advised that  
4 he was told it is linked to his PTSD  
5 condition. Client's spouse and daughter  
6 moved to Nova Scotia and they are separated  
7 while client works on getting healthy.  
8 Client does not believe they will return.  
9 Client advises have anger and intimacy  
10 issues with his spouse due to PTSD and ED.

11 Would you say that that summary of what they use to say he was  
12 ... well, along with the tools say he was a risk. Was that  
13 still the case when you were dealing with him as a case manager?

14 **A.** Sorry, I'm not sure I understand the question.

15 **Q.** So these sort of aspects of his life that went into  
16 evaluating him at risk for unsuccessful transition, were those  
17 very much a live issue throughout all your time with Lionel  
18 Desmond as case manager?

19 **A.** Everything that you mentioned?

20 **Q.** Yes.

21 **A.** Well, the chronic back pain is something he talked  
22 about a lot. Obviously, the PTSD for which he was receiving

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1 ongoing treatment. The jumping out of a plane and falling on  
2 his head was not something that he shared with me. And then  
3 that the spouse is living in Nova Scotia, that he's having anger  
4 and intimacy issues. Intimacy issues is not something that he  
5 discussed too much with me, but I can appreciate, based on what  
6 is written here.

7 **Q.** So at the end of December of 2016, all of that  
8 information that was identified in his transition interview as  
9 putting him at a risk, all of that was still present in December  
10 of 2016? Were those concerns still there?

11 **A.** Were those concerns still there while he was no longer  
12 ... In December of 2016, he was living with his family again,  
13 so was the concern still the same? There are still concerns in  
14 the relationship. I understand that, but that was a change from  
15 that time.

16 **Q.** Did any of those ...

17 **A.** So he was ...

18 **Q.** Go ahead.

19 **A.** Go ahead.

20 **Q.** I'm just wondering ...

21 **A.** No, it's okay. Go ahead.

22 **Q.** ... of all those things that were listed there, did

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1 any of them get resolved 14 months later, or longer than 14  
2 months later? Did they ever get resolved by the end of December  
3 2016?

4 **A.** Not that I know of, no.

5 **Q.** What do you think stood in the way of ... So these  
6 areas were identified as risk factors in his transition  
7 interview in April of 2015. In December of 2016, they're all  
8 still present. They're all still live. Why do you think that  
9 was?

10 **A.** Well, I don't think there's a simple answer to that  
11 question. I think there's a number of factors at play.

12 **(11:10)**

13 **Q.** So you don't really have an answer or do you have an  
14 answer for it? In your opinion ...

15 **A.** Well, I don't think I'm ... I ... So what stood in  
16 the way of all these issues being resolved is ... you're asking  
17 me to give my opinion on that?

18 **Q.** Yes.

19 **A.** And ... okay. Keeping in mind that it's my opinion  
20 and not ... I'm just ... I'm a little bit hesitant to provide  
21 my opinion on this because I am not an expert in all those areas  
22 and, although I had some information and some assessments and

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1 dealings with Mr. Desmond, there were people who were working  
2 with him that had a lot more expert and intimate knowledge of  
3 what was going on here, so I'm ...

4 **Q.** Okay. I see you're having trouble answering the  
5 question. That's fine. I'll move on.

6 Did you see any areas of success, as Lionel Desmond's case  
7 manager, from April 2015 to December of 2016? Was there ever  
8 any success at the end of that period of time in any  
9 identifiable area?

10 **A.** Well, he self-reported that he had been able to remain  
11 sober post-discharge from Ste. Anne's. So taking his word for  
12 that, I would say that's a success. I mean he did manage to go  
13 to treatment. He didn't complete it to the very end but I think  
14 there was a part success there.

15 **Q.** Other than that, anything else?

16 **A.** I'm thinking. Nothing major that stands out to me  
17 right now.

18 **Q.** So based on your answer there, would you say, in the  
19 time period that he's involved with Veterans Affairs Canada,  
20 between the transition interview in April of 2015 up until his  
21 death, would you say he wasn't successful in transitioning?

22 **A.** Well, I think that's obvious to everyone that he

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1 wasn't successful in transitioning to civilian life in a healthy  
2 way.

3       **Q.** Would you say Lionel Desmond was a difficult or  
4 complex case, in your opinion?

5       **A.** Yeah. It had some level of complexity. Not  
6 necessarily a difficult case, but when I hear the term  
7 "difficult", I think of, just to qualify, I think of veterans  
8 who would scream at me on the phone, who would refuse to  
9 authorize visits. That sort of stuff was difficult. So it's  
10 not really the term I would use to describe him.

11       **Q.** I'm going to list a number of things. Twelve areas.  
12 And if you could let me know if they are elements that would  
13 maybe make him a complex case, collectively.

14       He has physical issues - his back. Mental health, PTSD,  
15 depression, mixed personality traits, substance abuse, lack of  
16 social supports, lack of family supports, employment/education  
17 difficulties, domestic and marital discord, cognitive capacity  
18 limitations, social interventions - lack of, anger management,  
19 emotional regulation or deregulation, and housing.

20       Did he have all those things in the mix?

21       **A.** Well, there's ... like you mentioned a diagnosis there  
22 that I can't confirm. There's things I can't confirm, but, like

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1 I said, I agree that there was a complex theme to his situation,  
2 yes.

3 Q. And all those factors played a role in that  
4 complexity.

5 A. Yeah. If I can recall every one of them, I think  
6 that's ... contribute to a complexity, yes.

7 Q. You indicated ... I believe it might've been an  
8 interview with Mr. Murray and I. You said that the goal of a  
9 case manager is to eventually have a veteran that is a little  
10 more self-reliant and less dependent on a case manager. The  
11 ultimate goal is that they could sort of navigate on their own.  
12 Is that fair? Well, one of the goals. I wouldn't say "ultimate  
13 goal" but ...

14 A. Yeah. Of course we want them to develop self-  
15 reliance, but not to say that they have none while they are  
16 engaging case management. That's not fair to say that.

17 Q. In December of 2016, did Lionel Desmond even come  
18 close to self-reliance?

19 A. Can you define "self-reliance"?

20 Q. I just used the term that you used - "self-reliance".

21 A. Well, I believe you brought up the term "self-  
22 reliance". That's why I repeated it. Okay. So in December of

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1 2016 did he have any level of self-reliance?

2 Q. I ...

3 A. Well, he was able to make some appointments. He was  
4 able to reach out to some supports. When we learned after the  
5 fact that there was a breakdown in the relationship, he was able  
6 to find a place to stay with a family member. I mean I don't  
7 think it's a black or white "self-reliant" or not. Like I think  
8 there were things he was capable of, definitely.

9 Q. What was his level of independence for his own  
10 rehabilitation? We know he needed a clinical care manager at  
11 that point, which was started. What was his level of  
12 independence in his own rehabilitation?

13 A. What was his level of independence for rehabilitation?

14 Q. His ability to navigate his own rehabilitation by  
15 putting resources in place, keeping appointments and making  
16 those appointments. From your perspective what was it? Was it  
17 high? Low? Medium?

18 A. I understand that you want me to give you a qualifier.

19 Q. I'm just asking if you can put it in your own words  
20 what you think his level of independence was.

21 A. Okay. Well, if we're considering level of  
22 independence in caring for himself, being able to run errands.

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1 Independence means different things, so that's why it's hard for  
2 me to qualify that.

3 When we had assessed his ability to care for himself  
4 independently, he was quite independent in those things. Maybe  
5 less independent in his abil- ... Like I agree. Like the  
6 clinical care manager services were put in place to assist him  
7 with setting up a number of services while assisting us as a  
8 team.

9 Q. Was he capable of setting up those services on his  
10 own?

11 A. When you say "those services", you mean ...

12 Q. The services you retained a clinical care manager to  
13 arrange and put in place, could Lionel Desmond do that on his  
14 own or was he dependent to an extent that he needed a clinical  
15 care manager to do it for him? I can't be any more clear than  
16 that.

17 A. Well, the clinical care manager is not there to do it  
18 for him. Just to clarify.

19 Q. Or assist in him doing it.

20 A. Yeah. So there was a level of dependence on some help  
21 but I would not qualify him as being completely dependent.

22 Q. Did he have a high level of dependence on somebody



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1 structuring those resources or assisting in structuring in those  
2 resources? Was he dependent on somebody to assist him in doing  
3 that?

4 **A.** Well, it's a very subjective question because there  
5 were times where things were arranged for him and he declined.  
6 And there were times where he arranged things for himself. So,  
7 I mean, you're asking me, at a specific point in time, his level  
8 of independence in arranging services. I would say he was  
9 fairly dependent.

10 **Q.** Okay.

11 **THE COURT:** Mr. Russell, I think we might just take the  
12 morning break now.

13 **MR. RUSSELL:** Yes.

14 **THE COURT:** Thank you. It's 20 after 11. We'll try and  
15 break for maybe, let's try for 15 minutes then, please. We'll  
16 come back at 25 to the hour. Thank you.

17 **COURT RECESSED (11:21 HRS.)**

18 **COURT RESUMED (11:39 HRS.)**

19 **THE COURT:** Thank you. Mr. Russell?

20 **MR. RUSSELL:** Thank you, Your Honour.

21 So, Ms. Doucette, Lionel Desmond, from what we've learned,  
22 had many, I would say, extensive interventions in the sense of

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1 he had various highly qualified professionals at Canadian Armed  
2 Forces, psychologists, psychiatrists. He was involved in the  
3 OSI Clinic in New Brunswick, very qualified practitioners there.  
4 And the extensive Ste. Anne's treatment team, which had multi-  
5 disciplinary experts. Would you agree that despite those  
6 interventions, he continued to remain unstable or the  
7 instability would come out again or persist even after those  
8 interventions?

9 **A.** Yes, I would agree.

10 **Q.** Was there anything to sort of suggest to you that he  
11 was at times maybe more unstable or would spiral into that  
12 instability while he was in a community setting as opposed to  
13 sort of a structured setting, whether it was the interventions  
14 of Canadian Armed Forces, Ste. Anne's or ... Was there a  
15 difference? **A.** No, not that I could say with certainty. I  
16 have not witnessed him in a structured environment but from Ste.  
17 Anne's reports, I'm not sure that his level of functioning was  
18 that much better, if I remember the question correctly, within  
19 the structured environment.

20 **Q.** You're in the unenviable position of, I guess, in  
21 August of 2016 to try to replicate a case plan in a community  
22 that was a day-to-day organized structure of what appeared to be

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1 almost endless resources and multi-disciplinary experts. Was  
2 there a bit of a challenge in that? Did you see that there was  
3 going to be a bit of a challenge to try to replicate the Ste.  
4 Anne's model in the community.

5 **A.** Challenge, yes, but I don't believe that the goal was  
6 to replicate the model. The idea of inpatient treatment, as I  
7 understand it, is a temporary treatment that is provided but the  
8 goal is for people to come back to sort of regular living  
9 environment and put into practice the skills and other  
10 learnings, I guess.

11 **Q.** Is it harder to, I guess, as a case manager, to  
12 arrange in a community a structure of a team, a wraparound  
13 service that's a psychiatrist, family doctor, psychologists,  
14 occupational therapists, RCT therapist, is that harder than  
15 having someone referred to Ste. Anne's, which is already going  
16 against structure?

17 **A.** Yes, I would say that's part of it.

18 **Q.** Is there anything that could make your job easier?  
19 Because we know with Lionel Desmond, the recommendation out of  
20 Ste. Anne's is that he still needed all those different supports  
21 from all those different multi-disciplinary areas. And your  
22 task was to sort of try to coordinate that structure while he's

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1 in the community in Nova Scotia. Is there anything as case  
2 manager do you think, as you're interacting with the provinces,  
3 and particularly the Province of Nova Scotia, is there anything  
4 that could make your job easier from the province's standpoint?

5 **A.** I mean it's probably wishful thinking but it would  
6 have been helpful had he been able to continue at least for a  
7 short time with the team at OSI New Brunswick, who knew him and  
8 would have had a chance to see him post treatment, you know,  
9 have their own observations about any changes, that sort of  
10 stuff. But I understand the limitations of what can be done  
11 provincially but it certainly would have been helpful if the  
12 same providers could have stayed in place, yes, that would have  
13 made the work a lot easier for me, and I believe for him as  
14 well.

15 **Q.** An example you sort of used here yesterday was sort  
16 of almost this idea that it would have been ideal if you could  
17 go to a system where there's a roster of professionals within a  
18 province that offer a specific service and they can be  
19 contracted with Veterans Affairs.

20 **A.** Yeah, and some of those exist. Like if you think of  
21 College of Psychologists, that sort of stuff. The challenge,  
22 I'm assuming, but the challenge we were referring to was in

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1 respect to the CCM. So, I mean, yeah, it's definitely helpful  
2 when you have a list and you know that these people are ready to  
3 go. At the same time, we never know what kind of waitlists they  
4 have and if they're actually available but ...

5 Q. And an example that you used about Catherine Chambers,  
6 you had to seem to go through a number of hoops to try to find  
7 (1) someone that was in a particular area; and someone that had  
8 even experience dealing with veterans. Would it be easier for  
9 you, as case manager, if there was somehow a way to collect  
10 professionals that would specify somewhere on a roster, I don't  
11 know, that they have engaged in veterans and their  
12 rehabilitations. Would that be easier?

13 A. I mean yes and no. Like from a VAC perspective, if  
14 they were registered in the Medavie system, that's a way that we  
15 can know if they've potentially had previous involvement with  
16 veterans. I just want to ... I guess I disagree on the part of  
17 the question where you say that I had to go through some hoops  
18 to find Catherine Chambers. I think that the challenges in  
19 having that resource set up was, and again, I'm not looking to  
20 speak ill of the veteran, I'm not here to do that. It's just  
21 the delays in that specific resource or the challenges getting  
22 to that particular resource had to do with a bit of a lack of a

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1 follow through on his part, specific to Ms. Chambers.

2 Q. Meaning him now showing up to that initial  
3 appointment.

4 A. And before that, you know, when we took the time to  
5 sit together, come up with a list of three options, he had the  
6 numbers, he was saying yes he was going to call, that sort of  
7 stuff, and then in the follow-up, misplaced the piece of paper,  
8 you know what I mean. So I'm not faulting him for anything.  
9 I'm just saying that that is an example and maybe I expressed it  
10 the wrong way yesterday when I was asked about barriers that may  
11 have been caused by the veteran or it may have been from the  
12 veteran. Those are normal steps that we would do in  
13 rehabilitation, is provide the veteran information so that they  
14 could initiate some of these things. And, by the time we got to  
15 Ms. Chambers, then we were at that place where I said, Okay,  
16 well, do you need me to make sure that there's a space. So I  
17 was more involved than I would be regularly, let's just say.

18 Q. In terms of his, you know, I'll call it community  
19 rehabilitation plans after he left Ste. Anne's, and you talked  
20 yesterday about reasons for why the various delays had  
21 attributed to that, would you say that from discharge in June of  
22 2015 and, ultimately, the end of December of 2016, that there

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1 was a delay in sort of having a community treatment plan put in  
2 place for him?

3       **A.** Well, I mean if we break it down. When I arrived,  
4 there seemed to be some pretty solid resources already in place  
5 and we were able to sort of continue that plan with bringing the  
6 Ste. Anne option to life. And then there was the period post  
7 discharge from Ste. Anne's where, yeah, there were some delays,  
8 some of which were not the veteran's fault, some of which the  
9 veteran could have ... may have contributed to, and others that  
10 were just sort of a consequence of just changing provinces.

11       **Q.** In your opinion, you said some were not the veteran's  
12 fault. Do you think some of the delays were the veteran's  
13 fault?

14       **(11:50)**

15       **A.** Well, fault is not the right word. I will correct  
16 that. What I mean is that there were some delays that were as a  
17 result of his decisions, yes.

18       **Q.** So his rehabilitation plan, would you agree, the key  
19 aspects of the rehabilitation plan, which were a clinical care  
20 manager, therapist, and a psychiatrist, would you agree that  
21 those three cogs were very important in his community  
22 rehabilitation plan? A therapist, a clinical care work manager,

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1 and a psychiatrist.

2       **A.** Yeah, I agree that they all could play an important  
3 role.

4       **Q.** Would you agree that they were just really starting to  
5 get off the ground in December of 2016?

6       **A.** It would be fair to say that, I think maybe end of  
7 November for one of them and December, yeah.

8       **Q.** And I guess in that would you agree that sort of it  
9 took 16 months before he was assigned a therapist in his home  
10 community in Nova Scotia?

11       **A.** Well, I don't feel like it's fair to say that because  
12 he wasn't living there 16 months prior. He was living in a  
13 different community so we weren't looking for a provider in his  
14 home community.

15       **Q.** You knew he was back and forth in January of 2016.  
16 You had some knowledge he spent considerable time in Nova  
17 Scotia.

18       **A.** Yeah, but his main address and the reason he was  
19 assigned to me was because he lived in New Brunswick and he  
20 already had providers there. So we couldn't, like, offer dual  
21 ... Like I would not have helped him secure another mental  
22 health practitioner in Nova Scotia when he was already working



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1 with Dr. Murgatroyd. That would not be necessarily a good  
2 practice.

3 Q. It took 16 months to implement a clinical care manager  
4 in Nova Scotia? One doesn't become into play until 16 months  
5 after discharge.

6 A. Well, again, like we got to give context to that  
7 because when I arrived the need for a clinical care manager was  
8 maybe not there or as important. So it didn't take 16 months.  
9 It took the time that it took from the time August to when the  
10 services started in December, I would say. That's when we  
11 secured the resource.

12 Q. Would it be your position that he perhaps didn't need  
13 a clinical care manager in the first year of his discharge from  
14 the military?

15 A. Well, I didn't ... It wasn't sort of the top of mine  
16 for me when I came on board, reason being there were already  
17 these resources in place, he knew how to access them, he was  
18 already engaging. I came on board and, as I said, when I  
19 started working with Mr. Desmond, he was part of sort of the  
20 first cohort assigned to me. So I had a little bit more time to  
21 dedicate in the earlier part of our work together. And we were  
22 aiming for, based on the recommendations of the health

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1 professionals, we were aiming for inpatient treatment. So the  
2 purpose of having a CCM at that point may be not as important.

3 Q. And I want get your views. In your view as his case  
4 manager, the idea that he might have needed a clinical care  
5 manager really only crystallized a year later. In your view, he  
6 didn't need one prior to that point?

7 A. Well, I'm not saying that there couldn't have been  
8 benefits but I don't think it was as much of a need then than it  
9 was, say, at post discharge, no.

10 Q. What benefits could he have had if he had a clinical  
11 care manager sooner than the Ste. Anne's conference in 2016?  
12 You alluded to them. What were they? What would they have  
13 been?

14 A. Well, I really can only speculate. The reality is  
15 that he, if he had had a CCM in New Brunswick pre-discharge, we  
16 still would be looking at changing the resource and having to  
17 change the resource in August because of the move.

18 Q. You basically said that there would be some benefit if  
19 he had had a clinical care manager sooner than the Ste. Anne's  
20 conference. I'm just wondering what, if any, benefits?

21 A. Well, like anybody could benefit from having a  
22 clinical care manager assist them. What kind of benefits? They

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1 could have been ...

2 Q. For Lionel Desmond.

3 A. ... the social support aspect maybe. Maybe they could  
4 have been sort of working on a more concrete plan for him to get  
5 out in the community, that sort of stuff, that ... perhaps.

6 Q. Anything else you can think of?

7 A. I mean I'm trying to think at the time what his main  
8 preoccupations were. I mean a CCM could have done some of the  
9 work, assisted with some of the work, a pre-inpatient treatment  
10 that I was doing. So I helped him out with the paperwork for  
11 exceptional prepayments. I made the decision to accompany him  
12 to the airport, that sort of stuff. But I want to point out  
13 that I was doing these things to help. So having a CCM on top  
14 of that, I'm not sure was as important at that time.

15 Q. Okay. We know that Lionel Desmond did become involved  
16 with Dr. Slayter, I believe it was the beginning of sort of  
17 October through November. He's a psychiatrist in Nova Scotia.  
18 Did you have any involvement at all in assisting in arranging or  
19 facilitating psychiatric services in Lionel Desmond's community,  
20 which is Nova Scotia?

21 A. I had involvement in the potential setup of the  
22 psychiatry resources through OSI in Halifax. And when Mr.

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1 Desmond decided that he didn't want to go ahead with that  
2 resource and told me that he felt he could go secure those  
3 resources through a local hospital or mental health, then I  
4 respected his decision to do that. So specific to Dr. Slayter,  
5 no, I was not involved in setting up that resource.

6 Q. When he told you that he was going to sort of, I'll  
7 paraphrase, sort of look after the psychiatry services and go to  
8 the local hospital, did you have any concept of what the status  
9 was of psychiatry services in Nova Scotia at the time and in Mr.  
10 Desmond's community?

11 A. You mean like wait times?

12 Q. Just in general, yeah.

13 A. Well, I think I have a general idea of how like the  
14 mental health system in Nova Scotia works in comparison to, you  
15 know, how it works in New Brunswick, for example. So I know  
16 that there are psychiatrists that are available from a community  
17 mental health aspect, yes, I knew that.

18 Q. Did you see it as something that he would be able to  
19 easily sort of coordinate, he would be able to get one?

20 A. He suggested that he would be able to. So I didn't  
21 have a reason to doubt him or stop him. One of my concerns was  
22 maybe there would be a long wait but that was ...

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1           **Q.**     Was there ever a discussion between you that maybe  
2     somehow you could assist in that if he was to find a  
3     psychiatrist, with his consent, you could perhaps put that  
4     psychiatrist maybe in touch with his therapist, maybe in touch  
5     with ...

6           **A.**     Absolutely.

7           **Q.**     You discussed that with him?

8           **A.**     If I discussed it? Sorry, I thought you were asking  
9     if I saw that possibility, and absolutely.

10          **Q.**     Yes.

11          **A.**     If we discussed it, I don't have a clear recollection  
12     of Lionel Desmond talking to me about Dr. Slayter.

13     **(12:00)**

14          **Q.**     How did you expect it to unfold? You said you  
15     expected a scenario that would have been psychiatry working with  
16     his therapist working with his clinical care manager. How did  
17     you expect that to just happen? You're not having any  
18     discussions with Lionel Desmond on it.

19          **A.**     No, no, I didn't say that I expected that to just  
20     happen. That's not fair. The first point was the services of a  
21     CCM, who could be on the ground locally, where I wasn't, and be  
22     sort of that help in connecting resources to one another as

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1 needed, assisting Mr. Desmond, if he really wasn't able to find  
2 resources, if the schedule of appointments was overwhelming,  
3 that sort of stuff. So my hope was that the CCM resource could  
4 be in place early on and from there we would have that extra  
5 help  
6 coordinating on the ground.

7 Q. Did you see any of this aspect as your role to try to  
8 coordinate that structure, which was psychiatrist, therapist,  
9 other entities, or was that work for the clinical care manager  
10 to do?

11 A. I think it's collaborative work between (a) myself,  
12 the veteran, and the other service providers. And, if there is  
13 a clinical manager involved then, yeah, maybe some of the  
14 additional tasks that I was doing could be carried by the CCM.

15 Q. I'm going to look at Exhibit 278, page five. I'm just  
16 wondering if you could help, I don't know how to interpret this.  
17 This is the transition interview and it's page five at the  
18 bottom of the page. I just want to make sure we're looking at  
19 the same document. At the very bottom, under "Other", it says,  
20 "VIP application also provided". Do you know what that  
21 application was?

22 A. Yeah. VIP is a Veterans Independence Program and, in

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1 very general terms again, that was not a program that case  
2 managers oversaw. It was meant to help veterans remain safely  
3 in their home. So the types ... What would happen is if you  
4 qualified for the VIP program, then you could get monies to put  
5 towards ... You had to qualify, like based on your profile, your  
6 injuries, that sort of stuff. You could get, for example, help  
7 with lawn care or things to be done sort of around the house.  
8 So the VIP program was more widely used by our elderly veteran,  
9 naturally, because they were not as autonomous, you know, as you  
10 can appreciate.

11 Q. Were any sort of mental services involved in the VIP  
12 program or was it all physical disabilities?

13 A. I don't believe that there was anything ... Well,  
14 okay, so if the question is, could you qualify on the basis of a  
15 mental health diagnosis, I'd say it wasn't as frequent. Like  
16 the illness would have to be very debilitating because the  
17 purpose of the program, again, is more of those independent  
18 living tasks.

19 Q. Do you know if Lionel Desmond ever pursued that VIP  
20 application process?

21 A. I don't remember but I mean that would be in the  
22 record somewhere. Again, this has to do with the amount of

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1 cases and documents and the time that has passed. I can't tell  
2 you for sure if he applied, like followed through and qualified  
3 or not.

4 Q. Is that something you would normally discuss with him,  
5 what the status was ...

6 A. It could happen. The veteran service agents were the  
7 authority over that program so they were the ones who knew it  
8 outside out and had the authority to make the decisions, if I'm  
9 remembering correctly. So a lot of times if the VIP program  
10 came up, we would put a case manager veteran in contact with a  
11 fellow colleague, a VSA, who could sort of carry that aspect of  
12 that part, you know what I mean. VIP was not often connected to  
13 the rehabilitation plan, not saying that it is impossible but it  
14 was usually a separate thing, in my experience.

15 Q. So today you can't say what the status of his VIP  
16 application is or was.

17 A. Well, no. And, in all fairness, like it would not be  
18 something that I processed.

19 Q. Okay. So the next category, and I don't mean to  
20 revisit everything, this concept of delay in assigning a case  
21 manager, and we know he has his transition interview May 25th,  
22 he's discharged June 16th, 2015. And there are a number of



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1 entries where he is calling Veterans Affairs.

2       **A.** Yeah.

3       **Q.** Asking about the status of a case manager. I believe  
4 you were shown those.

5       **A.** Yes.

6       **Q.** On August 31st, he makes a call, he makes a second  
7 call. Do you know, typically, how long it takes VAC to assign,  
8 or at the time, you were a case manager. How long does it  
9 typically take to get veterans assigned to case managers?

10       **A.** Well, I know for a fact that there's not like a  
11 standard set time because every office has their reality and all  
12 that. When I first arrived, this is a specific example of it  
13 took several months before he was assigned. And, again, that's  
14 beyond me and anything that I was able to do, but my  
15 understanding is that, you know, a few years prior. And this is  
16 just my personal understanding, and I may not be getting the  
17 facts exactly, but I believe it was around 2012, there were some  
18 significant cuts made, under the Conservative government, in  
19 Veterans Affairs. I'm sure you've heard about it, it was in the  
20 media. And so when I arrived in 2015, I was part of that first  
21 cohort of sort of massive recruiting of case managers across the  
22 country. So there was a clear shortage of resources at that

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1 time. So if, unfortunately, Lionel Desmond waited a number of  
2 months, I would say that that period of wait, like that wait  
3 time for assignment, has probably diminished significantly  
4 since.

5 Q. So if we turn to page 18 of Exhibit 273, and at the  
6 bottom of the page, we have August 31st, it says, "Request for  
7 case management." This is a call from Lionel Desmond. It says,  
8 "Urgent". And then the note at the very bottom, last line says,  
9 "So explained to him I would send urgent work item and if he  
10 does not hear from someone from the local AO (which is area  
11 office) ..."

12 A. Yes.

13 Q. " ... by the end of the week to call back. Client  
14 states he would." Now, normally, would there be an entry if  
15 there was a callback from him within the week?

16 A. From him? Yes.

17 Q. Or ... okay. And the next sort of note we have is  
18 October 2nd, 2015, sort of at the bottom of the top quarter page,  
19 it says, "CM follow-up from client who is anxious to hear from  
20 one asap (and he provides a number). Please note August 31 note  
21 as well." And then it says, "SupHPWI2SJAO". What is that?

22 A. Okay. I'm going to try. I'm not sure. I know that

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1 SJA0 is Saint John Area Office in New Brunswick. WI is work  
2 item. The SupHP. I have to think about that one. "Please see  
3 note 31 August as well." I'm not sure what "SupHP" means but I  
4 understand from that that a work item was to go to the Saint  
5 John area office for the purpose of this matter.

6 **(12:10)**

7 **Q.** So this would be, this entry, I'm just trying to get a  
8 sense of it, is this sort of confirmation that a work item was  
9 created to get him assigned a case manager?

10 **A.** "CM follow-up from client who is anxious to hear from  
11 one. Please see note 31st of August as well. SupHP work item  
12 to Saint John Area Office." I can only assume that that means a  
13 work item was sent to the Saint John Area Office. Now what  
14 happens exactly and in the amount of time once that work item  
15 arrives in Saint John, I couldn't really comment on.

16 **Q.** So from your understanding of this as a case manager,  
17 we have from sort of August 31st now into October 2nd, it seems  
18 to be floating out there in the Veterans Affairs services as to  
19 who is going to assign a case manager, he's calling, somebody  
20 needs to get on this. Is that a characterization?

21 **A.** I wouldn't say that it's just floating. I think it's  
22 on the VSCM's radar, people ... Like it's documented that he's

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1 awaiting assignment and I think it's safe to assume that he  
2 wasn't the only person in that situation given the shortage of  
3 resources. Yeah, that's how I would explain it.

4 Q. And we know he calls back October 14th and that entry  
5 on the same page 18, it says, "Client following up on status of  
6 case manage assignment, no new info." And, again, it refers to  
7 him as being anxious to be assigned so he can speak to the case  
8 manager, him or her. And it says, "Please ensure progress of  
9 case manage assignment is still ongoing." Other than saying you  
10 said service cuts and a lack of case managers, can you sort of  
11 shed any light, are you aware of what's going on here, why is it  
12 taking so long internally to ...

13 A. Right. The best guess that I can give you is we just  
14 don't have the resources to meet the demand that's coming in.  
15 So, again, I think it's safe to assume that Lionel Desmond was  
16 probably among a group of veterans awaiting assignment and then  
17 I'm not sure exactly how they're prioritized. Typically, by  
18 date of admission per eligibility for their program, but there  
19 may be exceptions where someone is deemed an extremely high  
20 risk. I don't know. That wasn't my role. That would have been  
21 the role of the VSCM.

22 Q. This sort of delay, would you say that knowing what

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1 VAC knew about Lionel Desmond's circumstances, did it work sort  
2 of against his best interest to have a delay in being assigned a  
3 case manager?

4 **A.** Well, I think everybody, it's in everybody's interest  
5 to be assigned in a timely manner, for sure, and that he is no  
6 exception to that.

7 **Q.** If we turn to Exhibit 273 at page 17, there's an entry  
8 from November 6th and it says, "CF veteran eligible for  
9 rehabilitation program."

10 **A.** Yes.

11 **Q.** What is ... okay, if you can explain exactly what the  
12 program was and is he just being deemed eligible for that  
13 program in November?

14 **A.** So that's created by ... The person who created that  
15 is a case manager. So it sounds like the decision itself was  
16 rendered, like that's how I understand that. I'm not 100  
17 percent sure as to the specific timelines.

18 **Q.** As a rule, how long ...

19 **A.** If you ...

20 **Q.** Go ahead.

21 **A.** Well, if you look at the following note, which was  
22 also done by a case manager, "File review as per CSTM. (That

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1 was now VSTM. So team manager.) Work item sent to VSTM as he's  
2 awaiting assignment to a case manager." So without having all  
3 the timelines and the things in front of me, I am not really in  
4 a position to tell you if he was awaiting case management  
5 assignment outside the rehabilitation program, because that's  
6 possible, and then became eligible for the program. Or, if the  
7 decision ... I'm not sure but what I read there, it sounds like  
8 Canadian Forces veteran eligible for rehabilitation program.  
9 That seems like a system generated.

10 Q. So you're unable to say when he would have been  
11 approved for a rehabilitation program.

12 A. Off the top of my head, I'm not able to but I'm sure  
13 that information is available in the documents that are  
14 available for review. Because when someone becomes eligible for  
15 the program, there is like a decision rendered and there's a  
16 date assigned to that decision. Yeah, so I'm not ... I'm just  
17 not an expert on when and what the system generates at what  
18 moment.

19 Q. That's fair. Page 17, it appears to be, it was  
20 referred to you yesterday, your first entry, November 19, 2015.  
21 You noted, "Writer is in the process of familiarizing with file  
22 as a newly assigned case manager." What did Lionel Desmond's

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1 file consist of, what documents, as a general rule, did you have  
2 when you were familiarizing yourself with the file? So you're  
3 assigned case manager. What documents did you have?

4 **A.** Well, definitely the rehab decision. So what is he  
5 made eligible for, like what condition and so that would have  
6 been part of that. Then I have access to, obviously, these  
7 notes. There's like a ... I'm trying to remember, this was a  
8 while ago, but there's some screens that you can go into to see,  
9 you know, what disability awards, like just sort of an overview  
10 of the services that they're receiving from VAC. You would  
11 familiarize with that. And then, you know, perhaps things like  
12 the transition interview. And I remember when a common practice  
13 in our office, in the Saint John Area Office, was when a new  
14 case would be assigned to us, a VSCM would hand us over a folder  
15 with a few key documents in there to sort of orient.

16 **Q.** So within these key documents or the documents you  
17 had, did you ever have anything from his treatment in Canadian  
18 Forces, which would have included what his diagnosis was, who he  
19 saw, what he saw them for? Did you have any of that  
20 information?

21 **A.** Only the information that would be there in support of  
22 his rehabilitation application. So, if that came from the

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1 Canadian Forces, like the page or whatnot or the report that  
2 confirmed a diagnosis attributable to service, then I  
3 potentially would have had access to that. I don't remember  
4 exactly what the supporting evidence was. Sometimes it came  
5 from community providers as well.

6 **(12:20)**

7 **Q.** I guess being sort of specific, is we know that Lionel  
8 Desmond saw a psychologist by the name of Dr. Rogers with  
9 Canadian Forces and he had, from the evidence, seemed to suggest  
10 in her evidence that he had some great success with particular  
11 therapies that he engaged in with her, prolonged exposure  
12 therapy. Did you know any of that when you were his case  
13 manager?

14 **A.** No, I didn't know about specific treatment with Dr.  
15 Rogers, I don't believe.

16 **Q.** I guess as his case manager and you're trying to  
17 coordinate resources that involves therapists and psychologists,  
18 if you knew, say, Lionel Desmond had success with prolonged  
19 exposure therapy, is that something that you might have gone and  
20 looked for had you known?

21 **A.** Well, again, I don't think I would have been privy to  
22 that information or those documents.



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1           **Q.** I guess my question is, and I know the answer is you  
2 wouldn't be privy to those documents, I'm saying, if there was a  
3 world or an option where you would be privy to knowing about Dr.  
4 Rogers and the success she had with prolonged exposure therapy,  
5 is that something, that information you would have used in your  
6 toolbox, to go out and perhaps try to find someone that could  
7 continue with that in his community, a professional.

8           **A.** Realistically? That would be, in my perspective,  
9 information that would be way more valuable to the current  
10 treating health professional as opposed to a person who is  
11 coordinating. So if he's working with Dr. Njoku, at the time,  
12 for example, the psychiatrist, and Dr. Murgatroyd, the  
13 psychologist, and they may benefit from way more than me from  
14 having access to prior treatment info. And usually a health  
15 provider will look into this these, like what's been done  
16 before, you know.

17           **Q.** I guess I'll break it down to an example. You have  
18 Catherine Chambers and another therapist and you know that the  
19 other therapist specializes in prolonged exposure therapy. You  
20 know that Lionel Desmond has had great success with that with  
21 Dr. Rogers. Would that factor into your evaluation of who  
22 you're trying to coordinate for Lionel Desmond?

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1           **A.**    The final choice on a provider is not mine.

2           **Q.**    I know that.

3           **A.**    That's the thing.  So ...

4           **Q.**    But you can facilitate by gathering up professionals  
5 and relaying information.

6           **A.**    Yes, so I did that, in a sense, when I asked a  
7 colleague from the local area office for a reference of  
8 providers who success ... You know what I mean, have experienced  
9 working with the veteran population in our trauma, our  
10 experienced trauma counsellors.  So, yes, in a sense, I did do  
11 some of that but it still becomes the responsibility of the  
12 treating professional to determine where they're going with  
13 treatment, like their assessment of the veteran's situation.  
14 Like they're in charge of their own practice.  I can't, as the  
15 case manager, dictate that.

16          **Q.**    In straightforward terms, I guess, is that information  
17 that he saw Dr. Rogers, that he had success with prolonged  
18 exposure therapy, of any value to you at all in determining a  
19 case plan for Lionel Desmond?

20          **A.**    A minimum value.  I'd say more valuable to the  
21 provider.

22          **Q.**    Okay.  There's a few questions about client screening

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1 and we're later going to get into the details of that. My read  
2 of the records is client screening took place over ... involving  
3 you November 27th, December 1st, and January 5th.

4 **A.** Yes, and if I can give the context to that, if client  
5 screenings are happening, it was sort of a standard procedure  
6 when you have a phone call with a veteran that you initiate or  
7 you complete a client screening and I did those on those days  
8 because they were pre-rehabilitation case plan opening. So  
9 that's where I could document.

10 **Q.** If I'm interpreting this right, client screening is  
11 used to develop a case plan and a case plan is what ... No?  
12 What's ...

13 **A.** No, sorry. The client screening is basically an  
14 embedded tool in CSDN that veteran service agents, case  
15 managers, the NCCN analysts, as well, I believe, that when you  
16 receive a call from a veteran or you place a call to a veteran,  
17 it's like a tool to record your interaction and there's some  
18 check boxes to kind of prompt some questioning. That's a client  
19 screening tool. And then when someone is assigned to you in  
20 case management, you are going to complete the area counsellor  
21 assessment, case manager assessment, whatever it's called today,  
22 and that will be sort of the entry point or the supporting

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1 document for creating the case plan. So I guess I'm just  
2 differentiating that if I was doing a client initiated  
3 screening, it's because I didn't have a case plan to be  
4 documenting in yet. That's why it's in different places.

5 **Q.** According to the records, the first time you meet or  
6 engage with Lionel Desmond is December of 2015, which is some  
7 months, approximately five months after he's discharged from the  
8 Canadian Forces. Would you have liked to have met with him  
9 sooner?

10 **A.** Well, obviously, I think I have on the record that I  
11 was trying to get ahold of him and wasn't having the easiest  
12 time doing that. So, yeah, the sooner, the better. The other  
13 piece of that is that I arrived in September, they were doing  
14 all this training, and then the VSTMs were in charge of deciding  
15 when we got assigned cases. So it's not like I could have  
16 arrived on the first day and said, Give me ... Like it wasn't  
17 within my power to do.

18 **Q.** Absolutely. So my next question is, why the sooner  
19 the better?

20 **A.** Well, the sooner the better for the veteran who is  
21 waiting. I mean same as any of us who are waiting for service.  
22 Typically, and I'm sort of making a generalization, but people

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 go ask for help when they really are feeling the need for help.  
2 So if you go ask for help and then you have to wait all this  
3 time, it's not, you know, not ideal. That's what I mean when I  
4 say the sooner the better.

5 Q. This was naturally a concern with Lionel Desmond's  
6 case.

7 A. A concern for him? Sorry, I'm just not sure what ...

8 Q. I guess Lionel Desmond is being described as calling,  
9 he's anxious, he wants to meet with the case manager. You  
10 indicated that the sooner the better. Is it your view ...

11 A. That's my opinion.

12 Q. Yes. So is it your view that ideally you would have  
13 been his case manager perhaps in June of 2015?

14 A. I didn't work there so I wouldn't have been but ...

15 Q. I know you didn't work there but if a case manager  
16 worked at Veterans Affairs, was it better for a case manager to  
17 work with Lionel Desmond very soon after his discharge in June  
18 2015?

19 A. Sure, yeah, if he felt ready to start that work then  
20 the sooner the better.

21 **THE COURT:** Mr. Russell, I think we're going to take a  
22 break for lunch in a minute so I'm just going to stop you right

**MARIE-PAULE DOUCETTE, Examination by the Court**

1 here, if I can.

2

3

**EXAMINATION BY THE COURT**

4 (12:29)

5 **THE COURT:** But because you're dealing with these client  
6 initiated ... The client screening, we have some documents that  
7 are Exhibit 292, P-000292, and they're headed, Client Initiated  
8 Screenings. Those are the documents we're talking about, is  
9 that correct, Ms. Doucette? Could you pull one of those up?  
10 Could we pull that one up and we'll deal with page one of that  
11 document, if we could.

12 **A.** Yeah, that looks like a client initiated screening.

13 **Q.** Okay. So we have that document and I'm just going to  
14 have to lean over to make certain that it's the same one that I  
15 have in front of me. I have a paper copy of that. Can you  
16 scroll down that document just a little bit, please? And I  
17 think there's a second page. Could you flip to the second page  
18 of that document, please? Okay, see if we can go back to the  
19 first page. So this is a document, and I appreciate mode of  
20 contact has not been ... it's not visible on the copy that we  
21 have. But from disclosure that we received from Ms. Ward, I  
22 understand that the mode of contact was telephone.

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1 (12:30)

2 A. Yeah, I think you can say that.

3 Q. Okay. It was created by, and we were told it was  
4 created by ... So these are initials, BGMCPHEE. It looks like  
5 ...

6 A. Yeah, that would be a ... sorry, I didn't mean to cut  
7 you off.

8 Q. No, go ahead.

9 A. That would be a case management colleague, the letters  
10 are represented, her name is Betty McPhee. So that would be  
11 sort of a code for her name in the system.

12 Q. Okay. So the contact date was 2016-10-12. So October  
13 12th, 2016 was the contact date. And, clearly, you were Cpl.  
14 Desmond's case manager at that point in time, correct?

15 A. Yes.

16 Q. If we ...

17 A. Sorry, let me ... Yes, I was. I'm just confusing ...

18 Q. It was October 2016.

19 A. Yes, okay.

20 Q. October 12th, all right. If we could go to the second  
21 page then. The "Reason for Contact" comments are:

22 Spouse doesn't understand PTSD. Services

**MARIE-PAULE DOUCETTE, Examination by the Court**

1 not available where they are living.  
2 Veteran very agitated, cursing and blaming  
3 his spouse for where they are living. Says  
4 he can't be in NS anymore. (And, in  
5 brackets, They live with spouse's parents.)  
6 Thinks he may have to divorce spouse as she  
7 doesn't want to leave her current job. He  
8 would like to be assigned a CM in Nova  
9 Scotia (that's just NS) and would also like  
10 to have a copy of his discharge report from  
11 Ste. Anne's so that he will know what he  
12 should be doing now for his PTSD. He gave  
13 up MM and is back to pills. He feels  
14 isolated and not supported. He hates where  
15 he is living as he complained there were no  
16 supports and there were many social  
17 problems, such as addiction. He would like  
18 to have CM support to help him deal with all  
19 his issues.

20 So that's the narrative. And then a little further down,  
21 there's a box that says "Internal Referral" that's checked, and  
22 then it says "WI to CM MPD/previous CM". I take it that's a



**MARIE-PAULE DOUCETTE, Examination by the Court**

1 work item to case manager and that would be your initials.

2 **A.** Myself, yeah.

3 **Q.** Okay.

4 **A.** Yeah.

5 **Q.** So this would be a situation where on October the  
6 12th, Cpl. Desmond has called the phone number that's available  
7 to him and speaks to Ms. McPhee and makes the comments that she  
8 has noted and, in particular, he's looking for a copy of the  
9 discharge report from Ste. Anne's, in his words, so that he will  
10 know what he should be doing now for his PTSD.

11 I take it that this would have come to you and you would  
12 have read it?

13 **A.** In a work item? Yes.

14 **Q.** Okay. And when I read it, it seems to suggest to me  
15 that at the time, at least the time he made that phone call,  
16 that he was feeling very much unsupported and very much on his  
17 own looking for a copy of the report so he could figure out what  
18 he should be doing with regard to his PTSD. Would you agree  
19 with that kind of ... That seems to be the tone of what he's  
20 saying, correct? Would you agree with that?

21 **A.** Yeah. Yeah.

22 **Q.** Thank you. And so did you ever follow up with him

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1 based on what he said on that particular date, that October 12th  
2 phone call?

3 **A.** I know I had contact with the veteran multiple times  
4 in October. I don't recall the exact dates. If I have my notes  
5 in front of me, I could sort of refresh my memory that way.

6 **Q.** Let me just see here. Those would be the case plan  
7 notes?

8 **A.** Yeah, in October 2015.

9 **Q.** Okay, so let's just see if we can find that. So if we  
10 can go to Exhibit 117, perhaps page eight, in the middle of the  
11 page there is 2016 09-22. That relates to a conversation.  
12 There's issues with regard to CCM and others. Then the next  
13 notation would be October the 14th, it's above that.

14 **A.** Yes.

15 **Q.** It just says: "Multiple conversations with veteran  
16 this week due to some difficulties in his living situation,  
17 personal life." And there were some discussions with him and  
18 you think that when you made the note on October the 14th that  
19 you would have addressed his concerns as expressed on October  
20 the 12th, or at least discussed that call that he made.

21 **A.** Yeah, I think it's safe to say that. I do say  
22 multiple conversations with veteran this week due to some

**MARIE-PAULE DOUCETTE, Examination by the Court**

1 difficulties in living situation and personal life so ...

2       **Q.** And I look at it and I appreciate that not everything  
3 might be in a note but there's nothing in the note that would  
4 indicate that you had a discussion with Cpl. Desmond about  
5 providing him with a copy of the discharge summary or had a  
6 discussion about what he should be doing with regard to his own  
7 provision for care for his PTSD. There is nothing in the note  
8 that would reflect that kind of a conversation.

9       **A.** Well, there's, you know, if I may, there's plans to  
10 reconnect via phone upon my return to the office. I think I was  
11 about to, when I wrote that note, I was about to take off for a  
12 week. "So plans to reconnect via phone upon CCM's return and  
13 establish a list of priorities for work with CCM. Veteran was  
14 in agreement." So when I talk about list of priorities, that  
15 would be a combination of his priorities, the recommendations  
16 from the Ste. Anne's treatment team.

17       **Q.** So did you ever provide Cpl. Desmond with a copy of  
18 the discharge summary that he asked for?

19       **A.** I don't remember if ...

20       **Q.** Okay.

21       **A.** If I specifically gave him a copy. I would have had  
22 to put that in the mail and it's possible but I don't have

**MARIE-PAULE DOUCETTE, Examination by the Court**

1 recollection.

2       **Q.** Because we know that around that time he actually was  
3 at St. Martha's Hospital in the Emergency Department and I don't  
4 believe, because of the notes that were involved in that report,  
5 I don't believe that he had a copy of that discharge summary at  
6 that point in time and you would have spoken to him on October  
7 the 14th so ...

8       When I read the notes from October the 12th and the way he  
9 is expressing himself, I read that as, because it sounds to me  
10 like he's pretty dependent on Veterans Affairs for support and  
11 guidance. The way I hear you explain it this morning seems to  
12 me that he may have had some misconception about what your role  
13 really was in his life. Did you ever have that impression  
14 yourself or was he correct in terms of what his impression of  
15 your role correct?

16       **A.** Well, it's a difficult question for me to answer on  
17 his behalf. I think ...

18 **(12:40)**

19       **Q.** We know the words ... Well, sorry, we know the words  
20 that he spoke. If you look at those words, presumably you read  
21 the report before, if you engaged with him after he called on  
22 October the 12th. Because it seems to me those remarks, when I

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1 look at them, and I read them, they're quite concerning because  
2 he's looking for the report so he could figure out what he has  
3 to do himself as opposed to taking direction, guidance, or help  
4 from Veterans Affairs Canada. That's the way I read it.

5 **A.** Yeah, and I totally respect that. What I can say in  
6 my experience of working with Mr. Desmond is that once in awhile  
7 there would be a call where he would be agitated and it was more  
8 difficult to sit and have a calm conversation and plan things  
9 with him. Obviously, I wasn't there on the 12th. I may have  
10 been on the road.

11 **Q.** No, I appreciate that.

12 **A.** So it sounds like it was one of those days for him but  
13 then there was also this ... I mean if you look at the notes  
14 from prior to treatment, there were other situations like that  
15 where he would call and it would, the focus of the call would be  
16 to just sort of help him sort of find some calmness and then we  
17 could follow up and talk about his next steps and that sort of  
18 thing. So I don't want to dismiss what is said here, I think  
19 it's important, and like you, when I read it, it's, you know,  
20 upsetting, it's concerning, but it is very possible that he was  
21 in a different frame of mind when we spoke. I did say multiple  
22 calls that week. So I probably spoke with him on a few

**MARIE-PAULE DOUCETTE, Examination by the Court**

1 different occasions to try to assist. But if he felt  
2 unsupported in the moment, I respect that and it's not my place  
3 to say that he couldn't feel that way.

4 **Q.** But and appreciate that date in October, certainly Ms.  
5 Boone was not in place and I don't know if Ms. Chambers was  
6 actually in place then or not. I don't believe she was either  
7 just at that timeframe. But we'll just leave that for now.

8 A question, if there was a work item that was generated, I  
9 assume that that would have been a document that somehow had  
10 information in it and was forwarded to you so it would come to  
11 your attention. Is that how they work?

12 **A.** A work item is ... I think some of the things that  
13 we've read earlier resemble a work item, like the example that  
14 Mr. Russell gave CF veterans eligible for rehabilitation plan.  
15 So some are system generated. In this case, it would have shown  
16 up in like a list of ... I don't know if you're familiar with  
17 the term BFs. I know some government agencies use BF dates.  
18 It's kind of similar to that. So the work item goes into sort  
19 of a list of tasks to be completed.

20 **Q.** Would that be like an inbox, your own inbox kind of  
21 things to ...

22 **A.** It's on top of an inbox. And I say it with a smile

**MARIE-PAULE DOUCETTE, Examination by the Court**

1 because ... Listen, I'm not knocking my colleague. If he was  
2 calling and was in a significant level of distress and needed  
3 help, in her shoes, I wouldn't have done a work item. I would  
4 have ... But maybe she did what she needed to do to help him in  
5 the moment and then did the work item. So I can't comment. But  
6 a work item goes into sort of a queue of items to accomplish.

7 Q. As much as anything, it's to bring it to your  
8 attention, I take it, is it?

9 A. Yes.

10 Q. Just as an additional way to bring your attention to  
11 something in case it might not go to that particular document or  
12 that database of documents to ... and might not seem ...

13 A. Yeah, it goes like within CSDN, there's a list that I  
14 can go consult daily of work items that I need to do.

15 Q. Okay.

16 A. So it would have gone into that list.

17 Q. I see. All right, thank you.

18 A. You're welcome.

19 **THE COURT:** So we're going to break for lunch. We will  
20 take the hour, if we could, so we will come back at quarter to  
21 2. Thank you very much.

22 **COURT RECESSED (12:45 hrs.)**

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 COURT RESUMED (13:46 hrs.)

2 **THE COURT:** Thank you. Mr. Russell.

3 **MR. RUSSELL:** Thank you, Your Honour.

4

5 **CROSS-EXAMINATION BY MR. RUSSELL (Cont'd.)**

6

7 **MR. RUSSELL:** Ms. Doucette, just picking up sort of where  
8 we left off, if we could look at Exhibit 117, page one. This  
9 was an entry in your case plan which was a summary as titled,  
10 "Overview of Situation", that you made January 27, 2016 after  
11 your initial series of meetings with Lionel Desmond. Mr.  
12 Macdonald had referred to this document last night. So I'll  
13 sort of highlights of this rather than read it all. It talked  
14 about great difficulties controlling his emotions, generally  
15 heightened anxiety leads to, or at least places him at ongoing  
16 risk of anger, outbursts, panic attacks. It goes on further to  
17 indicate at the bottom: "The mental health professionals he has  
18 connected with report inability to begin working through his  
19 military-related trauma due to the ongoing instability." So  
20 this was a summary prepared by you. That's correct?

21 **A.** Yes.

22 **Q.** What was the purpose of you preparing such a summary?



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1           **A.** Well, I was required to do so. So when we opened the  
2 case plan, it's sort of a snapshot of, you know, where the  
3 veteran ... what's happening with the veteran. So a short  
4 summary of what we found through the assessment process.

5           **Q.** And this was sort of a documented series of insight  
6 and aspects that you learned from your conversations with Lionel  
7 Desmond.

8           **A.** Yes, and as mentioned in the paragraphs, some of the  
9 recommendations from his treatment providers. And I'm going to  
10 have a similar sort of related question. I'm mindful that  
11 consents are required before you start sharing personal details  
12 such as this, a veteran such as Lionel Desmond that you're  
13 interacting with and there's some confidentiality that  
14 accompanies that.

15           In your exchange with Ms. Chambers, and we've heard, and  
16 this is a bit long-winded, but we've heard from Ms. Chambers  
17 that when she was put, basically, this information, when it was  
18 put to her, she indicated that she didn't feel as though she was  
19 equipped or was suitable to be able to provide services to  
20 Lionel Desmond. Now I appreciate you can't speak for her and  
21 you weren't here for that. And the sense was very clear that  
22 she would have liked to have known. When you are retaining the

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1 expertise of someone on behalf of Veterans Affairs and in  
2 consultation with the veteran, there's that delicate sharing of  
3 what you can and cannot share.

4 **A.** Uh-huh.

5 **Q.** Would it be helpful if there was an option for you, as  
6 case manager, to be able to share this information with the  
7 professional that you are trying to assist in retaining?

8 **(13:50)**

9 **A.** Helpful, yes, and I think the option to do this, it's  
10 with consent and it was never out of the question with the work  
11 we did or with Ms. Chambers. I guess from my perspective there  
12 is a difference between simply dumping information without  
13 proper consent to a person who we think will end up working with  
14 a veteran versus giving that provider the opportunity to decide,  
15 for one thing, how she wants to conduct her own work. You said  
16 it yourself, she is the expert of her field and, yeah, I mean I  
17 think there are options available to share information and that  
18 may be in the work with Ms. Chambers, it was something that we  
19 were going to be able to do.

20 **Q.** And you indicated that you did ... your evidence, I  
21 believe, was that you said you spoke to her and told her that  
22 there was additional information and assessments and that if she

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1 obtained the consents, she could get access to those?

2       **A.** Yeah, I believe that's what was noted in my notes that  
3 we looked at yesterday.

4       **Q.** You said it was in your notes specifically that you  
5 told her to obtain consents to get that information?

6       **A.** Yeah, that the consent forms could be sent to her  
7 office, like the option was there. So, essentially, that first  
8 conversation I had with her, and again that's in the context of  
9 me calling on behalf of a veteran, was to say, Okay, we are  
10 looking for services for an individual. I am told that you have  
11 experience working with veterans and that, you know, you are an  
12 experienced trauma counsellor. So there was no hesitation on  
13 her part, from what I recall, to take on this new client. Now  
14 if, after the fact, after meeting Mr. Desmond she had decided, I  
15 think this is outside of my scope, then it's well within her  
16 rights and her responsibility to make that known to him, but it  
17 is not ... You see where I'm going. As a case manager is not my  
18 responsibility to tell someone I don't think you have the  
19 capacity to or to make that determination on their behalf.

20       **Q.** And I'll perhaps leave it for maybe a question of re-  
21 direct, because I want to be proper in the cross. You know,  
22 we've researched and looked through your notes. I didn't see

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1 anywhere in the notes where you specifically indicated that you  
2 instructed Ms. Chambers to obtain consents for that information  
3 but you're confident that it's in your notes somewhere?

4 **A.** Well, at the end of the day yesterday when Judge  
5 Zimmer was pointing out some inconsistencies from his  
6 perspective in my notes, he pointed out a note, which was a call  
7 between myself and Ms. Chambers and it speaks to consents in  
8 that note.

9 **Q.** Okay.

10 **A.** I don't remember the exact date but it was likely in  
11 October.

12 **Q.** What did you know about Catherine Chambers, in  
13 particular, about her qualifications. Did you believe at first  
14 that she was, in fact, a psychologist?

15 **A.** I did note that. I did make the correction in my  
16 notes where I said, correction, this reads psychologist but it  
17 should really read. So that's a question of the title and the  
18 body that's she registered with. What I knew is that a  
19 colleague, who had been recommended to me as someone who knew  
20 the area, who worked with veterans in the area, was familiar  
21 with the resources. When I asked her for trusted resources, she  
22 provided two names, one of which was Catherine Chambers. And

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1 when I presented the options to the veteran, we went ahead with  
2 her, and still to this day, my belief is that she was a  
3 qualified professional.

4 Q. Did you put any thought or consideration into the fact  
5 that, you know, there's differences in professionals. You would  
6 agree that the role of a psychologist is different than a social  
7 worker. Sometimes they have similarities but a psychologist is  
8 different than a social worker.

9 A. Yeah.

10 Q. A psychologist is different than a registered  
11 therapist.

12 A. In some ways, yes.

13 Q. In quite a few different ways. They can diagnose  
14 whereas a therapist can't.

15 A. Yes, where I'm not 100 percent in agreement is there  
16 is also a general misconception that psychologists are better at  
17 doing psychotherapy than other professionals.

18 Q. I'm not asking that. I'm asking, a psychologist can  
19 diagnose and a therapist can't, is that fair?

20 A. Some psychologists diagnose, some don't, to my  
21 knowledge.

22 Q. Yes. A psychologist can administer certain

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1 psychosocial tests whereas maybe a therapist can't? They can  
2 perform some testing and a therapist can't?

3       **A.** Well, yeah, potentially some testing but a therapist  
4 is like a general nonprotected term. So when I think of Ms.  
5 Chambers, I'm thinking psychotherapists. So someone who is  
6 trained to provide psychotherapy.

7       **Q.** But breaking it down, I guess, there's things that Dr.  
8 Murgatroyd could do that Catherine Chambers couldn't.

9       **A.** Perhaps.

10       **Q.** There's a difference. So my question is, when he was  
11 with Canadian Forces, he had a psychologist. When he was with  
12 OSI New Brunswick, he had a psychologist. When he was with Ste.  
13 Anne's, he had a psychologist. All of those individuals were  
14 the individuals that were the primary source of testing,  
15 therapy. Why not insist on a psychologist when you were  
16 arranging resources in the community for Lionel Desmond?

17       **A.** Well, we, like I said yesterday, we explored the  
18 option of OSI, which potentially, or more than likely would have  
19 assigned him to psychologist. He was not interested in that.  
20 He wanted to work with local providers. And what we were  
21 looking for was someone who was able to provide psychotherapy,  
22 help with coping skills, emotion management, and potentially get

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1 into trauma treatment with the veteran, all of which a  
2 psychotherapist, well, Mr. Chambers, in particular, was  
3 identified as being able to do.

4 Q. Had there been a psychologist in his area, in rural  
5 sort of Guysborough or Antigonish, a registered psychologist  
6 versus Catherine Chambers, who is a therapist, would you have  
7 given some consideration, have any consideration to say maybe I  
8 think perhaps I should keep the consistency, there might be a  
9 reason for why he's always had a psychologist. Would that ever  
10 cross your mind?

11 A. Not in the way that you lay it out. I gave Mr.  
12 Desmond a list of options in which there were psychologists but,  
13 again, I was more focussed on the purpose of what he needed and  
14 Mr. Desmond was okay with it, she was open to it, she came  
15 recommended, she was qualified. So, in all fairness, he could  
16 have ended up with a psychologist who was not a better fit.

17 Q. What did you think or what was your expectation of  
18 what was going to happen with Catherine Chambers now being  
19 retained? What was the expected or hoped outcome? What were  
20 you expecting it would achieve?

21 **(14:00)**

22 A. Well, the hope was that he would now have someone with

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1 whom he can engage on a regular basis to deal with the emotional  
2 difficulties, learn better coping skills, and if at any time  
3 ready, engage in trauma therapy. It was about having that  
4 consistent support. We talked earlier about how some days he  
5 called the office and he was in distress and then there was not  
6 much that could be done in the moment other than spend time with  
7 him. And so the point of him being connected to a  
8 psychotherapist or a psychologist is about helping him develop  
9 the skills.

10 Q. Did you ever tell Catherine Chambers that Dr.  
11 Murgatroyd ... You didn't ... maybe not even using references.  
12 I guess you knew that Dr. Murgatroyd and Ste. Anne's told you  
13 that he can't begin trauma therapy. We never could start trauma  
14 therapy because he could never achieve stability. Is that the  
15 case? Your understanding?

16 A. I remember that from Dr. Murgatroyd, yes.

17 Q. And it was right in the Ste. Anne's report. Do you  
18 recall that?

19 A. I don't recall right off the top of my head but I  
20 believe you that you read it there.

21 Q. So those entities have said, Can't begin trauma  
22 therapy until he's achieved stability. They both said they



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1 couldn't achieve stability.

2       **A.**    Mm-hmm.

3       **Q.**    What made you sort of think, when you let Lionel ...  
4 not let Lionel Desmond, but when Lionel Desmond sort of engaged  
5 Catherine Chambers, what made you think that she was suited to  
6 try to even attempt the stability?

7       **A.**    Okay. So just to repeat what I just said, we were  
8 looking for someone who would be able to provide ongoing help  
9 with coping, emotional management, and, if and when ready - so  
10 if you want to call it "achieving stability" - engage in trauma  
11 therapy.

12       So I had no reason to question her ability or inability  
13 based on a title. She came recommended. She was qualified.  
14 And, again, if, at any moment, she had come to the conclusion  
15 that she was not a good fit for this client, she was in every  
16 right to make that call. I don't believe that, necessarily,  
17 someone with the title "psychologist" is automatically better  
18 suited. I don't. There's also an aspect of the therapeutic  
19 relationship we can't predict. There is a chance that Mr.  
20 Desmond would've struck a really good relationship with her and  
21 that would allow for different kind of work to be accomplished.

22       **Q.**    And this concept of stability, you would agree,

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1 stability in Lionel Desmond's case, based on Ste. Anne's, based  
2 on his involvement with OSI, based on his medical history at  
3 CAF, to the extent that you knew, stability with Lionel Desmond  
4 was more than having a therapist. It involved a team. It  
5 involved a family physician. It involved a psychiatrist. It  
6 involved someone to structure day-to-day resources to reduce  
7 barriers of isolation. So stability was a concept that involved  
8 multiple entities working together. Is that fair?

9       **A.** Well, in some sense, I think stability, the way I  
10 remember it described by Dr. Murgatroyd, had to do with the  
11 emotional part of it. So the emotional instability. And then,  
12 also, the instability of his living situation. So where he  
13 lived between two provinces. So sometimes he was away. That  
14 sort of stuff.

15       So I understand it that way and I think, yes, beneficial to  
16 have a psychiatrist who can oversee medication. It can be  
17 beneficial to have a physician, but it comes down to the work  
18 that the veteran is able to engage in.

19       **Q.** I'm curious as to why you felt the importance of  
20 identifying a community resource as it came to therapy and the  
21 importance of stability, and you left him to pursue the other  
22 equally important aspect which was psychiatry. You left him on

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1 his own on that in the sense of you left him at his word that he  
2 was going to find it on his own, but you went and actually  
3 looked for a therapist, but you didn't seem to look for a  
4 community psychiatrist. Why the difference?

5 **A.** So I disagree that he was left on his own. I gave him  
6 the opportunity to set up services through the OSI in Nova  
7 Scotia. Because it was in Halifax, he didn't want to do that.  
8 So when he suggested that he was able to go find services, who  
9 am I to say, No, you can't do that. I'm going to do it for you.

10 So I gave him the liberty of, yes, going to seek the  
11 services of psychiatry where I felt ... Where I got more  
12 involved in securing the services of a psychotherapist was when  
13 the efforts that had been made so far didn't pan out. And the  
14 other thing is the frequency at which the veteran would be  
15 engaging with a psychotherapist versus a psychiatrist. So  
16 psychiatrists don't all provide psychotherapy. He may have  
17 found one in the community that is willing to do medication  
18 management, see him once a month, once every few months, whereas  
19 the psychotherapist is going to be someone who's going to have  
20 continuous involvement. Or more regular involvement, sorry.

21 **Q.** Did you ever once ask him ... After he instructs you  
22 that he's going to try to find psychiatry services sort of on

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1 his own in Nova Scotia, did you ever once ask him, Did you ever  
2 find a psychiatrist?

3 **A.** I don't remember. I have instructed him to always let  
4 me know when there's a change so that we can be on top of that,  
5 but if I asked that question specifically, I don't recall.

6 **Q.** And it's fair to say, if you asked that question in  
7 the fall of 2016, you would've learned about the existence of  
8 Dr. Slayter.

9 **A.** Potentially, yes.

10 **Q.** And if you knew about the existence of Dr. Slayter, I  
11 guess it's fair to say you would've become engaged to the extent  
12 of maybe suggesting to Lionel Desmond somehow that Dr. Slayter  
13 could start to liaise with Helen Boone, Catherine Chambers. Is  
14 that something you would've done?

15 **A.** Yeah, well which was the point of having a CCM  
16 involved was that if there is a need for the psychologist and  
17 the psychiatrist to be connecting, then we can facilitate that.  
18 If there is a need.

19 **Q.** You would agree ... And there's a lot of expectations  
20 you naturally have for this clinical care manager, but you would  
21 agree that your role as case manager, as case manager, a  
22 clinical care manager is, is it fair to say, is a supplement as

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1 opposed to a substitute for your role as case manager?

2 A. Yeah.

3 Q. She supplements you.

4 A. It's a supplement. Yeah.

5 Q. She's not a substitute for you.

6 A. Yeah.

7 Q. And one of your roles as case manager still remained  
8 the importance of coordinating multidisciplinary and working  
9 together with Lionel Desmond. Would you say that that never  
10 left your hands and your responsibility?

11 A. Yes, that responsibility remained there, but the  
12 intensity with which we are involved is different. So, in the  
13 case of any veteran, the veteran also has a responsibility to  
14 say to the psychotherapist, Oh yes, I have been consulting  
15 psychiatrists and this is the psychiatrist's name if you need to  
16 be in touch.

17 So I appreciate that you see that as being entirely my  
18 role, but there is a collaborative effort in all of this.

19 Q. So why were you waiting for Helen Boone to start  
20 asking the questions about and arranging for psychiatry? Why  
21 weren't you taking a proactive role in that? It still falls  
22 within your responsibilities.

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1           **A.**    Yeah.  I wasn't waiting for her to be asking  
2 questions.  I was coordinating some things for Mr. Desmond and  
3 for a number of other veterans.  And, like I told you, I don't  
4 recall asking him the question straight out, but it was not out  
5 of neglect.  You know what I mean?  Like it's not ...

6           **(14:10)**

7           **Q.**    Could you have turned your mind to the idea ...  You  
8 know that you've got a structured support.  Stability is more  
9 than therapists.  Stability is more than just a case of being a  
10 clinical care manager.  It also involves psychiatry.

11           Would you agree that perhaps you could've asked sooner to  
12 Lionel Desmond, How are you making out with psychiatry services?  
13 This is a key aspect of what we're trying to get you to  
14 rehabilitated.  Could you have asked that simple question  
15 sooner?

16           **A.**    I probably could have asked that question sooner in  
17 the same way that the veteran could have shared what he was up  
18 to in his search, that he had had an interaction with Dr.  
19 Slayter.

20           **Q.**    And I'm going to go back to that, "in the same way  
21 that the veteran could have shared", because you've referenced  
22 it a number of times, that there was an onus on Lionel Desmond

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1 in many ways - and, in a normal world, I can certainly  
2 appreciate that there's an onus on him to uphold his end of  
3 things. But my question is, you were aware that Lionel Desmond  
4 couldn't sign up for the gym. Is that correct? He had a tough  
5 time signing up for the gym.

6 **A.** No, I don't think that's entirely correct. I think he  
7 said, and I wrote down him saying, I got overwhelmed when I saw  
8 all the paperwork. And this was for a program that would pay  
9 for his gym membership.

10 So I don't necessarily agree with the idea that he was  
11 incapable of doing a lot of things that are being suggested.

12 **Q.** What did it mean to you? When you have a veteran that  
13 says ... You talked about the very importance of him going to  
14 the gym, and it was a high priority for him, and he wanted it.  
15 You said that yesterday. Is that right?

16 **A.** Mm-hmm. Yeah. He talked about it a lot.

17 **Q.** What are you making, as a clinical care manager and as  
18 a trained social worker, your professional background, what are  
19 you making of the fact that somebody ... a simple task of sign  
20 up for the gym, and he says, I'm overwhelmed at the paperwork.  
21 And your response is, Well, wait 'til we get you a clinical care  
22 manager and speak to her? Do you see any concern with that?

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1           **A.**   Well, we're talking about a gym service, and I'm not  
2   sure that that's exactly what I said, Wait 'til you have a CCM.  
3   Again, the paperwork that he's referring to is a service outside  
4   of VAC that would allow to pay for the gym membership. Okay?  
5   So signing up for the gym is not exactly what you're talking  
6   about. And I, in my work with Lionel Desmond, have seen  
7   evidence of him being able to accomplish simple tasks, like at  
8   the time of the sale of his home, when he was concerned about  
9   his not going to treatment because of the sale of his home.  
10   When we talked a little bit, he was able to problem solve around  
11   the excuse.

12           So, yes, that's where I tend to disagree with the fact that  
13   he is being depicted as someone who was incapable of some simple  
14   tasks.

15           **Q.**   Exhibit 117, page 7. We have your exact entry, so  
16   we'll be on the same page, literally. It's at the bottom.  
17   Progress note, November 7th, 2016. Entry by you. It says:  
18   "Phone discussion with veteran November 4, 2016. Case manager  
19   followed up on the plans made prior to leaving for one week."  
20   So you were going off on vacation just after this call.

21           **A.**   Yeah.

22           **Q.**   Calling a psychologist for whom (she



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1 provided a name) going to the gym. Veteran  
2 said he had misplaced the sheet with the  
3 psychologists' names on it and had inquired  
4 about the gym, but it was too costly. He  
5 was informed of a financial discount program  
6 for vets for which he could go online to  
7 register. He got discouraged when he saw  
8 the paperwork he would need to fill out.  
9 Case manager expressed this may be something  
10 he and clinical care manager could look at  
11 together once they are able to connect.

12 **A.** Yes. And I don't see what the major issue is with  
13 that because if I consider the other things that we are working  
14 on and that I am helping set up, I feel that the paperwork piece  
15 is something the CCM could look at with him.

16 **Q.** We talked about barriers.

17 **A.** But it ...

18 **Q.** We talked about barriers.

19 **A.** Mm-hmm.

20 **Q.** And you mentioned barriers a number of times, and your  
21 role is to tear down those barriers. Would you agree that, very  
22 clearly, the overwhelming ... Whatever it is, rational or not

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1 rational, he's having a tough time getting to the gym because  
2 the paperwork is overwhelming. Do you agree that your role as  
3 case manager is to assist him, maybe directly, in eliminating  
4 that barrier?

5 **A.** Eliminating some barriers. Not all of them.

6 **Q.** This barrier. This barrier here to go to the gym.  
7 Could you have suggested to him, I'll help you fill out the  
8 paperwork.

9 **A.** Okay. Well, no disrespect, Mr. Russell. I just ...  
10 in the scope of the work, realistically, if I am helping 30 to  
11 40 veterans at a time and I have to pick and choose what I'm  
12 going to sit down with them to help them fill out, perhaps it  
13 would be okay in a situation like this to say, Well, if you want  
14 your gym membership to be paid for and you need to fill out a  
15 bunch of documents for that, let's see if the CCM could help you  
16 with that, because the time that I have to dedicate is already  
17 quite limited. So I'm not saying I don't care.

18 **Q.** Yes.

19 **A.** I'm saying I have to be realistic about what I need to  
20 prioritize.

21 **Q.** And is it fair to say that you were in an unenviable  
22 position where you were forced to prioritize your time, and you

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1 didn't have the time to assist a veteran who is unable to join  
2 the gym?

3 **A.** But he is not unable to join the gym. He's saying he  
4 wants to apply for funding to have his gym covered. He is not  
5 ... Okay, break ...

6 **Q.** Does it appear to you ...

7 **A.** Aside from that.

8 **Q.** After you speak to him, does it appear to you that  
9 he's able to join or that he's going to join the gym? Because  
10 if it did, you certainly wouldn't have suggested that he wait  
11 for a clinical care manager to help him.

12 So when you left this call, did you have the impression  
13 that he was going to go sign up for the gym or no?

14 **A.** I don't remember exactly what I was feeling at that  
15 time, but what I'm trying to get at is how much is a monthly gym  
16 membership? Is there a way that he could've found the funds for  
17 the first month and then worked on this paperwork later on? I  
18 don't know. All I'm saying, if you ask me if I'm in an un- ...  
19 I forget, I'm sorry, how to pronounce the word ... not enviable  
20 position and I have to prioritize, I would say that is the  
21 reality of all case managers.

22 **Q.** Okay.

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1           **A.**    In VAC, outside of VAC.

2           **THE COURT:**       Mr. Russell, thank you.

3           Just with respect to this particular issue, I think I have  
4 a good understanding of the position that it really is ... my  
5 words are, it's a pick and choose where you spend your time  
6 during the course of the day. And the idea of assisting Cpl.  
7 Desmond with his paperwork problem to be able to get some  
8 financing to get to the gym simply wasn't high enough on the  
9 list of priorities, given a number of things that Ms. Doucette  
10 has to turn her attention to on any given day. And so this was  
11 put off until such time as perhaps the CCM could pick it up and  
12 deal with it, and that's when it would be dealt with. Thank  
13 you.

14           **MR. RUSSELL:**   Is it possible that you, at times, might've  
15 overestimated Lionel Desmond's ability to make those contacts  
16 and resources, such as when it came to psychiatry?

17           **A.**    It's possible.

18           **Q.**    And if that possibility existed, what could you have  
19 done to assist him in being mindful of, he may struggle to get  
20 that resource sort of on his own, even though he wants to take  
21 responsibility for it? What could you have done?

22           **A.**    What I've done many other times, is to say, If you run

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1 into barriers accessing that resource, you know you can call  
2 back and I could see what I could do to support you. And I know  
3 we are speaking specifically of that one resource, but there  
4 have been times in my work with him where I've done that. But I  
5 cannot, as a case manager ... I cannot, as a case manager, look  
6 at all my clients and decide for them what they are able and  
7 unable to do. My job is to facilitate their rehabilitation, so  
8 if I see that they're running into barriers, yes, I am there to  
9 help address those barriers. That said, it's part of the  
10 rehabilitation process and the program to continue to motivate  
11 veterans to take charge of their own health and needs.

12 **(14:20)**

13 **Q.** Okay. So we're going to ...

14 **THE COURT:** Sorry. I just want to ask a question.

15 **MR. RUSSELL:** Yes.

16 **THE COURT:** So when you say, Ms. Doucette, that it's not  
17 up to you to decide what a particular client can or cannot do,  
18 am I correct?

19 **A.** Yes.

20 **THE COURT:** So it seems to me that you might be then  
21 giving them some direction to do things that they're not capable  
22 of doing because you don't make the decision whether or not they

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1 can or can't. So how do you decide that? When you say ... when  
2 you make a suggestion to a client that he should do "x" and, in  
3 fact, they're not capable of doing "x", but you don't make ...

4 **A.** Well ...

5 **THE COURT:** ... decisions about what they can or can't  
6 do. You just give them a menu of things to do and hope they can  
7 and then expect them to come back to you and complain that they  
8 can't if they're unable to fulfil it?

9 **A.** Not complain but, yes, come back for support. I don't  
10 ... As a case manager, generally, my role is not to dictate ...

11 **THE COURT:** But when they ...

12 **A.** ... You're going to do this.

13 **THE COURT:** Just excuse me. So when you say they come  
14 back to tell you, when they come back and they say, Well, I  
15 can't do that. I haven't been able to accomplish that, whatever  
16 words they use, what's your next step to assist them in  
17 accomplishing that if that's the path they've chosen?

18 **A.** So, Tell me what you've tried so far, for example. I  
19 can ask that. And then, Okay, let's see what we might be able  
20 to do to problem solve around that. Sometimes I will offer,  
21 Does it help if I make the first call? That was the example  
22 with Ms. Chambers.

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1           **THE COURT:**       Thank you. Go ahead, Mr. Russell.

2           **MR. RUSSELL:**   Exhibit 117, page 8. I believe this was  
3 referred to earlier, this passage. It's a note you made on this  
4 date. It says ... This is the phone call, I guess, that takes  
5 place after Lionel Desmond is calling saying, I want a copy of  
6 my Ste. Anne's report. He's also saying, you know, I'll figure  
7 it out essentially myself. Judge Zimmer had pointed out that  
8 earlier. In this, there's a note that you made and it says:

9                           Multiple conversations with veteran this  
10                           week due to some difficulties in his living  
11                           situation/personal life. CM (case manager)  
12                           and him discussed a plan to keep himself  
13                           occupied and as calm as possible until CCM  
14                           is ready to engage with him.

15           And then you put:

16                           BHSOL training scheduled for October 27th.

17           Would you agree that Lionel Desmond, when he called here,  
18 it certainly appears as though, you know, he's not calm. He's  
19 struggling.

20           **A.**     Mm-hmm.

21           **Q.**     And what was discussed in terms of a plan to keep as  
22 calm as possible until the clinical care manager came into

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 place?

2           **A.** Well, in the context of this note, I mean you can look  
3 at the time I wrote it. I remember I was sitting at my kitchen  
4 table finishing up some work because I was going to be away the  
5 next week.

6           So when he called on the 12th, yes, we went over that note  
7 earlier with Judge Zimmer, he was in distress. So I had  
8 multiple conversations with him that week as a support person  
9 for him, trying to help him find calmness. I don't always have  
10 the perfect word. So at that time ... Yes?

11           **Q.** Oh go ahead. Sorry, I cut you off.

12           **A.** So, at that time, we were talking about, yes, until  
13 the CCM is ready to engage, which, obviously, I never had a firm  
14 date until it was like the training was complete and every form  
15 was filled out, et cetera.

16           So, at that time, I had said to him ... So we had spoken  
17 many times that week and I made him aware that I was going to be  
18 away the following week. He knew what resources he had if he  
19 needed to talk to anybody. So we focused on what he was going  
20 to do the following week.

21           **Q.** What ...

22           **A.** And it's written in there. This is what he was



**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 suggesting he would do.

2 Q. At this point in this call, he didn't have a  
3 psychiatrist that you were aware of. Is that right?

4 A. Fair, yeah.

5 Q. He didn't have a psychologist or therapist. Yes or  
6 no?

7 A. Fair.

8 Q. Yes or no?

9 A. No. No, he didn't.

10 Q. He didn't have a clinical care manager.

11 A. No.

12 Q. As far as you know, he wasn't affiliated with the New  
13 Brunswick OSI.

14 A. No.

15 Q. What ...

16 A. He had also ...

17 Q. What was he going ...

18 A. He had also ...

19 Q. Go ahead, sorry.

20 A. Sorry, go.

21 Q. No ...

22 A. I just wanted to point out that he had also, at this

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1 time, said no to the OSI services in Nova Scotia. So ...

2 Q. In your mind, when you told him to remain calm and  
3 wait for a clinical care manager to be in place, what resources  
4 could Lionel Desmond access to keep him from being upset,  
5 agitated, as he appeared in the two days before when he made the  
6 call? What resources were available to him to keep calm that  
7 was arranged through Veterans Affairs?

8 A. Well, I state in my note, the VAC assistance service,  
9 which is a 24-hour line. That there is an intake case manager  
10 available in my absence. Those are two ones that I can kind of  
11 think of right off the top of my head.

12 Q. Was it of concern to you that when he's calling in  
13 quite a bit of turmoil and he's unable to stay calm and that's  
14 based on two days before, you know that. Was it of concern to  
15 you that there are no resources in place for this man other than  
16 calling a hotline?

17 A. Well, it's not fair to call it a "hotline".

18 Q. Well, call it a veterans' ...

19 A. We have qualified professionals working ...

20 Q. ... call it a "veterans' assistance line". Was it a  
21 concern to you ...

22 A. Well, there ...

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1           **Q.**   ... that that was the only option for him?

2           **A.**   Concern? Yes. I had, I guess, assumed earlier on  
3 that he would've been using the services of OSI Nova Scotia and  
4 that the CCM would've been in place by now. So probably more  
5 resources in place, given the assistance of a CCM.

6           So, yeah, it was a concern but, again, I disagree with  
7 calling VAC assistance service a "hotline". They're qualified  
8 professionals on the other end of the line.

9           **Q.**   My apologies there.

10          So, basically, your evidence is the only resource available  
11 to him at that moment was to call the veterans' assistance line.

12          **A.**   Or the intake case manager who would be there in my  
13 absence.

14          **Q.**   Who would've ...

15          **A.**   This was also ... Sorry, go ahead.

16          **Q.**   Who would've engaged in what form of therapy or  
17 rehabilitation with him on the phone?

18          **A.**   I'm not talking about therapy or rehabilitation. I'm  
19 talking about if he was having a difficult day and was feeling  
20 emotional distress and needed to speak to someone who could  
21 support in the short term. We're talking one week here. So I  
22 believe this is right around the time, also, that we had made a

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1 list of three providers that he could call upon in the  
2 community. And when I give a list like this to a client, I  
3 check in with them to say, Are you comfortable making that call?  
4 Yes. Okay. So we're going to go with that plan. When I come  
5 back, I will follow up to see how you made out.

6 So that was the logic. That was where we were at.

7 **(14:30)**

8 **Q.** If we could turn to Exhibit 117, page 7, again. I  
9 think we may already be there. This, I believe, may be the note  
10 that you were referring to earlier about the conversation with  
11 Catherine Chambers about you telling her, you know, You can  
12 obtain the consents and will provide you with information. As I  
13 read the note, it does say, once that is confirmed ... It says:

14 Without providing any information through  
15 which veteran could be identified, case  
16 manager and psychologist came to the  
17 following agreement. Veteran will be asked  
18 to touch (will be asked to touch, I guess)  
19 base with her to set up first informal  
20 appointment. Once that is confirmed, case  
21 manager will send consent forms to her  
22 office for veteran to sign. Psychologist

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1           can keep a copy for herself, if needed and  
2           returned. Once they are turned, case  
3           manager will provide psychologist with some  
4           information that is relevant to the  
5           veteran's psychological health.

6           So that, it does clearly indicate, as you indicated in your  
7 notes, that you did have a conversation with her about providing  
8 consents.

9           **A.** Yes.

10          **Q.** My natural question is, you note that you will provide  
11 her with some information that is relevant to veteran's  
12 psychological health. Who is the ruler of relevancy and what  
13 information goes and what information doesn't?

14          **A.** Well, she, as the professional, working with the  
15 veteran, can ask for the information that she feels she needs to  
16 support. And I am, obviously, in a position, once there is an  
17 appropriate consent form on file, to say, well, we have this  
18 recent assessment that may be of use to you, are you interested  
19 in this. But I cannot, and we've talked about this earlier, I'm  
20 sure you understand, just freely release whatever I want,  
21 especially reports that I did not author. They belong to the  
22 veteran. So if the veteran consents to ... Like it depends on

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1 what she is looking for.

2 Q. So was it your understanding that she was actually  
3 going to follow up and make that determination as to whether or  
4 not she needed it.

5 A. Well, it was understood that we were going to have  
6 ongoing communication. So, yes, she was free to call me and ask  
7 for whatever she felt was important to ask and if I ended up  
8 calling her for whatever reason, then it could have been  
9 initiated by me. Like there's not a hard fast rule. I just am  
10 saying that generally professionals know what they're looking  
11 for.

12 Q. We're going to turn to Exhibit 273, page 217. This  
13 appears to be ... Again, I think it was your first entry and it  
14 references a conversation with Dr. Murgatroyd and it says:  
15 "Some concerns with client's inability and need for coordinated  
16 support. Writer obtained doctor's opinion regarding immediate  
17 risks and needs." So this is in November of 2015. My question  
18 is, was it sort of agreed between you and Dr. Murgatroyd at this  
19 very early stage in 2015 that you were going to coordinate  
20 supports. VAC and New Brunswick OSI were going to work together  
21 in the best interests of Lionel Desmond.

22 A. Yes, I think ... Well, no, it wasn't an agreement

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1 between Dr. Murgatroyd and I. I think he was calling on that  
2 day to advocate on behalf of his client who was saying I'm  
3 supposed to be assigned a case manager, it's taking time. So he  
4 took the initiative to contact back and was put in touch with  
5 me. So when he is saying coordinated support, it's that he  
6 understands that with a case manager in place, the veteran may  
7 be able to access more help.

8 **Q.** Did coordination have any context of you and Dr.  
9 Murgatroyd may liaise with each other from time to time in  
10 working with the client, Lionel Desmond?

11 **A.** It could. Normally, like I said, OSI is a bit  
12 different because of agreements between the province. But,  
13 normally, any provider who is working with a case-managed  
14 veteran will, we will turn in on a regular sort of basis a  
15 summary report of progress. So, yes, we can be liaising over  
16 something like that. Or, in this case, as we've seen before,  
17 Dr. Murgatroyd was actually instrumental in establishing contact  
18 between when I was having a hard time reaching Mr. Desmond. I  
19 knew he had an appointment coming up with Dr. Murgatroyd. So I  
20 contacted him and said, If you see the client, could you let him  
21 know that I'm trying to reach him and so, yeah, there is some  
22 liaising.

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1           **Q.**    And would you agree that an example of you and Dr.  
2 Murgatroyd coordinating with great success, both you what  
3 appears to be a successful job, is that you were able to work  
4 together to coordinate him getting into Ste. Anne's.

5           **A.**    Yes, yes. And I mean Nurse Teresa Rodrigues was quite  
6 an important player in that as well.

7           **Q.**    You were able to work together to identify that, Look,  
8 he needs stability first, we're going to work together. You had  
9 spoken to Desmond at times where he sort of wanted to back out  
10 of the plan, so did Dr. Murgatroyd, you worked together, you got  
11 him in there. That's an example.

12          **A.**    Yes, but I also would give credit to the veteran that  
13 he got himself in there. Like he ultimately made the decision  
14 to go.

15          **Q.**    So you were both present fo the Ste. Anne's conference  
16 call.

17          **A.**    Uh-huh.

18          **Q.**    What did you and Dr. Murgatroyd do to coordinate that  
19 sort of level of support after he left Ste. Anne's in August?  
20 Tell me about how you and Dr. Murgatroyd worked together.

21          **A.**    Well, on that call, as I mentioned yesterday, we had  
22 come up with the idea of offering Mr. Desmond an appointment



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1 with Dr. Murgatroyd post treatment. So, again, so that he could  
2 sit with the client, who he knows, make his own observations as  
3 to any changes that may have occurred. You know, he has the  
4 information that Ste. Anne's has provided over the phone, the  
5 same way I do. So Dr. Murgatroyd cleared a space in his  
6 schedule for the day after Lionel Desmond would land in  
7 Fredericton from treatment. And from there, it would give them  
8 a chance to chat about the next steps. So you'll be moving on  
9 to Nova Scotia. I hear you've been working with OSI. So a  
10 conversation around what was to come. So that's one of the ways  
11 that we tried. Again, at the end of the day, it remains a  
12 decision of the veteran. And when I presented that option to  
13 him with accommodations paid, a chance to spend the night, go  
14 see his psychologist the next day before he takes off to his  
15 home province, he declined that offer.

16 **Q.** So he doesn't show to that first coordinated  
17 appointment that you and Dr. Murgatroyd worked together. From a  
18 review of the records, outside of Dr. Murgatroyd's closing  
19 letter of December 22nd, I refer to it as closing letter because  
20 he says, "We're closing our New Brunswick file because it  
21 relates to Lionel Desmond."

22 **A.** Yeah.

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1           **Q.**    And he references an earlier call that you guys had.  
2    And outside of maybe that earlier call and the closing letter  
3    had you and Dr. Murgatroyd even spoke ... Did you guys even  
4    speak to each other after Lionel Desmond left Ste. Anne's, other  
5    than arranging for that first appointment?

6           **A.**    I can't say with certainty.

7           **Q.**    If you did, would you normally note that in case plan,  
8    CSDN notes? Normally, would you have documented it?

9           **A.**    Yeah, I mean I try to document as much as possible.  
10   As we have seen throughout this inquiry process, it happens that  
11   we miss things and that we don't document exactly everything  
12   that we do. But, yes, I would try to document that.

13          **Q.**    But I can tell you from his records, he doesn't  
14   document any sort of contact conversations with you other than  
15   that original plan as soon as he got out to have a meeting.

16          **A.**    Okay.

17          **Q.**    So, basically, between August and December 22nd,  
18   outside maybe one phone call, is it fair to say that it's most  
19   likely that you and Dr. Murgatroyd did not communicate?

20          **A.**    Outside of that one phone call and then the letter  
21   that he sent, it's possible, yes.

22          **Q.**    Dr. Murgatroyd specifically recommends psychiatric

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1 services with the OSI Clinic Nova Scotia.

2 **A.** Uh-huh.

3 **Q.** He never says, I recommend that he get a psychiatrist.  
4 He recommends psychiatric services with OSI Nova Scotia. Did  
5 you ask Dr. Murgatroyd, what is it about OSI psychiatric  
6 services that you are specifically honed in on? That that's  
7 what you recommending.

8 **(14:40)**

9 **A.** No, like I don't really have a reason to question his  
10 recommendation. I am pretty familiar with the OSI network. So  
11 like Dr. Murgatroyd, I was sort of under the impression that  
12 that was going to be the plan. And I understand your  
13 questioning why we haven't had more contact in that but after  
14 Mr. Desmond declined the offer to go see Dr. Murgatroyd, then he  
15 was off and moved to Nova Scotia. So he was no longer a patient  
16 of Dr. Murgatroyd. So I guess I'm not sure why I would  
17 specifically question his recommendation.

18 **Q.** I guess if you, if there was some rationale for why he  
19 thought psychiatry services at OSI Nova Scotia were the  
20 preferred method. Clearly, he did believe that. That's why he  
21 made that recommendation.

22 **A.** Absolutely.

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1           **Q.**    When Lionel Desmond tells you, I want to get services  
2    in Nova Scotia, wouldn't you want to engage in the discussion  
3    with him and say, Look, you've had experience with Dr.  
4    Murgatroyd and he thinks the better option for you, you know,  
5    it's your decision but he thinks the better option for you is to  
6    go to the OSI, access those specialists. Did you ever have that  
7    conversation with Desmond?

8           **A.**    Not that exact one, no. It's an interesting way to  
9    approach it, I agree. But I did have a conversation with Lionel  
10   Desmond about going to get the OSI services in Nova Scotia,  
11   which we understood to be the equivalent of what Dr. Murgatroyd  
12   and Dr. Njoku had provided in New Brunswick. And when he said  
13   no, I engaged him further in the conversation to see  
14   specifically about psychiatric services, if he would be open to  
15   taking at least the psychiatric services from OSI and working  
16   with a community provider for therapy, because there are more  
17   frequent appointments, and he was saying I want to work with  
18   someone in my community. I talked about telemedicine, he said  
19   no so ...

20          **Q.**    We know he said no. Go ahead.

21          **A.**    So from there, from that call what I remember was him  
22   saying, No, I can go to mental health or the local hospital.

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1 Okay, I'm not saying that this would never be revisited again.  
2 There is a chance that once he starts engaging with Catherine  
3 Chambers and we talk again about how are you doing with, you  
4 know, finding psychiatry services. I mean we're doing this  
5 hindsight exercise and we're looking at how prior to treatment  
6 he was motivated to go. Then he didn't want to, he was growing  
7 impatient with the wait. So he changed his mind a lot, right.  
8 So, as a hindsight exercise, yes, it's possible that we would  
9 have revisited that with the help of Ms. Chambers. So I don't  
10 want to say that that door is closed forever.

11 Q. Was it your belief on the knowledge you had that  
12 psychiatry services in the community, the ER at St. Martha's,  
13 was the equivalent of psychiatry services at the OSI Nova  
14 Scotia, or did you have some appreciation that they were  
15 different?

16 A. Well, I didn't know that he was specifically referring  
17 to the ER when he mentioned the local hospital, just to clarify  
18 that. Is there a difference?

19 Q. In your mind.

20 A. Yes ... What's that?

21 Q. In your mind, your understanding, is there a  
22 difference between the two?

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1           **A.**    Well, I think in the OSI network, you know, we  
2 consider them to be a bit more of a specialized resource because  
3 they deal mostly with operational stress injury. That said, I  
4 don't think a psychiatrist in the community is ill equipped to  
5 help someone with PTSD.

6           **Q.**    And that's fair. Did you ever tell Lionel Desmond  
7 that? That you thought that Dr. Murgatroyd said OSI psychiatry,  
8 and there's a difference between the two in your professional  
9 view or opinion, did you ever tell Lionel Desmond that  
10 information? When he said, I'm going to get one ...

11          **A.**    I'm not so ...

12          **Q.**    You're not so ...

13          **A.**    What was that?

14          **Q.**    So what was your answer?

15          **A.**    No, I'm not sure that I presented it that way. I  
16 can't say that I presented it that way.

17          **Q.**    You've encouraged him before in giving him options,  
18 letting him decide when he maybe couldn't see them the best.  
19 When he's saying, I'm going to get my own psychiatrist and it's  
20 going to be somewhere in Nova Scotia, did you ever appreciate  
21 that (1) you knew there was a difference; and, (2) did you ever  
22 appreciate the importance of maybe having an encouragement

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1 conversation with him about maybe reconsidering?

2       **A.** I did. I did. I said, Think about it. Because he  
3 was saying the barrier for him was the travel, okay. So travel  
4 was going to be covered, if he went to Halifax. And I said, you  
5 know, maybe you could go, meet the psychiatrist once and then we  
6 set up telemedicine and from here on in, you can meet the  
7 psychiatrist, whether it's at St. Martha's or another community  
8 facility. Like I had that conversation with hm. I just  
9 probably didn't have it in the exact words that you're  
10 suggesting I should have.

11       **Q.** Sure. Exhibit 299, pages one and two. I'm just going  
12 to try to find the actual passage.

13       **A.** If you're looking for that conversation, it's in blue.  
14 So it should stand out.

15       **Q.** You'll be happy I moved on. In the second page, so  
16 it's your notes that were sort of created after the events and  
17 you're noting under January what took place. In January, you  
18 noted, it says, at the very top there, second paragraph:

19               Veteran spoke of challenges in his marriage.  
20               He expressed struggles with living apart  
21               from his wife and daughter and spoke of how  
22               he looked forward to leaving Oromocto, a

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1 military town, behind. He described  
2 conflictual relationships with his in-laws.

3 So, in January of 2016, you could have had some  
4 appreciation of the conflict that was his marriage to Shanna  
5 Desmond and it continued into his in-laws as well.

6 **A.** Yes. Actually, when he first spoke about, because it  
7 was in the context of the assessment. So when he first spoke  
8 about the living situation and what he found difficult, he  
9 presented that being in the home in Nova Scotia was difficult  
10 because of conflict with his in-laws.

11 **Q.** So this is sort of, based on the information you have,  
12 this is something that's sort of on your radar, is it fair to  
13 say, that this is part of his package of stressors.

14 **A.** Yes.

15 **Q.** Is there a particular reason, and there's got to be a  
16 reason, why the ... And I'm mindful of the fact that you're  
17 trying to get him in a stabilization program that's going to  
18 start in May, in a few months, but there's still three to four  
19 months away and there's still the possibility and you know that  
20 some day he's going to get out of Ste. Anne's.

21 **A.** Possibly.

22 **Q.** Why isn't your mind sort of moving to all of the



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1 possible resources that could deal with this area of struggle  
2 and conflict as opposed to wait until he gets in Ste. Anne's and  
3 then wait until he gets out? It's an issue that's identified in  
4 January. Why the wait? Why not think of other options?

5 **A.** Other options than Ste. Anne's?

6 **Q.** I guess, yeah, but you've been more proactive in  
7 contemplating he's going to come out of Ste. Anne's, there's a  
8 good chance he may still need resources to deal with this  
9 struggle and conflict with his marriage, and before he goes to  
10 Ste. Anne's, there's a good change he still needs resources to  
11 navigate and struggle with those struggles. Is there a reason  
12 why maybe you weren't a little more proactive in trying to  
13 identify what resources other than Ste. Anne's could assist with  
14 this, going in and coming out of Ste. Anne's?

15 **(14:50)**

16 **A.** Well, as I said earlier on today, he had resources at  
17 the time in Dr. Murgatroyd and Dr. Njoku. Could I have been  
18 more proactive? I, obviously, was putting a lot of effort and  
19 energy into helping him get to Ste. Anne's where he would have  
20 access to a number of resources. And then the other part of  
21 your question, which is shouldn't I have been thinking ahead of  
22 when he moves back. In all fairness, I mean we had a

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1 conversation. I had a conversation with him. Kama Hamilton had  
2 a conversation with him about thinking about his living  
3 arrangements because of exactly what you're mentioning. In  
4 January 2016, he is telling us that like being at his in-laws is  
5 triggering, therefore, he comes back to his home in Oromocto.  
6 So I mean we have conversations with him about, you know, have  
7 you thought about maybe a safer place for you, safer in the  
8 sense of a place where he can retreat and feel good. And then  
9 it's already on our radar that if he's changing communities,  
10 he's going to need providers. I don't think anybody sort of is  
11 neglecting that. Where I struggle a bit with the question is  
12 there is a limit to how many resources we can also throw at  
13 someone. So I'm not sure what other resources outside of what  
14 we're working to connect him with. Like what more? You  
15 mentioned couple's counseling earlier. That's something that  
16 Ms. Boone explored briefly with him. So he's coming out of Ste.  
17 Anne's with all these recommendations as well. So, as the case  
18 manager, if I'm thinking six months ahead and deciding what he's  
19 going to need, then I'm not factoring all the changes and the  
20 moving parts that are the reality.

21 Q. But is it possible for you maybe to identify, and with  
22 that, is it fair to say in January, you had some, you had the

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1 idea that he's got his eyes set on returning to Nova Scotia.  
2 He's selling his home in New Brunswick. He's spending  
3 considerable amounts of time there. He wants to be back with  
4 his family. His family is in Nova Scotia at that point. So in  
5 January of 2016, it's fair to say that you were aware that he  
6 wanted to get back to Nova Scotia.

7 **A.** I had a general idea. Yes, I remember he talked about  
8 maybe wanting to go out West. Like there were different things  
9 he talked about. But it would make sense to me, yes, that he  
10 would want to go back to Nova Scotia.

11 **Q.** And you knew that after he attended Ste. Anne's, he  
12 was going to return to the community, which is most likely Nova  
13 Scotia.

14 **A.** Yes.

15 **Q.** And you knew all of this in January.

16 **A.** Well, no, it wasn't that clear in January.

17 **Q.** You had a strong idea that it was significantly likely  
18 possible.

19 **A.** His house had been for sale for some time. There was  
20 no guarantee that his house was selling while he was away.  
21 There was a possibility that he would be heading to Nova Scotia  
22 after treatment but it wasn't clear-cut that it was right on

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1 release.

2       **Q.** Was there anything preventing you from trying to look  
3 into what community resources were available in Nova Scotia when  
4 you had a pretty good idea that he's gong to end up coming out  
5 of there when he's done at Ste. Anne's.

6       **A.** In all fairness, time. Like I said, there's a number  
7 of priorities that we're juggling. And the other piece, and I'm  
8 not trying to discredit what you're saying, I understand that.  
9 Ideally, we're looking ahead, we're being proactive. But if I  
10 had done what I was really supposed to do, I would have  
11 reassigned him to someone in Nova Scotia when he left treatment  
12 so I would not have been looking for resources for him at all.

13       **Q.** The next series of questions. So you've developed a  
14 very detailed case plan with Lionel Desmond and you indicated  
15 that the case plan was going to guide ultimately his  
16 rehabilitation, is that a fair characterization?

17       **A.** Yeah.

18       **Q.** The next sort of questions may seem a bit out there on  
19 first blush. You were aware that Lionel Desmond was African  
20 Nova Scotian.

21       **A.** Yes.

22       **Q.** In your training with Veterans Affairs, have you ever

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1 received or did you ever receive any training as it relates to  
2 struggles or barriers military veterans in making the transition  
3 may encounter due to their racial backgrounds?

4 **A.** Within Veterans Affairs, not that I can recall, no.

5 **Q.** Lionel Desmond, we know, and you certainly may not  
6 have been aware of this, and I'll ask you if you were aware of  
7 it, indicates to his sister-in-law, various family members, he  
8 indicates it to a, I believe, it was a psychologist or  
9 psychiatrist in the Canadian Armed Forces, he talks about the  
10 trauma he experienced, anti-Black racism while he was in the  
11 military. Were you familiar with any of that?

12 **A.** It's not something that he had shared with me, no.

13 **Q.** When you were developing the case plan with Lionel  
14 Desmond, did you ever consider that topic of discussion about  
15 you are African Nova Scotian, are there any services unique or  
16 geared towards you and your population that you may find  
17 helpful? Did you ever have that conversation with him?

18 **A.** I don't recall initiating a conversation like that,  
19 no. Just in the same way that I don't recall him ever raising  
20 questions or issues surrounding his racial background. That's  
21 not to say that that didn't exist. I'm quite sensitive to that  
22 reality.

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1           **Q.** There's a lot of evidence, I would say there's a  
2 significant, enough evidence to suggest that perhaps his  
3 disclosed experiences of racism caused him a lot of duress in  
4 his personal life, his home life. He'd come home from work and  
5 he would be overwhelmed with it. And there's also, it was  
6 linked as a trigger to his trauma, as documented by either the  
7 psychologist or the therapist.

8           In developing a case plan, do you know if there were any  
9 resources available to an African Nova Scotian or a member from  
10 a marginalized community to assist in their rehabilitation and  
11 that gap where they're going back to the community, are there  
12 any resources available for those identifiable individuals?

13           **A.** Like in 2015? 2016? I can't tell you if in the Town  
14 of Oromocto or Fredericton, specifically, I knew of resources.  
15 I am certain because of history and the African Nova Scotian  
16 community, there may have been more there. It wasn't part of  
17 our discussions, definitely not while he was in New Brunswick,  
18 and I can't recall once he moved back home that we spoke  
19 specifically of that. And, if I may, Mr. Russell, I recognize  
20 that we are in 2021 now and there's been huge jumps in terms of  
21 awareness around anti-Black racism and I'm not saying that the  
22 issues didn't exist in 2015. I just appreciate that the

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1 question in today's context has significant value. So to answer  
2 your question about cultural awareness training, I didn't have  
3 any offered at VAC. I did have some through my Masters studies  
4 but I don't think race is something that we spent much time on  
5 in my work with Mr. Desmond.

6 **Q.** Now I'm just going to put that to you. We're looking  
7 at this through a more informed, I guess, 2021 lens.

8 **A.** Yes.

9 **Q.** Sort of looking, are you aware if VAC has made, and  
10 the answer is probably no, because you haven't been affiliated  
11 with them for some time, but are you aware of whether VAC has  
12 put any training in place to make their case workers or managers  
13 aware and factor that into the case plan?

14 **A.** I'm not physically aware. I sure hope so. I can tell  
15 you from working in another government department that I have  
16 seen many initiatives through the School of Public Service,  
17 which is offered to all public servants. So I don't know if VAC  
18 has done anything specific for its case management group or  
19 front-line staff but I wouldn't be surprised if there was  
20 something offered today.

21 **(15:00)**

22 **Q.** And I don't want to take it too far and too abstract,

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1 but we know from the information we gathered that Lionel  
2 Desmond, he felt very much, I'm sure I'm understating it, very  
3 much burned by the idea that he invested in this service, he  
4 felt there was racism inflicted upon him, and then he's left ...  
5 in his mind, he's dealing with another federal entity which is  
6 Veterans Affairs Canada.

7 **A.** Mm-hmm.

8 **Q.** Do you think that that possibly could have influenced  
9 what you perceived as his indifference or perhaps lack of effort  
10 at times for frustration?

11 **A.** Sorry, I just want to make sure I understand your  
12 question. So if his sometimes lack of effort ... sorry.

13 **Q.** What you believed to be maybe a lack of ...

14 **A.** You said lack of effort or indifference. That it  
15 would be connected to his racial experiences within the military  
16 or ...

17 **Q.** Yes.

18 **A.** Possibly. Listen, I can say very openly that I would  
19 be the first one to say, Absolutely, no problem, if Mr. Desmond  
20 had raised the fact that I was, you know, a white woman and  
21 offering services, and that he would've preferred to work with  
22 ... like absolutely. There would've been no hesitation on my



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1 part. I don't know if we had a lot of diversity amongst our  
2 resource, but I never ... I can't say that I ever looked at  
3 those times in case management where he wasn't having as much as  
4 follow-through as we would've hoped, that I would have connected  
5 that to his racial background or experience.

6 **Q.** And I want to be very clear to you in that. It was a  
7 longer sort of comment that you made last night and I'll read it  
8 into the record. This was in response to a question that Mr.  
9 Macdonald had asked you.

10 **A.** Mm-hmm.

11 **Q.** And wrote:

12 I'm not there to judge or to determine that  
13 on ... onto his behalf, but I can say that  
14 there were ... there were times when ... and  
15 this is ... okay, I'm ... I'm just being  
16 careful with my words that I use because I  
17 ... there were times when ... different  
18 times during the case management process  
19 where it appeared as though some people  
20 supporting Mr. Desmond may have been working  
21 harder in some aspects than he was with  
22 regards to his rehabilitation. And I say

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1           this without any sort of ... in no  
2           condescending (manner or) matter, it happens  
3           in a lot of client/professional  
4           relationships and I ... and I don't ... I'm  
5           not saying this was consistent throughout  
6           the file either, but there were times when  
7           things were being done for him or presented  
8           to him that they were probably in his best  
9           interest, that he didn't ... he ... he chose  
10          not to go with. And that, again, is the  
11          nature of the work we do. We can't ... we  
12          can't force anyone or do more work than the  
13          veteran will allow.

14          That was the whole ... In fairness to you, that was the  
15          whole context of what you said. It wasn't just a narrow ...

16          **A.**    Mm-hmm.

17          **Q.**    ... narrow zip. So you specifically indicated,  
18          though, you said:

19                 At times, it appeared as though some people  
20                 supporting Mr. Desmond may have been working  
21                 harder in some respects than he was with  
22                 regards to his rehabilitation.

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1           Is it possible that there were aspects and features about  
2 Lionel Desmond, as the client, that you might not have been  
3 aware of or fully appreciated, that were getting in the way of  
4 what appeared to be his non-commitment to the rehabilitation?

5           **A.** Absolutely. Absolutely.

6           **Q.** Is it possible that they could've involved his  
7 experiences of race and interactions with people in authority  
8 ... or perceived authority?

9           **A.** Yes. Absolutely.

10          **Q.** It could've involved barriers in his mental health and  
11 ability to sort of appreciate what he was fully going through?

12          **A.** Perhaps. I want to say that on the question of the  
13 racial matter, you know, time has passed and I have also done a  
14 lot more training and education on the matter. So absolutely.  
15 Absolutely, there may have been aspects of not following through  
16 or a caring disengage at times that I wasn't in a position to  
17 appropriately assess or appropriately understand because of my  
18 experience as a white woman.

19          Is it okay if I comment on what I said yesterday?

20          **Q.** Sure. Sure. Yes.

21          **A.** So I've thought about what I said again, because I  
22 understand that it caused some reaction, and I just wanted to

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1 clarify that if it was a wrong choice of words, I apologize for  
2 that, but when I say, at some times it appeared that some people  
3 supporting him may have been working harder, I wasn't suggesting  
4 that I was doing all the work for him. And I want to say that  
5 from a clinical perspective. Like I don't ... I'm not good with  
6 all the legal terminology and I ... this is my first time in  
7 court. So, but in a clinical perspective, it's a question that  
8 we often have to ask ourselves when we're supporting clients in  
9 their rehabilitation context. For example, am I working harder  
10 than the client right now? Because sometimes when we do that,  
11 we're doing a disservice to the client.

12       So when ... I believe it was Mr. Macdonald, if I'm not  
13 mistaken, asked the question, it's possible I misunderstood the  
14 question too. He had asked about barriers from the veteran's  
15 perspective. I understood it as, Were there barriers maybe that  
16 were caused by the veteran?

17       So I just wanted to clarify here on my statement. I'll  
18 leave it at that.

19       **Q.** So, with that said, is it fair to say that there is a  
20 possibility, looking back, in hindsight, as his case manager,  
21 that you might've overestimated what Lionel Desmond was capable  
22 of, sort of his level of sophistication to navigate resources on

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1 his own or his own expressed independence? Is it possible you  
2 overestimated his abilities?

3 **A.** At times, yes, it's possible I overestimated. And  
4 there were other times where he surprised me because he  
5 demonstrated that he was capable.

6 **Q.** So, looking back, is there a way that you see where  
7 VAC case managers, I guess, can be a little more mindful of the  
8 circumstances of the veteran? Whether it is their background,  
9 to do with their diversity, or whether it's potential perceived  
10 - as is noted here - cognitive limitations? Is there room there  
11 for improvement?

12 **A.** There's always room for improvement. I'm not here to  
13 debate that point. I want to say that there is a number, many  
14 veterans, who we are working with in case management who have  
15 some form of cognitive limitation. So absolutely. I was never  
16 denying that that was the case with Mr. Desmond.

17 What I have a harder time getting on board with is this  
18 idea that he was more incapable than capable in several aspects  
19 because, like I said, I have seen him navigate some things for  
20 himself at times.

21 **Q.** But if I ... I guess, is it possible that you might  
22 have overestimated his ability to find a psychiatrist in his

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1 community in Nova Scotia and to be diligent in following up with  
2 that psychiatrist?

3 **A.** It's possible, yes. He gave me the impression at that  
4 ... during that conversation that he was capable and that he was  
5 going to go look for that. And if I didn't do follow up in due  
6 time, I take responsibility for that.

7 The other piece is that health providers in the community  
8 can also assist the veteran in saying, If you have a case  
9 manager, can we be reaching out? Can we ... like if there's ...

10 **Q.** And, ideally, from your standpoint as case manager,  
11 ideally, if you could've had Helen Boone sooner as a clinical  
12 care manager, or identified even in advance - somebody arranged  
13 even in advance of you coming along - she could've made those  
14 efforts to get that put in place.

15 **(15:10)**

16 **A.** Well, it would've ... yeah, it would've been a joint  
17 effort. It was the whole philosophy. It is the reason why the  
18 CCM resource was what we were prioritizing, because we knew  
19 there would be so many parts. And having a person on the ground  
20 makes a difference but, at the same time, I could not have, in  
21 good faith and felt good about saying, Oh, you're moving  
22 provinces? Then we're just going to transfer your file to

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1 someone brand new when you no longer have providers supporting  
2 you. I couldn't ... to me, that made no sense whatsoever.

3 Q. So we're going to move to Exhibit 291. This is the  
4 Area Counsellor Client Centred Assessment that was done January  
5 5th, 2016. This is your assessment?

6 A. Yes.

7 Q. And we're going to turn to page 2. And there is a  
8 section there in the middle of the page. It says, "Mental  
9 Functioning".

10 A. Mm-hmm.

11 Q. Below it is a question that seems to be a pretty  
12 scheduled-type question. "Have you noticed any change in your  
13 memory recently?" And it's ticked off "Yes". So Lionel Desmond  
14 reported in January, he had problems with his memory? Recent  
15 problems with memory?

16 A. Yeah. I would've checked off any item that he touched  
17 on in the conversation or that he had suggested.

18 Q. Below that it says, "Counsellor's perception". So is  
19 that your perception? Is that what it's referring to?

20 A. Yeah, I believe so.

21 Q. And it's checked off, "Concentration - yes.  
22 Comprehension - yes. Memory - yes." So does this mean that

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1 what was identified, your perception when you did this  
2 assessment in January 2016, that he had problems with  
3 concentration, comprehension and memory?

4 **A.** Yes. Well, based on the discussion that I had with  
5 him that day. Let's be fair. I didn't test his memory, I  
6 didn't do any formal, you know, assessment, but based on the  
7 conversation and what I'm observing and the, you know, just the  
8 conversation, I checked off those boxes and ... sure, yeah.  
9 Sorry.

10 It was ... In most cases, when we're doing an assessment  
11 of a veteran, there is generally something checked off in there.

12 **Q.** So, at this point, you don't know what the underlying  
13 cause is but you know in your meeting with Lionel Desmond and  
14 your conversations, there's something going wrong with his  
15 concentration, his comprehension, and memory.

16 **A.** Yes. And he is, you know, reporting examples and  
17 difficulties of that but I think it's important what you  
18 mentioned. We don't know what the underlying cause of this is  
19 and someone with PTSD or depression can suffer from  
20 concentration challenges. And if you're under a lot of stress,  
21 the short-term memory can go, like, so it all ties in to his  
22 mental health, in my opinion.



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1           **Q.**    It then says, "Explain".  And you write in here:  
2                    Veteran described inability to recall things  
3                    like passwords which he must write down  
4                    despite once having a sharp memory for  
5                    numbers.  He also said it takes longer for  
6                    him to learn new things.  Example:  Musical  
7                    chords.  Veteran disclosed his most vivid  
8                    memories are from his time serving in  
9                    Afghanistan.

10   And then under "Comments", it says:

11                    Comments.  Explore responses.  Query coping  
12                    with stressors.

13   And you write:

14                    Veteran is cooperative.  Engages in meetings  
15                    with case manager.  Writer often had to  
16                    repeat questions for the sake of clarity as  
17                    he seemed to have comprehension  
18                    difficulties.  Veteran also tends to talk a  
19                    lot as opposed to answering questions  
20                    concisely.  Speech is rather slow.

21   These are observations you made in January?

22           **A.**    Yes.

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1           **Q.**   And we've heard from his family that ... I think the  
2 phrase they used, at times, he would talk almost nonsensical.  
3 He would bounce all over the place and wouldn't stay on topic.  
4 And it was a recurring theme as well ...

5           **A.**   He ...

6           **Q.**   ... with professionals. Did you notice further signs  
7 of this during your conversations and meetings with Lionel  
8 Desmond after January

9           **A.**   Yes. I remember a tendency, he would smile a lot. He  
10 had a very nice smile. And he would often answer, sort of full  
11 smiles, but I don't ... like I wouldn't say nonsensical. I just  
12 ... sometimes, I just had to bring him back to the question or  
13 ...

14          **Q.**   So you ... I guess, so you identified that there were  
15 issues with his outward cognition and being able to understand  
16 and engage. You've noted that here. I guess, is it fair to  
17 say, you knew that but you didn't know what was causing it?

18          **A.**   Absolutely.

19          **Q.**   You knew this in January. Did you ever consult with  
20 Dr. Murgatroyd as to ... did he have any explanation of what was  
21 going on here or what he might need for that?

22          **A.**   Specifically on that specific topic? No. I believe

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1 that if I was able to make note of these things in a single  
2 assessment that Dr. Murgatroyd and Dr. Njoku probably had way  
3 more in-depth information than I did on what may be happening  
4 here. They are more specialists with the matter than I am. So  
5 I guess I'm not sure.

6 Q. Okay. And he also talked to you about losing  
7 paperwork that he had and misplacing things. In terms of his  
8 ability, I guess, and maybe need for a clinical care manager -  
9 this idea that somebody that might help him remember things, set  
10 up appointments, keep passwords, keep things noted for him,  
11 explain things in detail, was it on your radar in January that,  
12 You know what, Lionel Desmond may be a good fit for a clinical  
13 care manager?

14 A. Like I said before, it wasn't really top of mind in  
15 January because we were looking ahead to inpatient treatment,  
16 which was the recommendation, and I had a lesser caseload then,  
17 so I had some time to take on a bit of additional tasks.

18 So the best example I could give you is for the exceptional  
19 prepayment of his travels. It was a lot of documentation that  
20 needed to be filled out.

21 Q. So I'm mind- ...

22 A. So we did collaborative ...

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1           **Q.** I'm mindful of the fact that you're doing things and  
2 you're busy, you're very busy in your role. I certainly agree  
3 with that. But this sort of information, you have a veteran  
4 that is struggling with basic sort of comprehension. He's off  
5 topic. He's not remembering things. He's reporting to you  
6 difficulty with concentration, comprehension, memory. Would  
7 that signal to you, normally, had you had the time, that maybe  
8 we should put in a request for a clinical care manager, even at  
9 this early stage? It's January. This guy really needs somebody  
10 on the ground because he's having a tough time cognitively.

11           **A.** But he wasn't going ... you know what I mean? He was  
12 going to inpatient treatment, so if I was going to request the  
13 assistance of a clinical care manager, it would've been for the  
14 time previous to his admission.

15           **Q.** It could also have ...

16           **A.** So that's ... when I say ... Sorry ...

17           **Q.** Would you agree that it could also involve when he  
18 comes out as well? You put one in place or you start to look  
19 for one. He's still got four months to go. He's still  
20 spiraling in those four months. And then he's going to come out  
21 on the other end. Is there a problem with being proactive in  
22 identifying ...

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1           **A.**    It's not a problem.  No, there's not a problem with  
2  it, but there's ... it's not as straightforward as you make it  
3  sound because, was he releasing to New Brunswick?  Was he  
4  releasing to Nova Scotia?  That's a big difference.  The CCMS  
5  operate in the province in the same way that the other providers  
6  do and ...

7           **Q.**    So were you prohibited from putting in place a  
8  clinical care manager, or even looking up where the  
9  possibilities could be, in New Brunswick or Nova Scotia?  Was  
10 there anything preventing you from doing that?

11          **A.**    No.  There's nothing pre- ... well, there's nothing  
12 preventing me.  I wasn't ... like, a clinical care manager, I'm  
13 just going to remind you, is a temporary resource that is meant  
14 to help the veteran with some of the things you described, but  
15 in a coaching sort of manner.  So they don't manage the client's  
16 schedule.  They're there to provide coaching to help them sort  
17 of take charge of their own.  So at that ...

18   **(15:20)**

19          **Q.**    I now know what a clinical care manager does.  Was  
20 there some benefit to him maybe having a clinical care manager  
21 in January 2016?  Could there have been a benefit?

22          **A.**    Well, like I said earlier, there would be a benefit to

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1 anybody having a clinical care manager. To me, it was more  
2 important in the fall because of all the changes.

3 Q. Okay.

4 Neuropsychological assessment. Had you ever arranged for a  
5 neuropsychological assessment for any client before?

6 A. One.

7 Q. One. When was that? Do you recall?

8 A. No, I couldn't tell you for sure.

9 Q. Was it ...

10 A. I can tell you that it was in New Brunswick and it was  
11 for a client who was admitted to the program for a head injury  
12 specifically.

13 Q. Was this client before Lionel Desmond or after?

14 A. It was probably simultaneous to some degree. I don't  
15 know ... He arrived on my caseload later than Lionel Desmond,  
16 that's for sure, but I can't tell you for sure at what time  
17 period.

18 Q. How did you go about finding ... was it a psychologist  
19 that did this neuropsychological assessment?

20 A. There's a ... there are a select few psychologists who  
21 ...

22 Q. But in this particular case, you found one, you

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1 arranged for one. Was it a psychologist?

2 **A.** It was a psychologist who specialized in neuropsych  
3 assessment, yes.

4 **Q.** And that was in New Brunswick.

5 **A.** Yes.

6 **Q.** You couldn't find one for Lionel Desmond.

7 **A.** Okay, let's be fair. I didn't find one for Lionel  
8 Desmond in the time period that we're looking at. That's not to  
9 say that it was impossible. The chances of finding one in the  
10 small community where he resided were not very high.

11 **Q.** How long does it take to do a neuropsychological  
12 assessment? Do you know?

13 **A.** Well, in my experience, and probably every  
14 practitioner is different, it was like an eight-hour assessment  
15 ...

16 **Q.** Okay. It takes eight hours.

17 **A.** That a client had to ... yeah.

18 **Q.** And, presumably, you know there isn't one in  
19 Guysborough or Antigonish, Nova Scotia, but it takes eight  
20 hours. It's critical to Lionel Desmond's rehabilitation. Would  
21 you agree? It's critical to his rehabilitation.

22 **A.** I know you want me to say it's critical.

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1 Q. You don't have to ...

2 A. I ...

3 Q. You don't have to take my word for it. I can show you  
4 where Ste. Anne's has indicated that in order to get a handle  
5 and understanding of treatment for Lionel Desmond, you need a  
6 neuropsychological assessment. I could show you that passage.  
7 But do you agree that it was critical to Lionel Desmond's  
8 rehabilitation that he needed a neuropsychological assessment?  
9 Do you agree with that?

10 A. "Critical" is not the word that I would use.

11 Q. What word would you use?

12 A. I agree. I agree that it could've provided important  
13 insight into his rehabilitation, yes.

14 Q. Would you agree that Ste. Anne's had specifically said  
15 that in order to begin to understand the trauma treatment and  
16 the various struggles he had, we strongly recommend a neuro- ...  
17 strongly recommend a neuropsychological assessment? Yes?

18 A. Yeah. I don't disagree with their recommendation.

19 Q. In terms of level of importance for it navigating his  
20 rehabilitation plan as he left Ste. Anne's, would you agree that  
21 that neuropsychological report was very, very important?

22 A. Well, if I may, I would like to take the opportunity



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1 to explain my reasoning for some of the choices that we made.

2 Q. Yes, but I still want you to answer the question of  
3 did you think it was important and to what extent? That's my  
4 question.

5 A. I think it was important.

6 Q. Okay.

7 A. I think it was important. I think it was important.

8 Does that answer?

9 Q. Yes.

10 A. I think it's also important for me to clearly explain  
11 the steps that were taken and not taken in the period that we're  
12 looking at.

13 Q. Sure.

14 A. So he's leaving Ste. Anne's and we haven't, you know,  
15 I mentioned the fact yesterday that Ste. Anne's was talking  
16 about this in June, of something of a specialized assessment,  
17 and I told them, You're in Montreal. You're in a specialized  
18 facility. If there's anything I can do on the VAC end to help  
19 you, you know, to see if we can pay for this service, let me  
20 know. I will ... so the offer was there. So, to the end of  
21 treatment, then they recommend this at the end of his  
22 specialized treatment.

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1           Okay. He is moving provinces. He is losing the providers  
2 who are actually doing the work with him. So when I look at the  
3 recommendation for a neuropsych assessment, I'm not saying it's  
4 not important. I'm saying, Okay, so if all of our energy right  
5 now is going into finding a neuropsychologist who can do a  
6 neuropsych assessment, and having the veteran put in the energy  
7 to participate in this assessment - it's not a sort of a light  
8 thing to do - who is going to be working with him once we have  
9 the recommendations?

10           So I can receive recommendations from a neuropsych as a  
11 case manager, but I can't necessarily put into a practice what  
12 it is that will help in terms of his psychotherapy.

13           So, hence, why, if you want me to say we prioritized this  
14 over that, I thought, we need to have providers in place. If he  
15 had been released in New Brunswick, yes, we could've said, Hey,  
16 there's that one provider. Let's get the neuropsych assessment  
17 done. And who would've run with the neuropsych assessment? Dr.  
18 Njoku, Dr. Murgatroyd. But we didn't have these people in Nova  
19 Scotia.

20           Q. I'm going to break it down so we can have a  
21 question/answer. And you presumably knew where Lionel Desmond,  
22 or a resource where Lionel Desmond could get a

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1 neuropsychological assessment. You had done one simultaneously,  
2 or before, for someone else.

3 **A.** In New Brunswick.

4 **Q.** In New Brunswick, which is, would you agree, that  
5 Lionel Desmond is very familiar and used to driving back and  
6 forth between New Brunswick and Nova Scotia?

7 **A.** Okay. Yes.

8 **Q.** Yes. We're not talking about a neuropsychological  
9 assessment, in fairness, in Las Vegas. We're talking about a  
10 neuropsychological assessment in a province that he's familiar  
11 with, that he travelled routinely. Did you ever tell Lionel  
12 Desmond, I know where you can get this neuropsychological  
13 assessment that they say is important in your Ste. Anne's  
14 discharge report? Did you ever have that discussion with him?

15 **A.** No. No, I didn't.

16 **Q.** Why not?

17 **A.** And I can't say ...

18 **Q.** Why not?

19 **A.** Well, I can't say on the record ... I can't say on the  
20 record that I knew this person at that time, like I ... those  
21 days are not clear in my mind, and to be fair.

22 **Q.** Why were you keeping ...

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1           **A.**    And the other ...

2           **Q.**    Why were you not ... If you presumably did it ...

3           **A.**    I'm not keeping anything ...

4           **Q.**    If you did it for someone before, and you said you  
5 did, why not do it for Lionel Desmond? Why not arrange for that  
6 neuropsychological assessment or, at a minimum, have a  
7 discussion with him as to where he can go to get one?

8           **A.**    Okay, so I understand that, in your mind, it's clear  
9 that I know a provider, the provider is in New Brunswick, and  
10 that I can arrange that. To me, it's not that simple.

11          **Q.**    You said you knew. You said you knew one.

12          **A.**    I know, but I'm telling you that I don't know if my  
13 other client saw that provider later that fall. I don't know  
14 when it was. I know that I had these two people on my caseload,  
15 so I can't say for sure that, at that time, I knew the provider,  
16 I could be in touch, and that we can make this happen quickly.  
17 There's also wait times.

18                So without making excuses, I am just trying to explain to  
19 you why, initially, the energy went into trying to secure the  
20 CCM and the other professional resources who could take the  
21 recommendations - the eventual recommendations - from a  
22 neuropsychological assessment to inform their work with Mr.

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1 Desmond.

2 Q. You indicated yesterday that you were waiting for  
3 Helen Boone, as clinical care manager, to help assist in trying  
4 to find someone to do a neuropsychological assessment. You  
5 indicated that on the record yesterday.

6 A. Yes. I asked her.

7 Q. Why were you waiting?

8 A. Pretty sure I asked ...

9 Q. Why were you waiting for her if you knew?

10 A. I don't ... I'm telling you that I don't know if I  
11 knew, at that very moment, the provider in New Brunswick. Like  
12 I can't say that for sure. I'd have to have access to my other  
13 client's case notes and it ...

14 Q. Exhibit 1- ... Go ahead. If you ... Go ahead.

15 **(15:30)**

16 A. Well, I just ... it's okay, I think I've said what I  
17 need to say.

18 Q. Exhibit 116, page three. Just to sort of clarify, I  
19 want to put the passage to you so I wasn't paraphrasing. This  
20 is directly out of the Ste. Anne's report that was provided to  
21 you and it's under "Recommendations", the very first item under  
22 recommendations from Ste. Anne's and it reads: "Firstly, due to

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1 observed and reflected difficulties in the area of behaviour  
2 inhibition and memory as well as reported incidents in which  
3 head injuries might have been present, we recommend a detailed  
4 neuropsychological evaluation."

5 **A.** Mm-hmm.

6 **Q.** And then I'm going to turn to ...

7 **A.** Can I ...

8 **Q.** Sure, go ahead.

9 **A.** Can I ask something?

10 **Q.** Sure.

11 **A.** In the recommendation it also talks about "continued  
12 work involving skills and emotional regulation would also seem  
13 beneficial in helping the client manage life stressors,  
14 particularly emotional self-regulation". So what I'm ... I  
15 guess what I'm trying to say is I understand that this a  
16 recommendation, the assessment, and that it is important but  
17 where there were a number of things that needed to be put in  
18 place, we had to prioritize something and I'm just trying to  
19 explain why I prioritized the providers.

20 **Q.** That's fair, that's certainly fine. If we turn to  
21 page four, the next page, under Ms. Beauchesne, she was the  
22 occupational therapist at Ste. Anne's. Probably the second last

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1 sentence it says, in that first paragraph: "Mr. Desmond gave his  
2 consent to a screening evaluation for mild cognitive  
3 dysfunctions. The MoCA test was used for this purpose. The  
4 results of the evaluation did indeed indicate the presence of  
5 mild cognitive dysfunction." And then again, if we go under  
6 "Recommendations" just below that, again they repeat: "A  
7 neuropsychological evaluation is recommended in order to  
8 determine Mr. Desmond's cognitive capacities." So they  
9 highlighted, you would agree, more than once in the report?

10 **A.** Mm-hmm.

11 **Q.** So I'm going to move on to this concept of a  
12 functional assessment. They make, the same page four under  
13 "Recommendations", they refer to, Ms. Beauchesne says: "A  
14 functional assessment by an occupational therapist is also  
15 strongly recommended in order to determine the client's actual  
16 functional capacities or limitations having a clear portrait of  
17 the actual impact of cognitive deficits on the client's  
18 functioning, if any, will serve to orientate treatment." Did  
19 you ever reach out and assist Lionel Desmond in coordinating  
20 occupational therapy services between leaving Ste. Anne's and  
21 his death?

22 **A.** No, we weren't there yet.

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1           **Q.**    Why not?

2           **A.**    Because as I mentioned, we were trying to coordinate  
3 other also very important services and I appreciate that, well I  
4 can't say actually what you're thinking about this, but we have  
5 a person leaving treatment and we have a series of  
6 recommendations and we have no providers and we have to hit the  
7 ground running with that. There has to be priorities. So if  
8 what you're suggesting is that I prioritized the wrong things, I  
9 mean that's okay that you ...

10          **Q.**    Do you think in your role as case manager that VAC,  
11 given your caseload, allowed you an opportunity to the time to  
12 reflect and the time to prioritize these things and the time to  
13 sort of simultaneously line all these up, did you have  
14 sufficient time to do that?

15          **A.**    No. Well, no, when you consider the amount of people  
16 like ... and, again, this is not me dismissing Lionel Desmond or  
17 his problems but he is one of anywhere from 35 to 40 people  
18 needing coordinated services, okay. So I understand when you  
19 say things like, Could you be more proactive? Of course I could  
20 if I had ten people on my caseload or if I had ... so there's  
21 not reality and I know it's easy to lose sight of that. But in  
22 terms of did we have time to sit back, reflect, there were



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1 things in place like the interdisciplinary team meeting,  
2 consultations with the mental health officers or other experts,  
3 so those things existed as supports. They also required time so  
4 we had to prepare for those meetings, we had to present cases,  
5 we had ... so I don't know, I guess, what more I can say to  
6 demonstrate the ...

7 **Q.** And I want to be very fair to you in my question that  
8 you may perceive the questions as you feeling as though you  
9 didn't do it and why didn't you do it and you should have done  
10 it. Part of the questioning is trying to find things were  
11 suggested to happen and they didn't happen and we're simply,  
12 through questioning, trying to learn as to why they didn't  
13 happen. For example, is there a reason why maybe Lionel  
14 Desmond, the topic of neuropsychological assessment, the topic  
15 of functional assessment didn't become a part of an  
16 interdisciplinary team meeting within VAC. Do you have an  
17 explanation for that?

18 **A.** Like is there a reason for that? Probably because I  
19 used the time with Mr. Desmond to focus on other things but what  
20 I also want to qualify is that they did not, they hadn't  
21 happened yet. I understand that it can seem like a big gap of  
22 time but there is no one, well, I can only speak for myself but

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1 saying that these recommendations were not important and were  
2 forgotten. So had Mr. Desmond, and I'm not faulting him for  
3 this, I'm just doing a comparison, had he released to New  
4 Brunswick where he already had providers in place, he would have  
5 been right back in with his psychologist and his psychiatrist.  
6 Perhaps the neuropsych would have been the first thing that we  
7 would have tried to initiate because those resources were in  
8 place to continue to work.

9 Q. So you know in July that that's not going to happen,  
10 he's going back to Nova Scotia.

11 A. End of July.

12 Q. End of July.

13 A. Yeah.

14 Q. Was there a reason why he wasn't put on the docket of  
15 the interdisciplinary team and say, We've got this gentleman  
16 who's got a long list of significant needs, why isn't he put on  
17 the docket of interdisciplinary team meetings where you can  
18 coordinate with that team of in-house specialists and they can  
19 say, You know what, I can find him this, I can find him that.  
20 Why didn't that take place?

21 A. Well, it's not necessarily how that rolls, they don't  
22 necessarily find things for you, they tell us.

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1           **Q.** Or sit down, well why didn't you sit around the table  
2 and they suggest things, why didn't that happen?

3           **A.** Because I probably chose to use my time otherwise. I  
4 chose to consult directly with the mental health officer because  
5 the one-on-one consultations, like that's the answer I can give  
6 you today. There's no ... I agree that it's not a bad idea to  
7 bring this to IDT but essentially when we're having the meeting  
8 with Ste. Anne's there is an IDT, like they are essentially an  
9 IDT, you know, making recommendations and whatnot so when I came  
10 out of that conversation and they said the neuropsychological  
11 assessment will be coming through the final recommendations, I  
12 made note of that, it was my own notes. But I came out of that  
13 with, okay, the unanimous ... everybody around the table was  
14 saying, yes, a CCM because there's going to be a lot of things  
15 that need to be put in place given the move and so I contacted  
16 the mental health officer and focused on that initially.

17           **MR. RUSSELL:** I'm wondering, Your Honour, if we could give  
18 the witness a break. I figure I will be finished by 4:30.

19           **THE COURT:** Okay. So what we'll do is we've been going  
20 for almost two hours so Ms. Doucette, I think we'll take a  
21 break, thank you. Let's take a break until 4 o'clock.

22           **A.** Okay, thank you.

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1           **THE COURT:**       That's about 20 minutes, okay. All right,  
2 thank you very much.

3           **COURT RECESSED           (15:40 HRS)**

4           **COURT RESUMED           (16:03 HRS)**

5           **THE COURT:**       Mr. Russell, the clock is ticking.

6           **MR. RUSSELL:**    Yes, I'll move it along, Your Honour.

7           Ms. Doucette, in the Ste. Anne's report I'll list a few  
8 things that were identified as things either Lionel Desmond was  
9 looking for post-Ste. Anne's or was recommended by the Ste.  
10 Anne's team in August of 2016.

11          **A.**    Mm-hmm.

12          **Q.**    The Wounded Warriors Program, neurofeedback therapy,  
13 continuation to address alcohol and substance abuse which had  
14 been in remission at the time, as well as trauma for healing.  
15 In your opportunity as the case manager, those items, did they  
16 ever get sort of put in place after Lionel Desmond left Ste.  
17 Anne's? I can repeat them if you wish.

18          **A.**    No, that's fine. I don't believe that he had gone for  
19 neurofeedback. Trauma for healing he talked about, he mentioned  
20 actually in passing before where he said that would be a  
21 potential interest of his but I'm not sure that that connection  
22 was made, I certainly did not initiate it and, yes, you can

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1 repeat now because I'm probably forgetting.

2 Q. Yeah, sure, sure. Wounded Warriors Program?

3 A. I've heard the terminology but I'm not 100 percent  
4 sure.

5 Q. Okay. And anything in terms of ...

6 A. Except for ...

7 Q. ... and anything put in place in terms of maybe  
8 continuation with alcohol or substance abuse issues in the past,  
9 were any resources put in place?

10 A. Specific to alcoholism and substance abuse, no,  
11 although that is something that a psychotherapist may be able to  
12 report with.

13 Q. Okay. And do you recall what Lionel Desmond's  
14 reaction was to being assigned a case manager on November 27,  
15 2015?

16 A. When I first started working with him?

17 Q. Yes.

18 A. Well, there were ... I think I mentioned yesterday  
19 that engagement was sort of positive and it wasn't, like it  
20 wasn't a challenge to meet with him and ...

21 Q. I guess my ... you might have misunderstood my  
22 question or I didn't ask it probably. Did he seem happy that he

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1 finally got a case manager with Veterans Affairs?

2 **A.** Yeah, it's fair to say that he seemed happy.

3 **Q.** In terms of if we turn to Exhibit 292, pages  
4 eight to ten, we're going to refer to, well  
5 really eight and nine. So this is the  
6 client screening document. We know that the  
7 date of this given, based on the  
8 supplemental we received, this was on  
9 November 27th of 2015 and it says, "Mode of  
10 contact - by telephone". This is a  
11 conversation you had with Lionel Desmond on  
12 this particular date. On page nine up at  
13 the top it says "Reasons for  
14 Contact/Comments": "Client returned writer's  
15 call and expressed being pleased to have  
16 finally been assigned a case manager." And  
17 then under "Screening Comments" it  
18 indicates: Without being probed,  
19 client spoke at length regarding his family  
20 situation which he describes as difficult at  
21 the moment. His (immediate relationship)  
22 ... his intimate relationship is unstable

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1           and he has been back and forth between his  
2           home in Oromocto and his wife's family home  
3           Nova Scotia. Client and his wife have an  
4           eight-year old daughter. Client said he saw  
5           OSI clinic psychologist in Fredericton  
6           today, plans to see him again next week.

7           And on that particular day, did anything seem unusual about  
8   Lionel Desmond that would have prompted you or caused you any  
9   concern?

10          **A.**    During that phone call?

11          **Q.**    Yeah. I guess if there was, would you have noted it?

12          **A.**    Well, yes, more than likely. I see that I did a quick  
13   assessment of risk of self-harm or suicide so he potentially  
14   would have said something that prompted me to ask that question  
15   but I don't recall anything specific.

16          **Q.**    So I'm just trying to get ... sorry, in your practice  
17   as a case manager, when you did that assessment for suicide or  
18   self harm, would there be notably something that would have  
19   prompted you to sort of switch into that mode and say, Look, I'm  
20   gonna do a little assessment here of suicide and self-harm,  
21   would something have prompted that?

22          **A.**    You mean, sorry, I'm just ... I just want to be clear,

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1 you mean something in the system or just within the  
2 conversation?

3 Q. Just in the conversation based on what he would have  
4 told you.

5 A. Struggling to cope with mental health symptoms. So,  
6 yeah, it was probably just in the discussion of his struggles, I  
7 saw a need to check in. It's not out of the ordinary that we  
8 will check in with a client but I don't usually do it just  
9 randomly either so I can assume ... we can assume that he would  
10 have said something that prompted me to ...

11 **(16:10)**

12 Q. And you indicated he's not thinking of suicide or  
13 self-harm. Totally understand that there's no proven  
14 scientific method or instrument that someone could get hooked up  
15 to and they can ... suicide or self-harm and it's not that  
16 simple or easy but based on your interaction that day and your  
17 questions of him, would you say the answer was no, he did not  
18 appear to be at any risk for suicide or self-harm?

19 A. Yes, if I wrote it down that way then that would be  
20 the case.

21 Q. And naturally, had there been you would have taken  
22 action and alerted authorities if proper, that sort of thing?



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1           **A.**    I would have done a more thorough assessment of the  
2 risk and, if needed, alert authorities, yes.

3           **Q.**    My point of bringing this up and pointing it out is we  
4 almost have sort of a complete turnaround because on November  
5 27, 2015, on that particular date, we know that Lionel Desmond  
6 is in New Brunswick, Shanna Desmond phones the police, that's  
7 one of the first encounters Lionel Desmond has with the police  
8 where she expresses to the RCMP that she had concerns about him  
9 and his reference to suicide and that's when they go and they  
10 retrieve his guns. And I'm just sort of curious that they seem  
11 to be very two extremes on the same day and it's not often that  
12 we have interactions with two entities that have two different  
13 experiences. Was there anything in the conversation with you  
14 that would really suggest that that particular night he was  
15 going to threaten self-harm?

16           **A.**    No, like I said, I would have noted that and I would  
17 have taken the proper steps to address the risk.

18           **Q.**    Based on sort of your recollection, do you find it  
19 somewhat surprising that you could go from having this  
20 conversation in the afternoon and asking him directly, I guess,  
21 and him saying he's not thinking of suicide or self-harm to  
22 actually making that threat later on in the evening?

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1           **A.**    Am I surprised?

2           **Q.**    Yes.

3           **A.**    I mean I didn't know Lionel Desmond very well at that  
4 time, I was just meeting him but if I think in general terms,  
5 it's quite possible that someone would feel okay in the  
6 afternoon and then later in the day, for "x" reason, struggle  
7 with a thought of suicide. Yes, it can fluctuate like that.

8           **Q.**    Okay.

9           **A.**    And the reason I ... if I can add, like the reason I  
10 say that is that's our training, that's all the training that we  
11 get and that we're expected to refresh in our field speaks to  
12 that, that when we do safety planning we're in the immediate and  
13 then in the hours that follow there's no guarantee, like we  
14 can't predict what's going to happen.

15          **Q.**    Okay. And if we turn to Exhibit 117, page 11, there's  
16 an entry from July 28, 2016, there's actually more than one, I  
17 just want to make sure we get the proper one.

18          **A.**    Mm-hmm.

19          **Q.**    I'm going to try to move on quickly. Without seeing  
20 it, I know that in this particular date he called you and you  
21 made a reference that he was too agitated. You said he was too  
22 agitated to be talking about coping strategies or to reason. He

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1 eventually apologized, stated he could not continue to talk and  
2 abruptly ended the call. Have you had similar experiences on  
3 more than one occasion with Lionel Desmond that were similar to  
4 this or was this a one-off?

5 **A.** It's a one-off in the sense that he apologized and  
6 ended the call prematurely, he had never done that on any other  
7 occasion before or after. It's not out of the ordinary in the  
8 sense that, like I mentioned earlier when speaking with Judge  
9 Zimmer, that he had times where he was feeling very emotional  
10 and would call and the only thing that we really could do at  
11 that time is go into sort of helping mode and support. So it  
12 had happened before that he had been very emotional over the  
13 phone. This was specifically in reference to feeling upset  
14 about the travel for his wife and daughter not being paid if I  
15 remember correctly.

16 **Q.** Did he ... as a rule were you able to ... did you find  
17 that he was able to sort of come down from the anger or was it  
18 difficult to get him to sort of diffuse, as a rule, in your  
19 interactions with him?

20 **A.** On that day it was obviously more difficult for him  
21 and he chose to hang up the phone and I can only make  
22 assumptions as to why but my assumption was that he didn't want

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1 to be verbally aggressive towards me or and I've experienced  
2 that with other clients as well. As a rule, I'd say when he  
3 would call and feel very emotional, there was the time at that  
4 moment on the call was spent just trying to help him find a  
5 state of calmness and then usually whether on the same day or in  
6 the days that followed, a follow-up call where we could sort of  
7 discuss in a more focused way.

8 Q. Okay. Exhibit 117, page four. If I could just have  
9 one second, I think I might be on the wrong page. I apologize,  
10 page 15. I'm going to put to you a series of progress notes you  
11 made over four dates in May. They're going to be May 16, May  
12 20, May 25, and May 30 so these all predate and are very close  
13 in time to Lionel Desmond going off to Ste. Anne's.

14 A. Yes.

15 Q. So if we first look at May 16th, it indicates at the  
16 first progress note, it states: "He stated he is worried about  
17 his marital relationship. He said he believes his wife has  
18 divorce papers in her possession that she often refers to  
19 jokingly. The jokes he said cause him to be concerned."

20 If we turn to page 14, May 20th, I'm trying to find it  
21 here, the second progress note: "He was ... he was expressed, he  
22 was having a hard day, described some hurtful communication he

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1 had with his spouse today and stated she has ruined his life.  
2 Case manager attempted to help him strategize what he has to do  
3 before his departure for Montreal."

4 If we turn to page 13, May 25, 2016, it's another phone  
5 call between you and Lionel Desmond.

6 He expressed he was having a bad day and  
7 proceeded to tell case manager how his wife  
8 continues to play games with him and mess  
9 with their already precarious financial  
10 situation. It took many attempts before  
11 case manager could diffuse the situation as  
12 he kept raising his voice as he ranted his  
13 frustrations.

14 Then above that, the fourth entry, May 30th, again it's a  
15 conversation between you and Lionel Desmond. You note: "He  
16 was talkative and looking forward to the time he will spend at  
17 Ste. Anne-de-Bellevue. However, remains upset about the status  
18 of his marital relationship. He and his spouse are not getting  
19 along and he feels she is playing mind games with him."

20 So in total we have four different phone calls: May 16, 20,  
21 25 and 30, all with the recurring theme of Desmond being upset  
22 with his wife. Would you agree that that was the source of his

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1 frustration?

2 **A.** Yes.

3 **Q.** And did it seem, in particular, in your interactions  
4 with him up to that point, we know that he expressed similar  
5 frustration before but these all seem to cluster together just  
6 as he's going to Ste. Anne's. Did he seem to be more focused  
7 and frustrated with the relationship than normal during this  
8 short period of time of about a week?

9 **(16:20)**

10 **A.** I guess you could say that, yes. Like he ... there  
11 were times where he ... other times where he'd talk about the  
12 difficulties but he was particularly upset at that time.

13 **Q.** He's referring to divorce papers, he's saying she's  
14 playing hurtful games, she's ruined his life. Did you get a  
15 sense of what was going on between the two of them at that  
16 particular moment in time? Did he ever say what was happening?

17 **A.** Well, I can gather from what he was saying that his  
18 wife was contemplating leaving him or like officially separating  
19 so that could reasonably be a cause for him to be more upset  
20 than normal. Finances were often mentioned, too, mixed in.

21 **Q.** And I believe you indicated ...

22 **A.** Yeah ...

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Russell**

1           **Q.**    Sorry, and I believe you indicated as well, before  
2 he's coming out of Ste. Anne's you might have had a conversation  
3 with Kama Hamilton, that she didn't give you maybe all the  
4 details but she had some sort of call that she initiated with  
5 Shanna Desmond, do you recall that?

6           **A.**    Yes, yes.

7           **Q.**    Did you get a sense of how that went? Did Kama  
8 Hamilton tell you whether that went well or if there was any  
9 concerns?

10          **A.**    Well, not specifically. I do recall seeing my note  
11 where she said that his wife provided some good insight into his  
12 anger, I believe.

13          **Q.**    Did she ever indicate to you that I'll give you sort  
14 of a head's up or idea that, you know, we were privy to some of  
15 those conversations between him and Shanna Desmond while he was  
16 at the clinic and they were heated and they ended with her  
17 hanging up or they still weren't getting along at all?

18          **A.**    Not that kind of detail, no.

19          **Q.**    So I guess we have a scenario where going into Ste.  
20 Anne's, Veterans Affairs knows that he's very upset with his  
21 wife, things aren't going well. As he's leaving Ste. Anne's,  
22 Ste. Anne's knows that he's upset with his wife, things aren't

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1 going well. Looking sort of back, is there any sort of ... was  
2 there room there maybe to communicate between those two entities  
3 to somehow try to figure out how we were going to minimize this,  
4 the potential for sort of a more of a marital struggle once he  
5 got out because it seems like going in and coming out it's  
6 pressing.

7       **A.** I know for sure that both Kama Hamilton and myself had  
8 a conversation about his living arrangements but, and like I  
9 said before, as case managers, we sometimes can suggest things  
10 but we have to be mindful also that we're not there as the  
11 expert so ... and both of us had suggested to him to think about  
12 another plan for accommodations because we knew that there was  
13 the discord and the frustrations and he felt too overwhelmed, I  
14 believe he said, to consider that.

15       **Q.** And so you, as his case manager, your evidence is that  
16 you had made efforts to sort of try to steer him or recommend  
17 that he perhaps move his own way, not go back with her but keep  
18 his distance a little bit?

19       **A.** Not not go back with her, I just ... we talked about  
20 how in the scenario pre-treatment, he had a place in Oromocto  
21 that he tended to still retreat to especially where he found the  
22 in-laws' home to be triggering for him. So it was sort of a



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1 conversation about that saying, Listen, you talk a lot about the  
2 struggles between you and your spouse, you're used to having  
3 this place that you can go to if you feel the need to spend time  
4 alone or I remember talking to him and saying, you know, what if  
5 you had a little apartment somewhere where your wife and  
6 daughter can visit or you can be there by yourself if you feel  
7 like you need to, like that conversation and ...

8       **Q.** And at that point you're trying to gather up, you've  
9 testified to, sort of gather up all the recommendations and find  
10 all the resources. At that point are you aware that there was  
11 anything provincially that could maybe, I know he didn't have a  
12 therapist in the community at that point, he didn't have a  
13 clinical care manager, he did have Dr. Murgatroyd that he's  
14 declined, was there anything else out there for him, in Nova  
15 Scotia, that could assist him in the interim to deal with that  
16 sort of turmoil that was in his relationship and to some extent,  
17 the real focus on his anger as it related to his relationship?

18       **A.** Well, I mean, obviously therapy resources were there  
19 all along as an option. I'm sure ... like I can't say that at  
20 that moment I knew of specific resources. I know that Helen  
21 Boone had directed him to like a family service organization  
22 local to his community but certainly I can imagine that there

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1 are some resources that would have been available.

2 Q. But I guess at the time, you weren't aware of them or  
3 they just sort of weren't on the radar to sort of try to get him  
4 immediately streamlined and suggested that he should access  
5 these services in the meantime, we're going to work on a  
6 therapist, we're going to work on a clinical care manager, other  
7 things, but in the meantime you're upset with your wife, this is  
8 a causing a major problem, check out this service. Were you  
9 aware of any of those and if you were, why didn't you maybe  
10 suggest that to him?

11 A. Well, there's two things, one of which being when I  
12 was having a conversation with him at the point of discharge, he  
13 wasn't expressing to me that he was angry at his wife. I  
14 brought the conversation up because of the historical  
15 frustrations that we had seen. He was actually very eager to  
16 get home, he was saying he wanted to spend the two weeks with  
17 his daughter before school. So in terms of recommending  
18 resources, I mean, I had, like I said many times before, like I  
19 had no indication that the CCM resource would take as long to  
20 set up so we were looking at that as a resource and someone who  
21 could facilitate more easily through the community.

22 Q. Sure.

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1           **A.**    But there's also the piece and this is not me saying  
2   it's not my job but I'm also wondering in my role as case  
3   manager how much is it my place to decide for him and his wife  
4   that they need, you know, I don't know, extra services. Like I  
5   don't know if at the time my thought was that I needed to do  
6   more for their relationship if that makes sense.

7           **Q.**    Okay. I'm looking at the clock and technically I've  
8   got two minutes to ask two different areas. I think it would be  
9   just ...

10          **THE COURT:**       Mr. Russell, I'm going to give you some  
11   dispensation.

12          **MR. RUSSELL:**    Thank you, Your Honour, we're certainly  
13   getting close and these won't be lengthy.

14          **THE COURT:**       Take your time.

15          **MR. RUSSELL:**    In terms of, I'm just trying to get a sense  
16   of your contact with Lionel Desmond towards the end in the fall  
17   and winter of 2016. From the review of your case plan notes and  
18   the, I keep pronouncing it wrong, CSDN notes I believe.

19          **A.**    Yeah.

20          **Q.**    It looks as though the last maybe contact or  
21   communication you might have had with Lionel Desmond was  
22   November 30, 2016?

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1           **A.**    Yeah, possibly.

2           **Q.**    I'm just wondering was there, and I couldn't see any  
3 sort of suggestion that you had any contact or communication  
4 with him in December of 2016, it seemed to be really the only  
5 month that even when he was at Ste. Anne's you had contact. Was  
6 there a particular reason why there was no contact between you  
7 and Lionel Desmond in December of 2016?

8           **A.**    Yeah, I would say because he had connected to his new  
9 providers and he was putting more time into the work with the  
10 CCM and attending some of his appointments in psychotherapy. I  
11 found out after that some were missed but that makes sense to me  
12 that there would have been less of a ... I wouldn't call, no,  
13 dependency's not the word but I mean he ... there were  
14 officially more supports around him so it would be natural that  
15 he wouldn't need me to be so present, if that makes sense.

16    **(16:30)**

17           **Q.**    Yes. Because up until that point, I guess those  
18 services really, they didn't even start to get off the ground, I  
19 guess that's a fair comment between August and the end of  
20 November?

21           **A.**    Well, the services that we were planning for didn't  
22 get off the ground as soon as we had, but I would say that I was

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1 still quite present and offering some of those services. So to  
2 say that he was without services completely, I don't think is  
3 necessarily fair.

4 **Q.** Sure. The last question, and it's more about being  
5 thorough and curiosity. Exhibit 273, page two. It's on August  
6 8, 2017. So we're eight months after the tragedy and created by  
7 M.P. Doucette, which is you.

8 **A.** Uh-huh.

9 **Q.** And then it says: "Writer accessed file information  
10 today as part of a review into circumstances surrounding the  
11 veteran's death." What prompted you eight months later to go  
12 into his file? Because we ... yeah, I guess I'll leave it at  
13 that. What prompted you eight months later to then go back in  
14 his file?

15 **A.** If my memory serves me correctly, I mentioned, I think  
16 it was in the conversation with ... It is Mr. Macdonald, right,  
17 who questioned me yesterday?

18 **Q.** Yes.

19 **A.** I don't know if I'm ... Okay, so he had asked about  
20 VAC officials or higher-ups who would have reached out. So in  
21 the summer of 2017, I was contacted by the chief psychiatrist,  
22 Dr. Alexandra Heber, to just meet and have an informal

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1 discussion about my involvement in the case. So my calculated  
2 guess is that I had access to the file to sort of refresh my  
3 memory on some things before I engaged in that conversation with  
4 her.

5 **Q.** Exhibit 299, these are your notes made post tragedy.  
6 Did you ever indicate when you made those particular notes? Was  
7 that in August 2016?

8 **A.** No, no, it was like ... No, it was two days after. So  
9 I don't remember the days of the week, specifically. I think we  
10 received the news of the tragedy on a Wednesday. So this would  
11 have been the Friday.

12 **Q.** So just so I get it straight, and these particular  
13 notes came at the request of someone from Veterans Affairs as  
14 well?

15 **A.** Through my area director, I believe through the ... It  
16 was from the Deputy Minister's office.

17 **Q.** And the final area that I wish to ask you a few  
18 questions about is the OSI Nova Scotia and Natasha Tofflemire.

19 **A.** Uh-huh.

20 **Q.** And, in particular, Exhibit 147, and then page two.  
21 This is a note that was made by Nurse Natasha Tofflemire. She  
22 was the intake nurse at the Nova Scotia OSI Clinic. Had you

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1 ever seen this note before? Maybe you didn't.

2 **A.** No, I don't believe I have.

3 **Q.** So this is a note she made. I'll read it:

4 Called VAC case manager, Marie-Paul Doucette  
5 (it lists the number) to discuss referral of  
6 client by New Brunswick OSI. Case manager  
7 voiced that client decided to proceed with  
8 the community therapist as he lives in  
9 Antigonish but that she will do a referral  
10 to the clinic for psychiatry as client has  
11 recently done inpatient at Ste. Anne's and  
12 requires psychiatry follow-up. She will  
13 verify if he has a family doctor before  
14 proceeding with the referral. File will be  
15 placed on hold until then.

16 And she has testified to her recollection of that note to  
17 the accuracy of what she believed the discussion was.

18 **A.** Uh-huh.

19 **Q.** You indicated yesterday that you don't recall any  
20 discussion with Natasha Tofflemire as it relates to you, I  
21 guess, undertaking to make inquiries about whether or not Lionel  
22 Desmond had a family doctor.

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1           **A.** I don't remember that specific detail. I think as I  
2 mentioned before, potentially because if that was necessary for  
3 a referral, I didn't consider it a huge hurdle that they would  
4 try to figure out if there was a physician in the local  
5 community. What I'm ... I'm not questioning the note. I'm  
6 questioning the time that the note went in because, obviously,  
7 the conversation that I had with Mr. Desmond about psychiatry,  
8 which I had hoped that he would go to OSI for psychiatry, he  
9 turned down that option. So I don't know if that note went in  
10 before that was confirmed again. So I'm not really sure.

11           **Q.** She indicates and has testified it was on October 6,  
12 2016. This was the conversation she had with you. It was the  
13 initial conversation.

14           **A.** And I remember talking to her. I was on the road.

15           **Q.** And she testified, she said that one of the ... She  
16 didn't quite say it was a prerequisite but it was a preferred  
17 requirement, I guess, I'm going to use the word requirement  
18 loosely, that a veteran have a family physician before they  
19 could access psychiatric services at the Nova Scotia OSI as sort  
20 of a required condition or recommended condition. And do you  
21 remember having any sort of discussion with her about him  
22 needing or preferred that he have a family physician before he



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1 is able to access that service in Nova Scotia, OSI?

2       **A.** I don't recall. I don't recall that specific detail.  
3 However, it is quite possible that we discussed that and that,  
4 you know, and in anticipation of my conversation with Mr.  
5 Desmond, we would see about ... He was returning to his home  
6 community. So, in my mind, there was a chance that maybe his  
7 spouse and daughter were connected to a family physician. So  
8 that's what I mean. I'm not ... I believe her, that we  
9 discussed this, I just don't recall it.

10       **Q.** And I know you recall from your conversation with  
11 Lionel Desmond that he said he would rather access psychiatry in  
12 ... around his area in Nova Scotia.

13       **A.** Yes.

14       **Q.** Do you recall any sort of discussion about him and a  
15 family doctor? Do you recall ever bringing that up to him?

16       **A.** Not specifically, no.

17       **Q.** And do you recall ever saying to Natasha Tofflemire  
18 that one of the things you were going to do after that phone  
19 call was, as she noted, you will verify if he has a family  
20 doctor before proceeding with the referral.

21       **A.** Uh-huh.

22       **Q.** And that she told you that the file was going to be on

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1 hold until then.

2       **A.** Well, this is what I'm questioning. So I spoke to  
3 Natasha Tofflemire that day, I was on the road, the date makes  
4 sense to me. Is this a note from our first phone call?  
5 Probably, because it says nine so ...

6       **Q.** Yes.

7       **A.** So was I telling her at that time, Okay, he already  
8 told me that he would prefer a therapist in the community but we  
9 will seek to get the services of a psychiatrist. Then I follow  
10 up with Mr. Desmond. He tells me, No, I don't want to go there  
11 for psychiatry. And then I am pretty confident that I called  
12 back but, like I said yesterday, I may have left a voicemail  
13 message letting her know that we weren't proceeding with a  
14 referral at that time.

15       **Q.** And the final entry, Exhibit 244, page 42, I'm trying  
16 to find exactly where it is. This is a note from Dr. Murgatroyd  
17 from October 18th of 2016 and he notes a conversation that he  
18 had with Lionel Desmond at 10 o'clock in the morning on that  
19 date. He indicates that: "Writer had a brief chat with Mr.  
20 Desmond. He said he is in the process of being assigned a  
21 family doctor."

22       **(16:40)**

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1           **A.**    Uh-huh.

2           **Q.**    To your knowledge, do you know of anyone that said to  
3 Lionel Desmond that he was going to be assigned or have arranged  
4 for him a family doctor?

5           **A.**    No, I would only know that from him, if he provided me  
6 that information.

7           **Q.**    So I'm just a little curious. So we have Dr.  
8 Murgatroyd saying he hears from Desmond. Desmond tells me he's  
9 being assigned a family doctor. We have Nurse Natasha  
10 Tofflemire saying that you said that you were going to check to  
11 see whether or not he had a family doctor. Do either of those  
12 straddling entries kind of provoke your memory to say, maybe I  
13 did have a discussion with Lionel Desmond about a family doctor  
14 and him having one?

15          **A.**    Not specifically, no.

16          **Q.**    Were you ever under the impression that you could not  
17 proceed with the referral to Nova Scotia OSI because Lionel  
18 Desmond had yet to get a family doctor?

19          **A.**    Like I said, no, because I don't really recall that  
20 being a major detail in my conversation with Natasha. And, in  
21 New Brunswick, he was at OSI Clinic without an assigned family  
22 doctor. So I had no reason to believe that it was a requirement

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1 or that it was mandatory. But then because he decided that he  
2 didn't want to go ahead with that, we didn't ... You know what I  
3 mean, like there was no follow through on the referral. So I  
4 ... like the issue of the family doctor is not ... like it's not  
5 something that I recall.

6 **Q.** And my final question ...

7 **A.** I imagine if I had submitted the referral then  
8 probably I would remember that but ...

9 **Q.** And my final question is, did you ever alert Dr.  
10 Murgatroyd, who was the individual that felt it was important  
11 for Lionel Desmond to go to the OSI in Nova Scotia, and he  
12 articulated why. Did you ever alert Dr. Murgatroyd and tell him  
13 Lionel Desmond is not going end up at the Nova Scotia OSI  
14 psychiatry?

15 **A.** I don't know if I called to alert him of that but we  
16 did have that one phone call prior to (inaudible). So I am  
17 confident that I shared that with him. And I see that Mr.  
18 Desmond himself did the same.

19 **MR. RUSSELL:** No further questions, Your Honour.

20 **THE COURT:** Thank you. Mr. Rogers, Mr. Rory Rogers.  
21 Mr. Rogers, do you have any questions?

22 **MR. ROGERS:** No questions, Your Honour.

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1       **THE COURT:**       Thank you. Ms. Miller?

2       **MS. MILLER:**     Yes.

3

4                             **CROSS-EXAMINATION BY MS. MILLER**

5     **(16:44)**

6       **MS. MILLER:**     Good afternoon, Ms. Doucette.

7       **A.**     Good afternoon.

8       **Q.**     My name is Tara Miller and I am counsel representing,  
9     personal representative of Brenda Desmond, Cpl. Desmond's  
10    mother, and Mr. Macdonald and I share representation of Aaliyah  
11    Desmond, Cpl. Desmond's daughter.

12            So you've been asked a lot of questions over the last two  
13    days. I will try to be very focussed. I do want to go back in  
14    time to yesterday and just review and make sure I understand a  
15    little bit more about your background and I may have missed some  
16    of this yesterday.

17       **A.**     Okay.

18       **Q.**     Your degree in Social Work, when did you complete that  
19    degree?

20       **A.**     My initial Social Work degree, I completed December of  
21    2009.

22       **Q.**     And then where did you work from that point up until

**MARIE-PAULE DOUCETTE, Cross-Examination by Ms. Miller**

1 when you indicated you joined the Federal Public Service in  
2 2011?

3 **A.** My first year out of Social Work school, I guess, is I  
4 worked in a nonprofit sector with the Canadian Red Cross. I was  
5 coordinator for a prevention education program, violence  
6 prevention education program.

7 **Q.** Did you have any case management experience in that  
8 role?

9 **A.** In that role, specifically, no. It was more teaching  
10 and community partners and et cetera.

11 **Q.** And then did you move from that role at the Canadian  
12 Red Cross into the Federal Public Service, and I think you said  
13 as a community parole officer with Corrections Canada?

14 **A.** Yes, in 2011.

15 **Q.** And in January of 2011?

16 **A.** No, it was May, I believe.

17 **Q.** And if I understood your evidence from yesterday, you  
18 spent four years there in that role?

19 **A.** Not quite but between three and a half and, yeah.

20 **Q.** And your role as community parole officer with  
21 Corrections Canada, where was that position?

22 **A.** The first two years I was in the Saint John, New

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1 Brunswick parole office, and then moved into the Fredericton  
2 parole office. The cities are an hour away, if you're familiar.

3 Q. And at some point, I think you said in 2013, you  
4 started your Masters in Social Work?

5 A. Yes, on a part-time basis.

6 Q. And you completed that in 2016, your Masters.

7 A. Yes.

8 Q. And so your role with Corrections Canada, did that  
9 involve any case management?

10 A. Yes, very intensive case management, in fact.

11 Q. And how did that differ, if at all, from the case  
12 management that you then did when you joined VAC?

13 A. One of the big difference was, it was a mandated  
14 clientele. So I'm sure you understand the term so, essentially,  
15 I worked primarily with men being released from federal  
16 institutions and they didn't really have a choice but to work  
17 with me. So I had an ongoing caseload and another big  
18 difference is the expected frequency of contact. So because  
19 they were mandated clients and they have a number of conditions  
20 ... You're a lawyer, I don't have to explain everything to you  
21 but there was an expected, a very firm expectation in terms of  
22 how often you would meet the clients in person. So that was a

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1 difference and in terms of sort of the authority that you had  
2 over the clients. Because if, of course, conditions were  
3 breached and you were responsible for making the call if they  
4 were returned to incarceration or modification of the community  
5 release plan.

6 **Q.** Okay. So would you have worked with health care  
7 providers as you did with VAC in terms of making sure medical  
8 services and supports were in place with that cohort of clients  
9 that you had when you worked for the Federal Public Service at  
10 Corrections Canada?

11 **A.** To some degree but not as much. So when I was at  
12 Correctional Service, followed up a lot and, as I said, clients  
13 in setting up the mental health counselling. So psychology,  
14 psychotherapy, I'm trying to think. Not a whole lot of  
15 interaction with physicians but psychiatrists out of the  
16 institutions and, what other health services. I'm trying to  
17 think of other health services. We had some nursing within  
18 Corrections. So I wasn't too involved in medication management  
19 but just sort of liaising with clients sometimes and the people  
20 who were responsible for that.

21 **(16:50)**

22 **Q.** Is it the same sort of experience when you worked with



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1 Corrections Canada in collaboration as you described with Cpl.  
2 Desmond that you were trying to empower him with the ability to  
3 set this up himself or did you play more of a role in terms of  
4 executing the setting up of the mental health services when you  
5 worked with Corrections Canada?

6       **A.** There was some expectation on the client that they  
7 would ... Basically, they would arrive to the community with, I  
8 forget the proper terminology, it's been a while, but there  
9 would be a community plan that we had made for them prior to  
10 their release and some expectations were laid out in there. So  
11 if it was expected that they would be connecting with  
12 psychotherapy counselling then, yes, the onus could be on the  
13 client to do that and then my role was more as sort of  
14 monitoring, making sure they're going, attending appointments.  
15 And I wouldn't get like the details of their discussions with  
16 therapists, for example, but I had to do the collateral contact  
17 checks. If I compare that with Veterans Affairs, I'd say, yeah,  
18 in both roles, there was some onus on the clients to set up some  
19 of their services and then if in a case where the person really  
20 was not able to, then we could provide a little bit more  
21 support.

22       **Q.** And in that group of men that you worked with that

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1 were being released from federal institutions, are you able to  
2 say how many of them would have had PTSD?

3 **A.** No, not with, not with any certainty because they  
4 weren't ... like we weren't privy to all specific diagnoses for  
5 the clients. Like they had a health care file parallel to their  
6 Corrections file. So I definitely worked with some people who  
7 had PTSD but it wasn't sort of the focus of my work with them so  
8 I couldn't give you a number.

9 **Q.** When you moved in September to Veterans Affairs, I  
10 think you said you arrived in September and, really, the next  
11 couple of months were focussed on training.

12 **A.** Uh-huh.

13 **Q.** I just want to make sure I've understood your evidence  
14 from yesterday in terms of that timeframe.

15 **A.** Yes.

16 **Q.** I captured that Mr. Desmond was in the first set of  
17 clients that you received after your training was complete.

18 **A.** Yes.

19 **Q.** And I think you said you had about six clients that  
20 would have been given to you in late November 2015.

21 **A.** Yes, I don't remember if ... Yeah, somewhere around  
22 that.

**MARIE-PAULE DOUCETTE, Cross-Examination by Ms. Miller**

1           **Q.**    And so is it fair to state that he would have been the  
2 first military veteran that you worked with that had PTSD  
3 arising from military service?

4           **A.**    Oh, well, not necessarily the first because there were  
5 other veterans assigned to me at the same time and I'm trying to  
6 think, in Corrections, I think I may have had a few clients who  
7 had had a short career in the military but I can't ...

8           **Q.**    Who had a short career in the military and had PTSD in  
9 Corrections or just people that had had a career in the  
10 military?

11          **A.**    I can't recall for sure.

12          **Q.**    So to the best of your recollection, Lionel would have  
13 been the first individual that you would have worked with as a  
14 case manager when you arrived at Veterans Affairs. There were  
15 six of them and maybe some of them had PTSD diagnoses but  
16 definitely he was in the first six that you would have ever  
17 worked with.

18          **A.**    Fair.

19          **Q.**    And I think you said yesterday as well that Lionel was  
20 your only client who ended up going to Ste. Anne's, the  
21 inpatient facility. That's how I understood your evidence.

22          **A.**    Yes, I think I thereafter worked with people who had

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1 previously gone to Ste. Anne's but that I was in charge of the  
2 facilitating his admission, yes, I believe so.

3 **Q.** So from your time at Veterans Affairs, when you first  
4 got clients in late November of 2015 to when you left in January  
5 of 2019, Lionel would have been your only client that you would  
6 have facilitated the attendance and admission to Ste. Anne's and  
7 then the discharge from, is that correct?

8 **A.** Yes. If I may qualify, though, I had some other  
9 clients who were admitted to different inpatient treatment that  
10 was not Ste. Anne's but specific to Ste. Anne's, yes.

11 **Q.** How many other of your clients prior to May/June of  
12 2016 would have been admitted to other inpatient treatment  
13 centres?

14 **A.** Oh, prior to May/June? I'm not sure. I don't know.  
15 I can't recall if there were any that were prior. I just mean  
16 over the course of my work with Veterans Affairs I had other  
17 people who were in inpatient treatment.

18 **Q.** Fair enough. So it's possible that Cpl. Desmond was  
19 not the only client that went to Ste. Anne's but he would have  
20 been the first client that you had dealt with while at Veterans  
21 Affairs in your role as case manager by the time he did go to  
22 Ste. Anne's in the summer of 2016.

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1           **A.**    It's possible.

2           **Q.**    Just a quick question.  We heard from Mr. Marshall ...  
3 Well, we heard, of course, from Helen Boone and we heard from  
4 Mr. Marshall.  One of the questions that came up was the BHSOL  
5 training.

6           **A.**    Uh-huh.

7           **Q.**    And neither one of them seemed to have a clear recall  
8 of exactly what the training was and how it was delivered and  
9 how long it took.  However, you did say yesterday, I think, that  
10 you had done that training.

11          **A.**    Yes.

12          **Q.**    Can you share with us from your experience, Ms.  
13 Doucette, what was that training?  Was it online?  Was it in  
14 person?  How long did it take?

15          **A.**    What I recall from the training is that it was  
16 delivered online but sort of live.  So it wasn't ...  There may  
17 have been a component that you needed to do at your own pace but  
18 there was definitely like a live component.  And I believe, it  
19 was a while ago, but I believe it could be completed in the  
20 course of one day.

21          **Q.**    And was it delivered to you and others or was it  
22 delivered to you individually?  Like did it ...  I'm just trying

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1 to get a sense did there need to be a group of people?

2 **A.** Me and others.

3 **Q.** You and others.

4 **A.** Managers, yeah.

5 **Q.** All right. I want to move now through some of the  
6 documents, just with some questions. I wanted to pull out, Ms.  
7 Doucette, to see if you had any additional information you could  
8 share with us.

9 I'm looking at Exhibit 273 and I am at page 17. And I am  
10 looking at an entry of ... Sorry, just for the record, these are  
11 the CSDN notes, the paper file, the online paper file, as you  
12 described it.

13 **A.** Yes.

14 **Q.** That would have involved the touch and contact with  
15 various people in VAC. And I'm looking at a chart, an entry  
16 dated November 16th, 2015. So this is a couple of weeks before  
17 you are engaged as Cpl. Desmond's case manager. I have to find  
18 it myself. And it says, yes, so November 16th, 9:30, Position:  
19 TAC, Analyst. And then you see social worker visits. It says  
20 provider and there's a number. "Zandra Pinette called for  
21 authorization of individual visits. Assessment not required.  
22 Client is A line with no history of this benefit with MPC link

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1 of PTSD. Approved request up to grid max and advised provider."

2 First of all, I'm going to ask you to translate that, if  
3 you can, for us what some of that means and then I'll ask you  
4 some more specific questions.

5 **A.** Okay, so the A line benefits is the equivalent of the  
6 coverage that a veteran would have through Medavie Blue Cross.  
7 It's referred to also as treatment benefits. I believe Mr.  
8 Marshall had mentioned POCs, programs of choice, like that's all  
9 that same program. So some people who had been at Veterans  
10 Affairs longer would refer to A line coverage, but it's just  
11 another way to call it.

12 **(17:00)**

13 And then the "grid max", it's just the tool that the person  
14 authorizing the requests would've gone into the Medavie Blue  
15 Cross system to see what was the maximum amount that could be  
16 approved for Mr. Desmond.

17 **Q.** And then the position, TAC Analyst. Does that ...

18 **A.** TAC was a treatment authorization centre.

19 **Q.** Okay. And it's in reference to social worker visits.  
20 Are you aware of Cpl. Desmond having been referred to, or  
21 prescribed, social worker visits in and around the middle of  
22 November 2015, just weeks before you started working with him?

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1           **A.** I'm aware of the ... like Zandra Pinette, the name, as  
2 I remember her name as a provider in the Oromocto area. I am  
3 not ... I wasn't made aware of any prescribed or ... It sounds  
4 to me like this would've been a service that Mr. Desmond  
5 obtained on his own. So when veterans use their treatment  
6 benefits, they can initiate this themselves and ... so ...

7           **Q.** Do you have any knowledge or evidence to offer the  
8 Inquiry, Ms. Doucette, as to what the nature of those social  
9 work visits were?

10          **A.** No, I don't.

11          **Q.** All right. I'm going to stay on these notes. And if  
12 we can go to page 16? Actually, I'm going to ... I'm trying to  
13 get a handle on what exactly was the day that you, Ms. Doucette,  
14 would have completed the Area Counsellor Client-Centered  
15 Assessment.

16          **A.** Mm-hmm.

17          **Q.** And I'll tell you why, because the Exhibit 291, which  
18 we'll look at, which is the Area Counsellor Client-Centered  
19 Assessment, is dated January 5th, 2016, but when I look at these  
20 notes on page 16, it looks like your first attempt to meet with  
21 Cpl. Desmond was in person and it was January 12th. You told us  
22 yesterday you went to his home and he wasn't there and you had



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1 to get a colleague to access the phone number. Then if we look  
2 at page 15, you were able to contact him. He was at a funeral  
3 in Toronto.

4 **A.** Yes.

5 **Q.** Yeah. So you didn't do this assessment on January the  
6 5th. Is that fair to say?

7 **A.** Not exactly. If my memory serves correctly, the  
8 assessment was done over two visits. So it is possible that I  
9 started it on the 5th, like that the first visit was on the 5th,  
10 and that he wasn't home the second time. I'm not a hundred  
11 percent sure, but I seem to recall that when he wasn't home, it  
12 was the second time we were going to meet.

13 **Q.** Okay. So if you had met with him the first time, it  
14 would've been January the 5th and then you would've followed up  
15 to complete it a second time, is that what your evidence is?

16 **A.** I think that's how it happened. It's probably  
17 possible to verify that through the notes but ...

18 **Q.** Well, that's why I'm asking what you recall. When I  
19 look at the notes at page 16, the only note ... well, I'll let  
20 you take a look and help you with ... get you to help us with  
21 the translation. I see ...

22 **A.** Mm-hmm.

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1           **Q.**   ... several notes on page 16 that are dated January  
2 5th. One, two, three, four. There's four of them. None of  
3 them seem to refer to doing any kind of an assessment, although  
4 there is a reference at 9:52 to "client screening completed",  
5 but that's an embedded tool, I think you said, in the VAC  
6 system?

7           **A.**   Yes.

8           **Q.**   Okay.

9           **A.**   Yes. So the information in that document would  
10 probably answer our question but ...

11          **Q.**   Okay, the information in the embedded document? Okay.

12          **A.**   Mm-hmm.

13          **Q.**   So let's go to that. That's Exhibit 292 and it's at  
14 page 4 of that exhibit. We understand from the companion  
15 documents that this screen print at page 4 is dated January 5th,  
16 2016.

17          **A.**   Mm-hmm.

18          **Q.**   It says:

19                CM contacted client for purpose of  
20                scheduling a visit to complete AC assessment  
21                and develop rehab plans. He confirmed his  
22                availability for next week. CM also updated

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1 client on communication with OSI Clinic.  
2 Recommendation for referral to inpatient  
3 treatment has been received. Copy of  
4 psychiatry report will assist with CM's  
5 assessment and referral process. Client  
6 expressed he remains interested in the  
7 proposed treatment. He goes on to talk  
8 about good holiday season in wife and  
9 daughter's company. New cell phone number.  
10 He presented as calm ... et cetera.

11 So does that help you with whether you would have met him  
12 in person on January the 5th or this would've been a phone  
13 contact that you initiated?

14 **A.** Well, if it says "phone contact", it was obviously a  
15 phone contact. The reason I question if I did the assessment in  
16 two parts is because I remember reading somewhere - now I don't  
17 know exactly where; probably in one of these notes - that I had  
18 had a short visit with him. And I thought that predated January  
19 12th. I may be confusing some information.

20 **Q.** Okay.

21 So let's go now to that Area Counsellor Assessment. And  
22 one of the things I wanted to ask you, just to make sure I'm

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1 clear, you're the case manager for Lionel Desmond, and if I'm  
2 understanding ... not necessarily Cpl. Desmond, but you can be a  
3 case manager for someone and not have a rehab plan. Is that  
4 correct?

5 **A.** Yes. At that time. Well, we use the same tool but we  
6 call it the "case plan" instead of a "rehab plan".

7 **Q.** Okay.

8 **A.** The rehab is a specific program under the **New Veterans**  
9 **Charter** where case management is, I think I mentioned yesterday,  
10 in instances where a person may need case management support for  
11 some time, but are not necessarily rehabilitating.

12 **Q.** Mm-hmm. Okay. And as someone ...

13 **A.** Or qualifies.

14 **Q.** Sorry. As someone's case manager ...

15 **A.** Sorry.

16 **Q.** ... we talked about your core functions yesterday.

17 **A.** Mm-hmm.

18 **Q.** But is it fair to say that you're an advocate for the  
19 veteran in your role as a case manager?

20 **A.** I'd say we advocate sometime but I wouldn't say we're  
21 purely advocates.

22 **Q.** No, no. I appreciate it's broader than that but, you

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1 know, in your role doing those core functions, certainly the  
2 Veterans Affairs website describes a case manager, or case  
3 management, as "a collaborative process of assessment, planning,  
4 coordination, evaluation, and advocacy for options and services  
5 to meet your (I'm assuming the veteran) needs."

6 **A.** Mm-hmm.

7 **Q.** So, from that, I take it you are an advocate for the  
8 veteran ...

9 **A.** Yeah, yeah.

10 **Q.** ... in establishing all of those ...

11 **A.** I can act as a ...

12 **Q.** ... core functions. Okay.

13 And for someone who is trying to understand, a veteran who  
14 is trying to understand what it means to be a case manager, you  
15 know, I looked at the Veterans Affairs website and I'm going to  
16 read to you what is there and see if you agree with that, from  
17 your perspective. It's under "Do I Need Case Management?" It  
18 says:

19 When the challenge is too much to handle  
20 alone, the assistance of a case manager can  
21 help you and your family. There are many  
22 factors that can lead to a need for case

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1 management services. Some of the most  
2 common include:  
3 An ongoing decline in your physical or  
4 mental health;  
5 Financial uncertainty;  
6 Housing issues;  
7 Family-related stress;  
8 Social isolation; or  
9 Active substance abuse or addiction issues.

10 Does that accord with your understanding, from actually  
11 doing this job, as to what a case manager ...

12 **A.** Yeah. I mean yes, sometimes there's a mix of those  
13 issues but we do ... we ... like we do case management with  
14 veterans who are homeless or at risk of homelessness. So it all  
15 fits. I don't know if it's a complete picture but ...

16 **Q.** Okay. There's nothing in that description on the VAC  
17 website that a veteran would read that you're disagreeing with  
18 in terms of whether or not that's an accurate reflection of case  
19 management?

20 **A.** Exactly.

21 **Q.** Okay.

22 **A.** I wouldn't disagree with that.

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1           **Q.**   And how is a case plan different from a rehab plan?

2           **(17:10)**

3           **A.**   So it's in the type of work that you're doing with the  
4 veteran.   So I can give you an example to describe.

5           So if a veteran is being case managed, not in the  
6 rehabilitation program, it could be for something like they're  
7 at risk of homelessness and need support to access safe housing.  
8 I could be ... I had some clients, I think I mentioned  
9 yesterday, who had a diagnosis of ALS, which is, you know, a  
10 major degenerative disease.   So there was like an overwhelming  
11 amount of service providers that get involved coming to the  
12 home.   So that was another example of a time where I would've  
13 case managed or prepared a case plan for someone who wasn't  
14 necessarily in rehabilitation.

15          **Q.**   Mm-hmm.

16          **A.**   So rehabilitation program itself has more of a ... I  
17 don't want to say "framework", but more clear guidelines as to  
18 who's eligible, what exactly the aim of rehabilitation is, what  
19 we're ... what we can approve and not approve under  
20 rehabilitation.   Like there's a ... there's some funding that is  
21 available through the rehab program that you wouldn't  
22 necessarily access through case management, if that makes sense.

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1 So some of the resources, you can approve. So I don't know if  
2 that helps.

3 Q. Yeah. So everybody could be eligible for case  
4 management of the veteran, but not everybody is eligible for a  
5 rehab plan. If I understand your evidence ...

6 A. Exactly.

7 Q. ... correctly, someone has to apply, make a rehab  
8 application.

9 A. Mm-hmm.

10 Q. And we certainly know from the VSTM notes that Cpl.  
11 Desmond took steps to do that early on.

12 A. Yes.

13 Q. And we understand that his application was submitted  
14 shortly after his release, but it was approved in and around  
15 November of 2015. Correct me if I'm wrong, Ms. Doucette. You  
16 did not have any role in approving his application for rehab?  
17 Is that correct?

18 A. Yes, that's correct.

19 Q. Okay. And so do you normally, or would you ever have  
20 a role in approving someone's application for a rehab plan?

21 A. Yes, because it is part of the core functions of a  
22 case manager. So the person who processed Mr. Desmond's



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1 application and approved it would've been a case manager. And  
2 I've approved a bunch of other ones but we're not always  
3 assigned the case after they become eligible.

4 **Q.** So for Cpl. Desmond ...

5 **A.** So we can't ... yeah, sorry. So my colleague, I think  
6 it was Al Duguay who completed the decision or the ... and then  
7 sent it along to a VSTM, and it was assigned to me as case  
8 manager for the rehabilitation program.

9 **Q.** Okay. And when you would have received Cpl. Desmond's  
10 file for case management through the rehab program, again, I  
11 just want to drill down a little bit more on what information  
12 you can recall that you had access to ...

13 **A.** Yeah.

14 **Q.** ... because I'm not entirely clear from your earlier  
15 evidence. Would you have had access to his Canadian Armed  
16 Forces medical records?

17 **A.** No.

18 **Q.** No. Would you have had access to any of his records  
19 from OSI New Brunswick?

20 **A.** Not his ongoing records but any treatment, summaries,  
21 or recommendations that the providers would've forwarded to VAC,  
22 yes.

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1           **Q.**    Okay.  So if they were ...

2           **A.**    So were ...

3           **Q.**    ... provided by ...

4           **A.**    They keep their own documentation.

5           **Q.**    Okay.  And would you have had a complete copy of Cpl.  
6 Desmond's rehab application and supporting material?

7           **A.**    That, I ... yes, I ... yeah, I'm pretty sure that I  
8 would have had access to that.

9           **Q.**    Okay.  So we are ...  Your Honour, I think, after,  
10 we're going to talk about putting the rehab application in as an  
11 exhibit.  It's found in different pieces.  I think we've located  
12 it.

13           **THE COURT:**       Okay.

14           **MS. MILLER:**       But there's one component of it that is  
15 about three pages of handwriting from Cpl. Desmond which has  
16 been entered as an exhibit earlier through Cassandra Desmond.  
17 It's dated July of 2015.  Your ...

18           **A.**    Okay.

19           **Q.**    Your evidence is that you would've had a complete copy  
20 of his rehab application which would've included the material he  
21 submitted in support of that.

22           **A.**    I believe so, yes.

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1           **Q.** All right. So you're assigned as case manager. You  
2 make contact with Cpl. Desmond. One of the first key things, I  
3 guess, for you to do is to meet with him to do the Area  
4 Counsellor Client-Centered Assessment. And the purpose of that,  
5 Ms. Doucette, if I can summarize, is to inform the case plan and  
6 the plan moving forward for managing Cpl. Desmond or any  
7 veteran. Is that correct?

8           **A.** Yes. Yeah.

9           **Q.** And I think you said earlier today - I wrote it down -  
10 "I was responsible for assessing the state of his health  
11 globally." Those are the words ...

12          **A.** Yeah. That's ...

13          **Q.** Yeah.

14          **A.** I know. It just sounds kind of weird when I rehear  
15 it.

16          **Q.** Yeah.

17          **A.** I guess what I'm trying to say, it's like a global  
18 health assessment or ...

19          **Q.** Right, yeah. It's important to have an informed case  
20 plan to look at the totality of his health. Correct?

21          **A.** Yes. Although it's important to specify that the  
22 rehab program is ... they remained eligible on the basis of the

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1 condition or specific conditions. Sometimes there's multiple  
2 ones.

3 Q. But if you are doing this assessment ... I just ...  
4 I'm going to choose Cpl. Desmond as an example. He was  
5 approved, as you said, on the basis of his PTSD condition, but  
6 you're responsible for assessing his health globally. And,  
7 certainly, there's ...

8 A. Yes.

9 Q. ... evidence that you would've had that supported  
10 chronic back problems and also evidence that was included in his  
11 rehab application of some head trauma. You would've had that  
12 information.

13 A. Perhaps, yeah.

14 Q. Okay. And ...

15 A. But ... but ... okay, keep going.

16 Q. Well, my question is, you know, you're not going to  
17 just silo your work with the veteran if you see there are other  
18 health issues separate from PTSD in terms of your work with him  
19 or would you?

20 A. To some extent. I wouldn't call it "silo". It's just  
21 that when we identify the ... when we're going to approve a  
22 resource, so say I'm going to approve ... like we talked a lot

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1 about a psychotherapy resource. I can make a direct connection  
2 to the condition for which he was admitted into rehab, so that  
3 is more easily approved through the rehabilitation program.  
4 Chronic back pain wasn't admitted into rehabilitation at the  
5 time of his death, so if he wanted to access services for  
6 chronic back pain, it's not impossible, it's just trickier in  
7 the sense that what we have to look at, what barrier it's  
8 creating, and is there a link to his admissible condition?

9 Now, outside of that, if a veteran ... We talked about A  
10 line coverage earlier. So sometimes veterans have disability  
11 awards for conditions that are not a condition of their rehab,  
12 so they have access to some treatment benefits outside of rehab  
13 so, in a sense, we don't ignore necessarily another injury, but  
14 we're limited in what we can approve if it's not a rehab-  
15 eligible condition.

16 Q. But would you ...

17 A. If that's ...

18 Q. I understand the parameters around approving treatment  
19 that's not linked directly to the approved condition but,  
20 surely, if you're case managing someone through a rehab plan and  
21 it's evident that they're having issues with something outside  
22 of the condition - in this case, PTSD, so for example, the

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1 chronic pain - would you work with that individual to assist  
2 them with whatever necessary steps were to secure treatment or  
3 to secure approval, to have it added to the rehab plan?

4       **A.** To some extent. Like it depends on the barriers it's  
5 creating. It depends on the services that they're looking for.  
6 I sometimes may not be able to pay for a service but it doesn't  
7 mean that ... because it's not an approved condition in rehab  
8 but it doesn't mean we can't offer support in other ways.

9       **Q.** Okay.

10       **A.** So like medication is a good example. Like medication  
11 is not something that we generally pay through the  
12 rehabilitation program because it's not a rehabilitation  
13 treatment.

14       **Q.** Okay. So let's go look at your assessment plan,  
15 Exhibit 291. I mean it is evident throughout this document that  
16 the back pain that Cpl. Desmond was complaining of was ...  
17 appears to be quite significant. I think this was reviewed with  
18 you yesterday. Shooting pain. He described the pain as  
19 sometimes crippling. And do you recall what you would've done  
20 to assist him with addressing that component of his health and  
21 wellness?

22       **(17:20)**

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1           **A.**    Yes.  I had encouraged him to, at that time, to submit  
2  like a ... it's like an addendum or just like a ... it's not the  
3  complete application, but there was a form that he could fill  
4  out to try to add a condition to his rehab plan.

5           So my understanding is that he did complete the form and  
6  then I had a consultation at some point in the spring with one  
7  of our subject matter experts, (inaudible) STEO or whatnot.  And  
8  we didn't have the necessary supporting evidence to admit that,  
9  so then my role was to turn around and let Mr. Desmond know that  
10 we will need further supporting evidence, so from a physician or  
11 someone somewhere.  Some evidence of this injury and the length  
12 of service.

13          **Q.**    Okay.  So I'm going to take you to your case plan  
14 which is Exhibit 117, just specifically on this issue of the  
15 back pain and of the plan that you were assisting him with as  
16 his case manager.  So I'm on page 16 of 17 in Exhibit 117.

17          **A.**    Mm-hmm.

18          **Q.**    And this is a progress note dated March 10th, and it's  
19 your note, "Consult with STEO."  I think that's who you just  
20 indicated.

21          **A.**    Mm-hmm.  Yes.

22          **Q.**    ... evaluating for the eligibility of

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1 another health problem for rehab in his  
2 case. Veteran has problems with his back  
3 that he reports is the result of a fall  
4 accident that occurred while on tour.  
5 Discussed the process to follow in order to  
6 arrive at a decision. It was determined,  
7 based on info included in the veteran's form  
8 to add a condition, that case manager will  
9 need to obtain more information from him.  
10 This can be done when they are speaking to  
11 each other in the near future.

12 Do you recall doing that? Gathering that additional  
13 information from Cpl. Desmond, Ms. Doucette?

14 **A.** Not gathering the information, no. That is obviously  
15 the responsibility ... like I can't go to a physician and obtain  
16 that information for him but ...

17 **Q.** So what does it mean when you wrote in your note, "The  
18 CM will need to obtain more info from him"?

19 **A.** From the veteran. So the veteran submits ...

20 **Q.** Did you do that? Did you follow up with Cpl. Desmond  
21 to get that additional information?

22 **A.** I believe we had a conversation about it but I don't



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1 recall him submitting new evidence.

2 Q. I've not been able to find any record in your notes  
3 about you following up with him on that. Do you have a memory,  
4 an independent recollection, that you would have done that?

5 A. Had that specific conversation at a specific time?  
6 No. I can't say for sure.

7 Q. And if you didn't follow up with him, he would never  
8 have known more information was needed and that addition of the  
9 condition to his rehab plan would never have been actioned. Is  
10 that a fair follow-through?

11 A. Well, yes and no. Yes, but I do believe we had a  
12 conversation about it, but it's possible it didn't make it into  
13 documents.

14 Q. I want to go back to the assessment report which is  
15 Exhibit 291. At page 3 ... you talked ... you were asked  
16 earlier what "VIP" meant, and that was the Veterans Independence  
17 Program, and that Cpl. Desmond was given the application for  
18 that. And if I can summarize your evidence, the purpose of that  
19 program is to provide support in the home for activities around  
20 the home.

21 A. Mm-hmm.

22 Q. And it's typically accessed by more elderly veterans

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1 because of ...

2 **A.** Yes.

3 **Q.** ... functional issues that would come with aging. But  
4 that was an application ...

5 **A.** Exactly.

6 **Q.** ... that was given to Cpl. Desmond. Correct? On page  
7 ...

8 **A.** Yes.

9 **Q.** ... 3 of the assessment, it's ... well, it's the  
10 activities of daily living, the ADLs, and at the top of that  
11 page, we see scores of five and six; five, "needing occasional  
12 assistance/supervision", six meaning "independence", but then we  
13 see "repair and maintenance" too ...

14 **A.** Mm-hmm.

15 **Q.** ... which indicates "significant supervision or  
16 assistance required". It says:

17 Repair and maintenance - Veteran reports  
18 doing nothing more than changing light  
19 bulbs. He relies on spouse for painting,  
20 and professionals for any electrical,  
21 plumbing, structural issues.

22 **A.** Mm-hmm.

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1           **Q.**   And then under "Comments", it says:  
2                    Veteran maintains a certain level of  
3                    independence, but appears to run into  
4                    barriers as a result of his mental and  
5                    physical health difficulties.

6            Would that have been why you would have given him the VIP  
7 application?

8            **A.**   No. I don't believe I was the person who gave him the  
9 VIP application. It's not a program that I managed.

10           **Q.**   Okay. Would you have, as his case manager, though,  
11 having identified and written down that there were some issues  
12 with respect to his activities of daily living in terms of  
13 repair and maintenance, would that have been something you  
14 would've canvassed with him as his case manager?

15           **A.**   It would've been, I believe, I'm not a hundred percent  
16 sure, the decision-makers for the VIP program could've used the  
17 information, this information, contained in the case plan as  
18 part of their decision-making process. But from what I can  
19 remember, VIP had very sort of straightforward criteria that I'm  
20 not sure that Mr. Desmond necessarily qualified for.

21           **Q.**   Okay. I'm just wondering, what's the purpose of  
22 gathering that kind of information in the assessment plan if

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1 it's not anything that you're going to put in the case plan or  
2 action?

3       **A.** Well, it's not that I'm not going to action it. Like  
4 I can't ... like if he needs help with repair and maintenance,  
5 it's not really like a rehabilitation service, but I could be  
6 case managing or working with a veteran who has significant  
7 difficulties with IDLs or ADLs, and then that can become part of  
8 the case planning or, yeah, case management. I mean, in his  
9 case, like independence in his ability to do these activities is  
10 fairly good.

11       **Q.** Okay.

12       **A.** So we assess ... not everything that we assess ends up  
13 in the case plan, obviously, but we assess to figure out what  
14 the problem areas are.

15       **Q.** Okay. I'm going to move on now to page 7 and this is  
16 a section that deals with primary caregiver.

17       **A.** Mm-hmm.

18       **Q.** And we've seen reference - we just looked at it -  
19 about his reliance on his spouse for repair and maintenance.

20       **A.** Mm-hmm.

21       **Q.** You indicated in your evidence earlier today that ...  
22 when asked about couple's therapy, and you indicated that Lionel

**MARIE-PAULE DOUCETTE, Cross-Examination by Ms. Miller**

1 was not asking you for couple's therapy. And that is ...

2 **A.** No.

3 **Q.** ... why that didn't get included in the case plan.

4 So I want to take you to a section on this page. "Area of  
5 assistance provided" at page 7. It says: "Veteran relies on his  
6 wife, Shanna, the most for coping with stressors. He does not  
7 find this to be working effectively given their difficulties  
8 communicating and wants the assistance of professionals."

9 When I read that, Ms. Doucette, it strikes that he's  
10 specifically asking for help with the marriage relationship, but  
11 those are your words, so perhaps you can reconcile, you know,  
12 your evidence this morning that he's not asking for couple's  
13 therapy and this quote that says he "wants the assistance of  
14 professionals".

15 **A.** So I understand this sentence to mean, I rely on my  
16 spouse for coping with my stressors and that's not working for  
17 me; therefore, I prefer to rely on professionals to help me with  
18 my stressors. So not specifically couple's therapy, but wanting  
19 to rely more on professional resources for himself.

20 **Q.** So you did not understand him to be expressing to you  
21 that he wanted couple's therapy or marriage counselling. That  
22 it was strictly restricted to himself. That's what you

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1 understood.

2       **A.** From what I recall, yes. It wasn't like a request for  
3 couple's counselling.

4       **Q.** But you did indicate this morning that you were aware  
5 that, in terms of the priorities for Cpl. Desmond, there were  
6 two ... I think you identified two key things. One was the  
7 state of his relationship with his wife and the other was  
8 finances.

9       **A.** Yes.

10       **Q.** And you weren't able to rank them in terms of  
11 priority. So knowing that, the state of his marriage, and  
12 having this statement in the assessment report, your evidence is  
13 that it just didn't seem to you that that was something that  
14 would warrant any ... Well, you said he didn't ask you. He  
15 wasn't asking you for couple's therapy.

16       **A.** No, that's not what I understand that to be. And,  
17 also, as I mentioned this morning, this is my read on the  
18 situation. The providers that he had been working with at that  
19 point were talking about, you know, great emotional instability.  
20 So couple's therapy, if he wanted to access that, like there's  
21 nothing preventing him from doing that. He can ask me. He can  
22 go through A line coverage. He would be able to ...

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1 (17:30)

2 So remember, earlier, you asked me about Ms. Zandra  
3 Pinette? Well, that would be an example of a veteran can access  
4 services sort of alongside the rehabilitation program. So ...  
5 but ...

6 Q. You didn't raise with him, though, the possibility  
7 that one of the things you could assist him with was marriage  
8 counselling? Whether it was right that moment or down the road,  
9 you didn't address that with him?

10 A. I don't recall addressing it on that specific day, no.

11 Q. Okay.

12 A. But I'm ...

13 Q. On the balance of this document or, sorry, this page,  
14 the answers aren't filled in. It talks about Shanna being the  
15 primary caregiver and it says: "As the care recipient, do you  
16 feel your caregiver is managing physical, emotional health?" It  
17 says "Good". "In providing assistance" is fair. But then the  
18 rest of it is blank. Is there any reason why the detail around  
19 the caregiver who's identified as Cpl. Desmond's wife wasn't  
20 completed?

21 A. Mm-hmm. Yes, because if you look closely it says  
22 that's a section that you fill out if the caregiver is present

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1 giving answers. So sometimes when we're doing the assessment  
2 with veterans we'll have a spouse or a support participating and  
3 sometimes not. So in this case, there wasn't a caregiver to be  
4 asking questions to.

5 Q. Okay. And did you ask Cpl. Desmond if you could  
6 follow up with his wife to gather that information, that  
7 collateral information, to complete this assessment to make it  
8 as robust as possible?

9 A. It wouldn't have been sort of the standard practice.  
10 We generally would say to the veteran if you would like to have  
11 someone participate with you at the assessment invite them to be  
12 present and ...

13 Q. When you say it wouldn't have been the standard  
14 practice, Ms. Doucette, Cpl. Desmond was one of the very first  
15 veterans you worked with, so I would assume ...

16 A. Mm-hmm.

17 Q. ... there was really no standard practice in terms of  
18 what you had experience with at that time. Is that fair to say?

19 A. Well, I'm also talking about I think case managers in  
20 general when I say standard practice because if I was going to  
21 have a follow-up call with Ms. Desmond without the veteran  
22 present that's what I mean, that's not sort of standard unless



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1 he had said, I really want you to talk to her and we would have  
2 signed a release of information and obtain information from  
3 third party.

4 Q. Okay, but you didn't have that conversation with him  
5 about contacting his spouse to fill in the balance of this  
6 information?

7 A. Not specifically about that.

8 Q. Okay. But did he ever prevent you or tell you  
9 directly that you were not allowed to contact her?

10 A. Well, it's not ... you asked me earlier like the  
11 difference between, you know, working at Correctional Service or  
12 Veterans Affairs and the fact that he ... this is mandatory  
13 client, I am not going to suggest to him that I need to be  
14 talking to his family members if that's not his initiative. If  
15 that makes sense.

16 So he ... it's not up to me to say, Oh, we're going to call  
17 your wife because we need this extra information. If he wanted  
18 her to participate in the assessment she's welcome to do that.  
19 He can grant me permission to do it but I am not going to  
20 suggest that that is ...

21 Q. Did you raise it with him and ask him to grant you  
22 permission to contact his wife?

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1           **A.**    No.

2           **Q.**    Okay.  The last question I have about marriage  
3 counselling and moving forward in time, Ms. Doucette, and now we  
4 are in August of 2016, and I am looking at Exhibit 254 and I am  
5 at page 267 of this exhibit.  So just to give you some  
6 background, Ms. Doucette, these are the records from Ste. Anne's  
7 hospital.

8           **A.**    Mm-hmm.

9           **Q.**    And the document that I am referencing is a progress  
10 note signed by Kama Hamilton that's dated August the 12th, 2016,  
11 and I'm looking at page 2.  And this is a continuation of  
12 obviously page 1, it says:  "Writer pointed out this is a new  
13 starting point for them and can help to rebuild their  
14 relationship but suggested that they would benefit from couple's  
15 therapist to coach them through this process."

16           And then the last sentence on this page is "Follow-up.  
17 Share above information with the external team and in the inter-  
18 disciplinary."

19           Did Kama Hamilton ever convey to you, as Lionel Desmond's  
20 case manager, that she had suggested that the couple could  
21 benefit from couple's therapy?

22           **A.**    Outside of this report?  Like in ... I don't remember

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1 specifically her saying that to me, no.

2 Q. Okay. So I'll ask you this. Did you get a copy of  
3 this progress note?

4 A. I'm not sure.

5 Q. It doesn't indicate that you were copied on it so  
6 that's what I want to know if you recall ever seeing this note.

7 A. No, I've never seen the details of her communication  
8 with Mrs. Desmond.

9 Q. Okay. And you don't have any recollection of  
10 receiving a phone call from Kama Hamilton to convey that  
11 information?

12 A. She had mentioned that she had spoken to Mr. Desmond's  
13 wife, but I wasn't privy to all the details because it was sort  
14 of the confidential ... it's one of those need to know  
15 situations.

16 Q. Yes. Specifically I think the progress that you  
17 record in your ... this is in your ...

18 A. Case file.

19 Q. ... case file, thank you, which is Exhibit 117.

20 A. Yeah.

21 Q. We don't necessarily need to go there, but on July the  
22 28th you do record a call with Kama Hamilton where she tells you

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1 she's contacted his wife.

2 **A.** Mm-hmm.

3 **Q.** So it's what I'm looking at it for is whether or not  
4 post-August 12th, which is about a month later, if you recall  
5 ... there's no record of it in your notes and maybe it just  
6 never happened, I'm wondering if it was ever conveyed to you  
7 that Ste. Anne's was recommending couple's therapy?

8 **A.** Not that I recall.

9 **Q.** All right. I just have a few last things to review.  
10 We know from earlier evidence, Ms. Doucette, that the OSI  
11 New Brunswick team had identified the need for Lionel to have a  
12 clinical care manager as early as December 2015 and again on May  
13 2016, and I can give ... we can go to those documents, I can  
14 show you the references, but we do know from that evidence and  
15 from the records that internally they had identified that Cpl.  
16 Desmond would benefit from a clinical care manager as early as  
17 December 2015 and then again in May of 2016.

18 Do you have any recollection of being advised or receiving  
19 any documentation from the OSI New Brunswick team with respect  
20 to that recommendation?

21 **A.** Not specifically, no.

22 **Q.** When you say "not specifically", did you receive ...

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1           **A.**    I don't have a specific recollection of receiving  
2 written information.

3           **Q.**    Okay. Yeah. So you wouldn't ... is it your evidence  
4 that you had not heard prior to this Inquiry that there had been  
5 identified the need for a clinical care manager by the OSI New  
6 Brunswick team?

7           **A.**    Not that I recall.

8           **Q.**    And the clinical care manager became more crystalized,  
9 I guess, following recommendations from Ste. Anne's.

10          **A.**    Mm-hmm.

11          **Q.**    And from your records, it looks like as of August 16th  
12 you had located Helen Boone ...

13          **A.**    Mm-hmm.

14          **Q.**    ... and you also had conversations with Cpl. Desmond.  
15 Actually, the records show that he had ... you advised him on  
16 August the 15th, and I'm going to find the document just so that  
17 we can pull that up, bear with me.

18          **(17:40)**

19                I think I'm looking for Exhibit 117 and at page 9 and 10 of  
20 that document. No, it's ... actually, if I can take you to the  
21 bottom of page 9 looking over into page 10. So this is an  
22 August 15th, 2016 note from you. It says you spoke with the

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1 veteran by telephone. You provided flight information and then  
2 if we ... et cetera, et cetera. And then if we go over to the  
3 continuation of this note you indicate that sort of halfway  
4 through it:

5 Case manager explained the services of a CCM  
6 to veteran. He initially did not seem to  
7 comprehend, kept stating that what he needs  
8 is neurofeedback for his brain function.  
9 Case manager persisted to describe how  
10 having a clinical care manager to help him  
11 set up new resources, establishing supports,  
12 follow through with treatment  
13 recommendations, et cetera, in Nova Scotia  
14 could alleviate and prevent some of this  
15 stressors and worries. He agreed that this  
16 would be beneficial for him and confirmed  
17 his willingness to work with CCM once he  
18 returned to his home province.

19 So you were able to talk him into understanding the value  
20 of the clinical care manager and he had that expectation in mid-  
21 August before he even left Ste. Anne's that that resource was  
22 going to be in place for him. Is that fair to say?

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1           **A.**    Yes.

2           **Q.**    And, as I read your note, that this person was going  
3 to follow through with the treatment recommendations, et cetera,  
4 in Nova Scotia. That was the information that you provided Cpl.  
5 Desmond, that that clinical care manager would take care of  
6 implementing the treatment recommendations?

7           **A.**    Well, obviously in collaboration with myself and Mr.  
8 Desmond. It was an example that I gave him of how she could  
9 support.

10          **Q.**    And he never gave you any resistance other than an  
11 initial not really understanding what the role was, but he never  
12 gave you any resistance to that clinical care manager and seemed  
13 quite eager to have one. Is that fair?

14          **A.**    Eager. I think open is the fair ...

15          **Q.**    Yeah. And so that was August 15th and we know for a  
16 variety of reasons ultimately he didn't get to connect with that  
17 clinical care manager until November 30th when they met in  
18 person and you joined that call.

19          **A.**    Yes.

20          **Q.**    That's correct? Okay.

21          **A.**    Yes.

22          **Q.**    And is it also fair to say that, and you made an

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1 exception to some extent staying on as Cpl. Desmond's case  
2 manager when he relocated to Nova Scotia, because you wanted to  
3 provide that continuity of care, correct?

4 **A.** Yes. Yes.

5 **Q.** But that your plan was as soon as that clinical case  
6 manager was in place that you would then transfer his file over  
7 to Nova Scotia case manager?

8 **A.** Not necessarily as soon as the CCM is there. I think  
9 I explained it as once we have stable resources and that the  
10 veteran is reaching out and has built some rapport. So  
11 logically speaking, in the ... it would ... the period of time  
12 that I stayed on I understand that the outcome was really not  
13 what was anticipated by anyone. But, I mean, in the New Year  
14 probably would have looked at transferring the file once ...  
15 because he had started accessing therapists and whatnot.

16 **Q.** I want to move now to Catherine Chambers and her  
17 retainer. So you actioned the clinical care manager in mid-  
18 August. The first we see of any action in terms of a  
19 psychologist in your notes is two months later, October 14th,  
20 and I'm looking at Exhibit 117, page 8. And this is a progress  
21 note dated October 14th. And we've looked at this before.  
22 "Multiple conversations with the veteran this week due to some



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1 difficulties in his living situation." You're getting ready to  
2 go on vacation. You talk about a plan. And you say: "Case  
3 manager researched options for psychologist in his area and  
4 provided three options for him to look into." What was it ...

5 **A.** Yeah.

6 **Q.** ... that triggered you to look into psychologists for  
7 Cpl. Desmond at that point in time, two months after he left  
8 Ste. Anne's?

9 **A.** Because at that time, as I've said before, he had  
10 decided against the services of OSI Nova Scotia, preferring  
11 instead a local provider and in these conversations it became  
12 evident that he hadn't ... he didn't ... he hadn't looked into  
13 this any further so we searched together. I provided three  
14 names, he helped select. I was giving him ... I remember I was  
15 sitting in front of my computer, I was giving him the different  
16 addresses so he could determine how close it would be to like  
17 where in town, that sort of stuff. We selected three people. I  
18 made sure he was comfortable making a call, which he was, and I  
19 was going to follow up when I came back after my week off, and  
20 you know the rest of that story.

21 **Q.** Yeah. I was curious about that because you do come  
22 back on November 7th and you talk to Lionel and he hasn't

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1 followed up on those three names but then you seem to do  
2 additional research. And looking at your emails, Exhibit 297  
3 and it ... just ... I'm trying to understand why you ended up  
4 doing additional research and getting this email out there on  
5 November the 7th in terms of psychologists in your area when  
6 you'd already given him three names. Was there a reason why you  
7 took this initial or this additional step?

8 **A.** Well, my best guess is because he said he lost the  
9 piece of paper, so I gave him this information over the phone.  
10 So he was writing everything down. So I didn't necessarily keep  
11 a copy of the different providers that we had done the search  
12 for so I turned around again and thought okay, well, this is a  
13 good opportunity to check in with a colleague and see about  
14 recommendations.

15 **Q.** Okay.

16 **A.** That's how I can explain it now.

17 **THE COURT:** Excuse me. The October 14th contact when  
18 you discussed the list, that was over the phone?

19 **A.** Yes.

20 **THE COURT:** Not in person? Thank you.

21 **A.** No.

22 **THE COURT:** Okay.

**MARIE-PAULE DOUCETTE, Cross-Examination by Ms. Miller**

1           **MS. MILLER:**     Okay, I want to talk now a little bit about  
2 the discharge report, Ms. Doucette. We know that it wasn't  
3 finalized until early October but then it was provided to you  
4 and the expectation was that you would take that report and in  
5 concert with the clinical care manager move forward the rehab  
6 plan as it intertwined with those recommendations. Is that sort  
7 of a fair assessment?

8           **A.**     Yes.

9           **Q.**     Did it ... at any point did you take that report and  
10 summarize the recommendations and put it in your case plan or  
11 any other kind of document?

12          **A.**     Well, no, the report would have gone on file ... on  
13 the veteran's file and he and I had a conversation about it over  
14 the phone. So we discussed the recommendations live and then  
15 identified some priorities and then there was that follow-up  
16 call that you referred to with him and Ms. Boone, the three of  
17 us at once ...

18          **Q.**     Yeah.

19          **A.**     ... we were able to share the first steps that ...

20          **Q.**     So at page 17 ...

21          **A.**     It was ...

22          **Q.**     ... is the progress note dated November 7th. So this

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1 is after he's called the contact centre. We're going to come  
2 back to that note from October the 12th. He's very upset and he  
3 says there are no supports for him in his area.

4 **A.** Mm-hmm.

5 **Q.** We'll come back to that. But then he asks for a copy  
6 of the report because he's going to have to take care of it and  
7 do it himself. We don't know, you don't know if he was ever  
8 given that report, but what we do know from your notes is that  
9 on October the 7th you returned from your vacation. And this is  
10 at page 7 going to page 8 of Exhibit 117. It says: "Phone  
11 discussion." I just want to ... I'll wait that's up for you.

12 **A.** That would have been ... October 7th would have been  
13 before my vacation. I know it's a detail, but I just want to  
14 put that out there.

15 **Q.** Oh you ... oh, I'm sorry, November the 7th. Sorry.  
16 You went on vacation ...

17 **A.** Okay.

18 **Q.** ... in October, I think, the records reflect, yes.

19 **A.** Okay.

20 **Q.** Apologies. So this progress note at the bottom of  
21 page 7 is November the 7th. It's your note. "Full discussion  
22 with veteran on November the 4th. Case manager called him a

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1 plan made prior to her leaving for one week", and we go through  
2 all that. Again, he's discouraged; still waiting for when the  
3 clinical care manager can get together. "Clinical care manager  
4 was scheduled to complete the training she needs last week and  
5 case manager advised the veteran she will be connecting with her  
6 later today or early Monday."

7 **(17:50)**

8 And then it says:

9 Case manager reviewed with veteran the  
10 recommendations from the treatment team at  
11 Ste. Anne's hospital. From these  
12 recommendations, case manager and the  
13 veteran were able to establish priorities  
14 for him. These same priorities can help  
15 guide the clinical care manager once she  
16 begins to provide support.

17 So what were the priorities that were established between  
18 you and Cpl. Desmond based on your phone review with him of the  
19 recommendations?

20 **A.** Do you want me to give you an accurate list of these  
21 priorities?

22 **Q.** Well, I'm wondering why ...

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1           **A.**    I know ...

2           **Q.**    ... they wouldn't have been captured in writing  
3 somewhere. Because when I read that your reviewed the  
4 recommendations and they were going to inform the work with  
5 clinical care manager, my question is how are you going to  
6 transfer that knowledge, that information to the clinical care  
7 manager? We don't even know what these recommendations were  
8 that you reviewed with Lionel.

9           **A.**    It is quite possible that I had written it down in a  
10 notebook and that Mr. Desmond was making notes as well. And  
11 then when we would follow-up with a typed very likely, actually,  
12 and then when we followed up in the discussion with the CCM,  
13 which is a few weeks after that, we ...

14          **Q.**    So what do you recall ...

15          **A.**    ... I went from those notes.

16          **Q.**    What do you recall, Ms. Doucette, were the  
17 recommendations ...

18          **A.**    I recall ...

19          **Q.**    ... that you and Cpl. Desmond identified as  
20 priorities?

21          **A.**    I recall that the gym was important to him. That's  
22 something that was a priority for him. We certainly had a chat

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1 about psychotherapy services but which we were working on those  
2 actively, both of us.

3 I know that the neuropsych assessment was discussed because  
4 there's no reason that I would have hidden any of the  
5 recommendations from him. Like I went through the  
6 recommendations. I don't recall that was part of Mr. Desmond's  
7 top priority but I know that that was ... I did mention it to  
8 Ms. Boone that we were going to have to ... like we're going to  
9 have to look into securing that resource at some point. But I  
10 don't ... I can't give you like an exact list, I apologize. I  
11 know that in hindsight you would love to have that very distinct  
12 list.

13 It is possible that Mr. Desmond brought up couple's  
14 counselling at that time, because with Ms. Boone I know that  
15 they were looking into that earlier on. Now I'm not sure if  
16 Mrs. Desmond was onboard, however, but it is possible that that  
17 was another of the priorities identified.

18 Q. Did he mention the neurofeedback? We know from your  
19 note on August the 15th that was something that he understood  
20 from his time at Ste. Anne's and that did make its way into the  
21 recommendations in the discharge report. Did he follow up with  
22 you or did you follow up with him on the neurofeedback?

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1           **A.**   Possibly. Like there's a good chance. If it was in  
2 the recommendations we discussed everything and then the purpose  
3 was to say, Okay, well, we can't implement all these  
4 recommendations and find all these providers all at once so what  
5 do we ... what are the first steps that we want to take. So  
6 it's possible that he brought that up again, I don't recall  
7 exactly.

8           **Q.**   And other than you making a note in a notebook, a  
9 handwritten note in a notebook, there is no record that you're  
10 aware of that exists that confirms what the discussion and  
11 agreement of priorities was of Cpl. Desmond?

12          **A.**   Perhaps there's ... I don't know, perhaps there's a  
13 ... you know, a discussion with Ms. Boone, but in all fairness  
14 I'm not a hundred percent sure. I can tell you that I carried a  
15 notebook around with me all the time, like it was a common  
16 practice that I had to take notes so ...

17          **Q.**   And at that point in time knowing that or  
18 understanding that Helen Boone's retainer was imminent, although  
19 it still did get delayed 'til the end of the month ...

20          **A.**   Mm-hmm.

21          **Q.**   ... would you not have been able to get verbal  
22 permission from Cpl. Desmond at that point in time to forward



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1 the discharge report to Helen Boone as soon as she was on his  
2 team?

3 **A.** Could I have normally? I'll get a person's verbal  
4 consent to maybe share some information over the phone. I don't  
5 ... I can't recall many times or any times in my career where I  
6 would have submitted a document authored by someone else without  
7 proper consent.

8 **Q.** But you could have gotten ... I mean, I note somewhere  
9 in Exhibit 117 in your case notes, you do write "Lionel provided  
10 verbal consents to do." So, you know, we know that you have  
11 been waiting for months ...

12 **A.** Yes.

13 **Q.** ... for the clinical care manager to be assigned and  
14 this issue of consents and privacy, you could have gotten  
15 permission from him to authorize the transfer of that report.

16 **A.** So, as I'm saying to you, normally when I get verbal  
17 consent from a client I use that to initiate contact with a  
18 provider or to provide some summary information in live voice.  
19 If I am going to submit someone else's report, first of all I  
20 have to find a secure way to submit it. And so the way that I  
21 chose to go about this with Mr. Desmond was to have ... to  
22 review the recommendations together, establish a list of

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1 priorities, and then discuss that in a three-way phone call ...  
2 well, when they were together in a three-way phone call. So I  
3 understand that perhaps you see another way that I could have  
4 done that but this is the way we decided to proceed.

5 Q. Okay. So did Helen Boone ever get that discharge  
6 summary report?

7 A. From me? I don't believe so.

8 Q. Okay, I thought you just said you discussed it in the  
9 three-way with ...

10 A. Yeah, we discussed it ...

11 Q. Yeah.

12 A. ... but I didn't give her the report.

13 Q. And you were waiting on what to give her the report  
14 after the three-way?

15 A. I'm not sure that I was waiting on anything. So if we  
16 can pause and talk about consent and what is shared. I've said  
17 this before in my testimony, I would rarely take someone else's  
18 full report, like in very exceptional circumstances, and share  
19 it freely with another provider when it's not something that  
20 I've authored.

21 So if it was Mr. Desmond wanting to share it and he was  
22 signing that consent that's one thing, but the Ste. Anne's

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1 report doesn't belong to me. So in this instant we decided to  
2 do the work over the phone, she was taking notes, that's as much  
3 as I can tell you right now.

4 So I don't recall if I had a specific plan to send her that  
5 report but I don't believe that's ... I don't have ... I don't  
6 do that as a common practice unless it's something that I  
7 authored and I feel like it's okay to share.

8 **Q.** Part of the Inquiry's mandate is to come up with  
9 recommendations to solve some of the problems and some of the  
10 problems that have become painfully evident is this adherence to  
11 needing consent which slows things down. And we look at in this  
12 specific case Catherine Chambers didn't have any reports and  
13 certainly Helen Boone who you were relying on to work in concert  
14 with you to execute and implement these recommendations from  
15 Ste. Anne's didn't have the report. And it strikes me that  
16 there were a number of opportunities where you could have gotten  
17 Lionel's verbal consent. He asked for the report himself, it's  
18 not clear that he was ever given it.

19 **A.** And ... I understand. In theory, it's Ste. Anne's job  
20 to give the report that they authored to the client ...

21 **Q.** Yes.

22 **A.** ... because it is their report to him. I'm not saying

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1 that I would have refused to give it to him, but I ... based on  
2 the way the notes read and the way we operated we went through  
3 the report together over the phone and I don't recall if I put a  
4 copy in the mail for him or not. I don't believe I did.

5 Q. You wouldn't have required him to make some sort of  
6 ATIP application to get a copy of that report, would you have?

7 (18:00)

8 A. No, not specifically. But when clients are asking for  
9 I need "x" information on my file we usually ... I can't just  
10 hand over files, everybody knows that. So if he is asking for  
11 something very specific, and I understand that in the October  
12 12th note he mentioned it to my colleague, I'm not withholding  
13 any information from him, we took the time on the phone to go  
14 over the recommendations together. If he had said to me during  
15 that call, I need a copy of that report, send it to me, I'm sure  
16 I would have done that but I would share the information in this  
17 fashion. So I don't know.

18 I understand that people see confidentiality as creating  
19 barriers. At the same time I have concerns about the idea that  
20 we can just freely share people's medical information with a  
21 simple verbal consent here and there and who is authorized to  
22 share what. So I guess that's a bigger debate but that my take

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1 on it is it's the veteran's medical information and we take  
2 privacy seriously.

3       **Q.** My last area I want to cover is this note of October  
4 12th that is found in Exhibit 292. These are the client  
5 initiated screening notes. I want to understand what the date  
6 is of this report. In the document 293, which is companion  
7 document, it says that it's October the 12th, but in the  
8 decision that's rendered, the internal decision, and bear with  
9 me while I find it. In VAC's internal review, Exhibit 303, at  
10 page 3 of 6, they reference this note as being dated October  
11 22nd. So I'm curious about whether you're able to offer any  
12 insight, Ms. Doucette, into what is the actual date that this  
13 note would be? And perhaps your counsel can circle back and  
14 address that for us, if it is actually October 12th or October  
15 22nd.

16       **A.** Well, according to the screening document that we saw  
17 ...

18       **Q.** Yeah.

19       **A.** ... I'm not sure which note you're ... are you  
20 referring to the note where he spoke to my colleague ...

21       **Q.** Yes.

22       **A.** ... and was in distress? Okay.

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1           **Q.**    Yeah.  We just had two ...

2           **A.**    So the report ...

3           **Q.**    ... different dates.

4           **A.**    ... that you're ... Okay, well, the report that you're  
5 showing me I did not author so I'm thinking is it a possibility  
6 that that is a typo and they meant to say the 12th and they  
7 wrote the 22 perhaps, I don't know.

8           **Q.**    Mm-hmm.

9           **A.**    But I would ... I would believe that the date on the  
10 client screening would tend to be accurate because it's saved in  
11 the system.

12          **Q.**    So your evidence yesterday and certainly the documents  
13 confirm that the conversations with Cpl. Desmond about accessing  
14 the OSI clinic in Nova Scotia took place in the first two weeks  
15 of October and that's why I'm trying to pin down the date.  
16 Because your evidence is that it was during those conversations  
17 with Cpl. Desmond that he said to you I don't want to access  
18 these services, I'm going to go local.  I'm going to ... I'm  
19 going to access ...

20          **A.**    Yeah.

21          **Q.**    ... I don't want to access outside of Nova Scotia, I'm  
22 going to go local here.  And that's certainly what's reflected

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1 in ... well, they're not in your case plans but that's what's  
2 reflected in Exhibit 299 which is your summary.

3 **A.** Yeah.

4 **Q.** And you talk of ...

5 **A.** So ...

6 **Q.** Go ahead.

7 **A.** I don't mean to interrupt, I can just say that from  
8 one of the documents that Mr. Russell showed us earlier, I  
9 definitely had a conversation with Nurse Natasha from OSI on  
10 October 6th.

11 **Q.** Yeah, so that helps establish that the communication  
12 you had with Cpl. Desmond where he said I don't want to access  
13 OSI Nova Scotia because I'm going to access local services  
14 happened before October the 12th or October the 22nd, whatever  
15 the date is of this.

16 **A.** For sure.

17 **Q.** Okay.

18 **A.** Yes, because I remember being on the road that first  
19 week of August and making calls.

20 **Q.** Okay. And so as I understood your evidence to be, his  
21 preference was to work with local providers and that's why he  
22 declined OSI Nova Scotia, but in this client intake note it

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1 looks like he's changed his mind to me. It says: "Spouse  
2 doesn't ..."

3 **A.** Okay.

4 **Q.** "...understand PTSD." And I'm back at Exhibit 292.

5 **VOICE:** What page?

6 **MS. MILLER:** Page 2. "Spouse doesn't understand PTSD.  
7 Services not available where they are living. Veteran very  
8 agitated, cursing, et cetera, et cetera."

9 When you followed up with Cpl. Desmond after this note, Ms.  
10 Doucette, where he has communicated that services are not  
11 available where they are living, did you revisit with him  
12 returning to OSI Nova Scotia?

13 **A.** I believe that we ... that was when I helped him  
14 locate the psychological or psychotherapy services locally.

15 **Q.** No, that wasn't ...

16 **A.** So I don't read that ...

17 **Q.** ... that wasn't my question. That wasn't my question.  
18 My question was ...

19 **A.** Well ... I understand ...

20 **Q.** Did you revisit it with him? When he advised your  
21 colleague on October the 12th or the 22nd service is not  
22 available where they are living, did you revisit with him the



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1 option of returning to OSI Nova Scotia?

2 **A.** I don't recall that I did that. I also don't  
3 necessarily agree, reading this note, that he changed his mind.

4 **Q.** Well, he's ... you told us earlier that the reason he  
5 wanted to stay locally and not access OSI Nova Scotia was  
6 because he wanted to work with local providers and now he's ...

7 **A.** Yes.

8 **Q.** ... saying these services are not available where  
9 they're living. So it's a reasonable inference ...

10

11 **A.** Well it's not true, there are services available where  
12 he's living ... some. He ...

13 **Q.** Well, we know as of that point in time he didn't have  
14 a psychologist. We know at that point in time he didn't have a  
15 psychiatrist. We know that none of the treatment  
16 recommendations from Ste. Anne's had been actioned in any  
17 meaningful way with respect to Lionel's perspective. I know you  
18 had a clinical case manager in play but he had been told on  
19 August the 15th that a clinical care manager was going to help  
20 implement those recommendations and by early October ...

21 **A.** Yes.

22 **Q.** ... nothing had happened from his perspective.

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1           **A.**    Yeah ...

2           **Q.**    Is that fair to say?

3           **A.**    ... from his perspective.

4           **Q.**    From his perspective.

5           **A.**    I had kept him ... to be fair, I had kept him informed  
6 of the delays with the CCM, that's in my notes so ...

7           **Q.**    Hundred percent. There's no dispute with that but you  
8 have also said that he said he was going to work to get local  
9 providers. You left it to him ...

10          **A.**    Yes.

11          **Q.**    ... to find a psychiatrist, you talked about St.  
12 Martha's. He comes back on October the 12th and with a  
13 statement to your colleague that she or he records that same  
14 service is not available where they are living. Would this not  
15 have been ...

16          **A.**    Well if it ...

17          **Q.**    ... an opportunity for you to revisit with him if  
18 you're having difficulties locating the services, Lionel, what  
19 about you reconsider OSI Nova Scotia?

20          **A.**    Well, this wasn't an opportunity because I was not on  
21 the phone with him, my colleague was.

22          **Q.**    I understand that ...

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1           **A.**    And also ...

2           **Q.**    ... but you ... evidence was that you followed up with  
3 him. You got this note, you followed up with him. So you were  
4 aware of this note, correct?

5           **A.**    I ... yeah, I most likely had read it. But what I'm  
6 trying to say to you is I interpret this differently. I read  
7 this as he is frustrated perhaps because he hasn't been able to  
8 locate a service. And when we spoke again we took the time to  
9 talk and that's when I became more involved in helping him  
10 select providers for psychotherapy. So could I have brought up  
11 the OSI question again? I perhaps could have, that's not what  
12 happened.

13          **Q.**    No. Okay. Thank you, Ms. Doucette, those are my  
14 questions.

15          **A.**    Thank you.

16          **THE COURT:**    Mr. Rodgers?

17          **MR. RODGERS:**    Thank you, Your Honour.

18          **A.**    Mr. Rodgers, I don't know if it's possible to just  
19 take five. I just need a very quick break.

20          **THE COURT:**    Yeah, of course, Ms. Doucette. Let's take  
21 ... we'll take 15 minutes, all right.

22          **A.**    Okay. Thank you.

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1           **THE COURT:**       All right. Thank you.

2   **COURT RECESSED**       (18:10 HRS.)

3   **COURT RESUMED**       (18:32 HRS.)

4           **THE COURT:**       Thank you. Mr. Rodgers?

5

6                                   **CROSS-EXAMINATION BY MR. RODGERS**

7

8           **MR. RODGERS:**    Thank you, Your Honour. Good evening, Ms.

9   Doucette.

10          **A.**    Hi.

11          **Q.**    Can you hear me?

12          **A.**    Good.

13          **Q.**    Great.

14          **A.**    Yeah, I can hear you. Thank you for allowing that

15   break.

16          **THE COURT:**       No worries.

17          **MR. RODGERS:**    Oh certainly. No. Everybody took

18   advantage.

19           Ms. Doucette, I'm Adam Rodgers. I'm the lawyer for the  
20   personal representative to Cpl. Lionel Desmond. So I have some  
21   questions for you. A lot of the ground has been already covered  
22   but I do still have some questions.

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1 I want to just start with a broad statement, I suppose,  
2 which is to suggest that Cpl. Desmond's case was one of the more  
3 complex that would be on your roster. That seems to be a fair  
4 statement from what we've heard the last couple of days.

5 **A.** Definitely not the most complex but certainly amongst  
6 some of the complex ones, yes.

7 **Q.** Towards that end of the spectrum, we could say. And  
8 so, therefore, a more complex case would require more time and  
9 effort on the part of the case manager, it would seem.

10 **A.** Yes, to some extent.

11 **Q.** I'm curious about the bureaucracy behind you, Ms.  
12 Doucette, when you're working as a case manager. Is there a  
13 limit to the amount of money, for example, that you are allowed  
14 to approve as a case manager?

15 **A.** That's a good question. I don't know of a specific  
16 overall limit. Certain resources ... like when I talked about A  
17 line coverage before, there's a maximum associated to that but,  
18 in general, the cost of a resource can be justified. There  
19 wasn't ... let's just say that when I started working there, I  
20 was impressed at the amount of money that we could approve for  
21 resources, if I could put it that way.

22 **Q.** Yes. And I'm curious about the autonomy that a case

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1 manager might have in making those kind of decisions on  
2 resources, whether it's a money limit or just the nature of  
3 requests that you were permitted to approve, particularly as ...

4 **A.** Ahh ...

5 **Q.** No, go ahead.

6 **A.** Well, I ...

7 **Q.** Maybe if you could make a comment on that as a ...

8 **A.** Autonomy. I think the best way to summarize that is  
9 we have the authority to approve resources but we are not  
10 necessarily the decision-maker as to which resource. Like the  
11 decisions are always based in some kind of evidence or  
12 recommendation; hence, the consultation we've talked about. So  
13 we have autonomy and creative problem-solving, that sort of  
14 stuff but, in general, when we make a decision, it's not  
15 necessarily all up to us. No.

16 **Q.** So if the veteran needs treatment and it appears to be  
17 recommended by a professional and you agree with it, then you  
18 can approve the treatment and the cost of the treatment  
19 generally or do you ... does that go somewhere else to be  
20 approved?

21 **A.** Generally, but, I mean, there are certain types of  
22 treatment, certain amounts. I mean there's a difference

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1 between, say, authorizing a small number of sessions of a  
2 treatment versus an inpatient treatment, for example, which is  
3 very costly. And so I'd say, in general, if I can speak for  
4 myself, I wasn't going to authorize physiotherapy visits, for  
5 example, and I have, you know, a sound recommendation from a  
6 health professional that I can link to the client's condition,  
7 then I would feel comfortable going ahead. Then when a resource  
8 has maybe more ... there's more involved in the resource  
9 financially, and like the nature of the resource is maybe a bit  
10 more I don't want to say "complex", but if we take a CCM, for  
11 example, I don't think I've ever approved a CCM without first  
12 consulting internally.

13 **Q.** And then a decision like an inpatient treatment  
14 program that Cpl. Desmond attended in Montreal, that would  
15 require somebody else's approval too, or committee's approval,  
16 or how would that work?

17 **A.** I was able to make the final approval on that but,  
18 again, with solid evidence and recommendations and proper  
19 consultation. But there are resources. If we ...

20 The other example I could give you would be when Mr.  
21 Desmond's health-related travel was to be paid upfront, I didn't  
22 have the authority to authorize that. I could only get all the

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1 documentation ready, prepare the rationale, and sort of, you  
2 know, it was documents to demonstrate the financial concerns.  
3 And then I have to provide the rationale for why we are  
4 requesting upfront payment and then it goes up to the manager  
5 and area director level.

6 So there are some resources, depending on what they are,  
7 that are outside of my authority but, generally, if it's under  
8 the rehabilitation program, under the **New Veterans Charter**, then  
9 it's a CM approval.

10 **Q.** The prepayment issue is a curious one to me.  
11 Certainly, you know, Cpl. Desmond would be reimbursed for that  
12 travel expense.

13 **A.** Yes. Yes.

14 **Q.** So there's no additional cost to Veterans Affairs to  
15 pay it upfront or reimburse, yet, you need to go up two levels  
16 of management to have that approved. Natural time lag. Natural  
17 ...

18 **A.** Yes.

19 **Q.** ... use of time and resources to make that approval,  
20 which has a cost.

21 **A.** Yeah. Yeah. I can ... and I'm not sure why that is.  
22 I can only guess that if everything had to be prepaid for every



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1 veteran, then that is also quite complex and time-consuming.

2 So I don't know the reason for that but, like I said, it's  
3 certain resources. Generally, what we approve in rehab is paid  
4 upfront, not out of pocket by a veteran, so ...

5 Q. And the veteran in that case would need to provide  
6 information, financial need information, and so that puts a  
7 burden on them as well. Just ...

8 **(18:40)**

9 A. Detailed financial information. Again, normally, they  
10 would just be reimbursed. If they want exceptional prepayment,  
11 then they would need to provide, yes, significant proof.

12 In the case of Mr. Desmond, I was actually assisting him.  
13 I did that with him in a face-to-face meeting where he gathered  
14 the documentation that we were going to need and we filled out  
15 the paperwork together.

16 Q. I notice, reading through the internal review, I  
17 didn't see that as one of the recommendations for change. Is  
18 that still the case, that something that's not going to cost  
19 Veterans Affairs anything more - they're going to reimburse it  
20 anyway - that it still requires the effort on the veteran's  
21 part, several layers of management, to make a decision that's a  
22 pretty small amount of money?

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1           **A.**    Yeah. I couldn't say for sure and I'm sure there's a  
2 reasonable explanation for it, because the health-related  
3 travel, as a ... I don't know if you'd call it a policy, but  
4 let's say a veteran has to travel a certain distance to access  
5 psychotherapy services because they don't have that in their  
6 immediate location. And they are eligible to submit for  
7 reimbursement, so veterans could be doing that. Like they're  
8 doing that on a very regular basis. So exceptional prepayment  
9 is when the cost is too big for ... Like in the case of Mr.  
10 Desmond, we were talking flights and cab fares, that sort of  
11 stuff, so ...

12           **Q.**    I don't want to spend too much time on the issue, I  
13 mean, but it seems indicative, perhaps, of bureaucratic layers  
14 that are unnecessary.

15           **A.**    Yeah. Well, perhaps. My take is yes and no because  
16 I've seen the amount of reimbursement that veterans ask for.  
17 It's a lot. So the normal procedure probably is less cumbersome  
18 or less involved than exceptional prepayment.

19           **Q.**    Cpl. Desmond's family asked to have their trip to  
20 Montreal to visit him at the inpatient facility paid for and  
21 that was denied. That's seems ...

22           **A.**    Mm-hmm.

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Rodgers**

1           **Q.**   ... that's in the internal review, as well, as  
2 something to be examined. Your experience after ... you know,  
3 up until the time you left the role as case manager, did you  
4 notice any change in that policy or in that practice?

5           **A.**   Not that I remember specifically, no, although I do  
6 understand like the basis for the decision that my colleague  
7 rendered. But, no, I don't recall a change in policy, but it's  
8 possible there has been one. Like I said, I haven't been there  
9 in a few years.

10          **Q.**   We looked ... You've already talked some about  
11 obtaining ... I'm going to switch topics to medical records and  
12 obtaining those.

13          **A.**   Mm-hmm.

14          **Q.**   Has there been any change to that policy? I guess you  
15 talked about the privacy issues in this already, but when ...  
16 It seemed early on, in your dealings with Cpl. Desmond, you were  
17 aware of his back issues, but only aware of some of his medical  
18 conditions, not all of them.

19          **A.**   Mm-hmm.

20          **Q.**   Has that changed? Is there not an easier way to get  
21 medical records for a veteran as his case manager? Is that not  
22 ...

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1           **A.** Not to my knowledge. The simplest way I can, I guess,  
2 put it to you is, the veteran, sure he's operating within ...  
3 like accessing services through Veterans Affairs, but as a  
4 civilian like you and Im he or she is the person requesting  
5 their records.

6           So to be able to request health records, all of the health  
7 records, of another person on their behalf is kind of an  
8 exceptional ... So when we talk about VAC not being a keeper of  
9 medical information, it has to do with who is the owner of.  
10 That's my understanding anyway.

11           **Q.** Wouldn't you have found it helpful, though, to know  
12 all of that ... have that medical information upfront to know  
13 more about your veteran? Certainly, there could be something  
14 upfront when they get the case manager, that your case manager  
15 is going to know your medical history, and I'm sure most  
16 veterans would appreciate that.

17           **A.** I'm not sure that most would appreciate that. And in  
18 terms of whether it would be helpful, I guess consider a veteran  
19 who has had, you know, a 30-year career in the CAF and suddenly  
20 is applying for a program. If I was a case manager receiving  
21 all of their medical records for the last 30 years, I'm not sure  
22 that would be super-helpful to me. I think it would be very

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1 overwhelming.

2           So I think there's a balance and I guess I understand the  
3 philosophy where we access only those records that are necessary  
4 for the particular service or program.

5           **Q.** I'm going to switch topics again, Ms. Doucette, and  
6 talk about the departure from Ste. Anne's and the phone call  
7 that you had with the service providers at Ste. Anne's - Cpl.  
8 Desmond's service providers. I understand this took place  
9 August 9th of 2016. And the documents are contained in Exhibit  
10 116, but we don't need to review them. I think you've reviewed  
11 them in some detail already.

12           **A.** Mm-hmm.

13           **Q.** I just want to go through some of the recommendations.  
14 These were provided to you verbally. We've heard from the Ste.  
15 Anne's care providers who've testified.

16           **A.** Mm-hmm.

17           **Q.** So I just want to talk a little bit about that.

18           **A.** I just want to say some were provided verbally. I  
19 don't believe they were all provided, but that's my ...

20           **Q.** Well, that ... Okay, good. That's what I want to ask  
21 about because we have the discharge summary and I want to go  
22 through some of those recommendations with you.

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1 Dr. Gagnon, who is the psychologist, had recommended a  
2 neuropsychological evaluation and you've been asked questions  
3 about that.

4 **A.** Mm-hmm.

5 **Q.** She recommended emotional regulation therapy and also  
6 scheduled physical activity and we know none of that was done or  
7 arranged for Cpl. Desmond.

8 Julie Beauchesne is an occupational therapist who also  
9 recommended a neuropsychological evaluation and a functional  
10 assessment by an occupational therapist. And that, we know,  
11 wasn't done as well.

12 **A.** Yes.

13 **Q.** Ms. Hamilton, the social worker, had recommended pet  
14 therapy, participation in leisure activities such as maybe a  
15 cycling club or a yoga class, and that was not done.

16 Ms. Riccardi, the art therapist, had recommended that Cpl.  
17 Desmond get involved in some kind of art program in the  
18 community and that psychotherapeutic art-based treatment was  
19 strongly recommended.

20 **A.** Yeah.

21 **Q.** That was something that seemed to be, you know, very  
22 helpful to him when he was at Ste. Anne's, but that wasn't done

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Rodgers**

1 either.

2 Marie-Eve Royer, if I'm pronouncing that correctly, the  
3 psychoeducator, had recommended that he see an addictions  
4 counsellor, which was not arranged.

5 And then Ms. Ferland, the osteotherapist, had recommended  
6 nordic walking or training in a gym under the supervision of a  
7 trainer, and I understand that was not done either.

8 **A.** Mmm.

9 **Q.** So I guess what I'm wondering, Ms. Doucette, is were  
10 those recommendations clear to you on the phone call? Or which  
11 ones were not? I guess which ones weren't covered, if maybe  
12 that's easier.

13 **A.** It was clear to me that the neuropsychological  
14 evaluation was coming through the final recommendation. It was  
15 clear to me that CCM services were recommended. And  
16 psychotherapy, obviously, ongoing services, that was all clear.

17 As for the other ones you've mentioned, I don't believe  
18 that we had gone that in-depth in that phone call with all those  
19 recommendations. And when you think about the fact that the  
20 report arrived in October, probably some of those  
21 recommendations weren't ready when we had the phone call. So  
22 that's my interpretation, obviously. And if I may comment, I

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1 hear you naming everything that was not done, and when I hear  
2 it, I try to put myself also in Mr. Desmond's shoes and  
3 thinking, how can we realistically implement all of those  
4 services and all of those providers for one person?

5 **(18:50)**

6 So I guess I understand. There's a list of recommendations  
7 and, more than likely, in every scenario where someone is being  
8 released from inpatient treatment, not all of them are going to  
9 be put in place. Some of them will.

10 **Q.** Not here.

11 **A.** So I just wanted to comment on that because it's a  
12 pretty hefty list and throwing that, all at once, at a person, I  
13 don't think it's very realistic.

14 **Q.** In Mr. Desmond's case, none of the recommendations  
15 were implemented, though, Ms. Doucette. And, you know, we heard  
16 from Ms. Beauchesne who said that ... or, sorry, Ms. Hamilton  
17 said that she told you, if there was any questions, if you were  
18 unclear about any of the recommendations, feel free to call.  
19 And she was never contacted, or nobody at Ste. Anne's was  
20 contacted, by Cpl. Desmond's case manager to ask or to clarify  
21 what some of those recommendations might've been. You didn't  
22 make such a call. You didn't make any calls to clarify?



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1           **A.**   Actually, I remember making a call to find out where  
2 the report was at one point. I don't know if I was calling for  
3 something else, but I remember having a contact to say, Is the  
4 final report recommendations ready?

5           And just to circle back to the first part of your  
6 statement, I disagree that nothing was put in place. I  
7 understand, from that long list, that you've mentioned many  
8 things that were not put in place, some of which I would qualify  
9 and say they were not in place yet, but CCM services were put in  
10 place. I understand that not in as timely a fashion as we  
11 would've wanted. Psychotherapy was put in place.

12           And then there's the question of, you know, we talked about  
13 gym and all sort of stuff which ... some of which can be of the  
14 veteran's undertaking as well.

15           **Q.**   When Ms. Hamilton says if you had any questions, you  
16 could call back. And so when you don't call back to ask for  
17 clarification or more details, it lends ... some might conclude,  
18 well, then you felt that you did understand the recommendations  
19 and didn't need clarification.

20           **A.**   Well, as I mentioned before, on the phone call, I  
21 don't recall all those recommendations being made. And if all  
22 those recommendations were ready, why then did the report ...

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1 why was this report only submitted in October? So I did call  
2 back. At some point I had a chat just to know where the list of  
3 recommendations was, where the report was so ...

4 Q. That seems to be a pretty significant issue, I guess,  
5 too, Ms. Doucette, in fairness to you, certainly, that it took  
6 two months for that written report to get from Ste. Anne's to  
7 yourself.

8 A. Mm-hmm.

9 Q. Is that uncommon in your experience with veterans that  
10 have gone to residential treatment?

11 A. That's a good question. Like I said before, it was my  
12 one sort of dealing with Ste. Anne's. I'm trying to think of  
13 other inpatient treatments. I do feel that ... I mean I do  
14 believe that, generally, clients that are veterans, or any other  
15 member of the civilian population, leaves a treatment facility  
16 with some form of paperwork. So whether it be recommendations  
17 or a summary for themselves because the document is written for  
18 them.

19 So I don't know if it's standard procedure. What I can  
20 venture to guess is to say, Well, think about the number of  
21 providers that you just listed. So maybe they were waiting  
22 after some people to complete reports. I mean I'm sure they

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Rodgers**

1 have very busy jobs. So that could potentially explain the  
2 delay.

3 Q. Potentially. Although we've heard from the witnesses  
4 who've indicated they provided their recommendations over the  
5 phone, but that's ... We can go back to the transcript.

6 A. All of them?

7 Q. Well ...

8 A. All of them said that?

9 Q. I believe so but I'll defer to the transcript and I  
10 won't ... don't want to ask any more about that.

11 But what I want to move to, though, Ms. Doucette, is next  
12 we have Cpl. Desmond is discharged from there in August and  
13 quickly moves back to Nova Scotia. And we know that there were  
14 no services in place at that time.

15 A. Mm-hmm.

16 Q. We know he didn't have a family doctor and didn't have  
17 any therapists or anything at that time, and, really, for a few  
18 months, in Nova Scotia. And just thinking about who would know  
19 that? Who would know that he was back in Nova Scotia without  
20 services in place? Certainly, you would know because you're his  
21 case manager. Others that were involved in his care, though,  
22 may not. I mean, certainly, the individuals at Ste. Anne's,

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1 they've discharged him and passed him on to his case manager.

2       **A.** But they would've known he was moving to a different  
3 location so ...

4       **Q.** Yes. Dr. Murgatroyd, he knew he was moving to a new  
5 location but was told that connection had been made with a local  
6 care team.

7       **A.** Mm-hmm.

8       **Q.** Cpl. Desmond didn't have a family doctor that would  
9 know that he was without care. He didn't have a commanding  
10 officer. He didn't have a mentor. He didn't have a  
11 psychotherapist at that point yet anyway either. His wife  
12 would've known ...

13       **A.** Did he not ...

14       **Q.** Sorry. His wife ...

15       **A.** Just to ... sorry, just to clarify. Did he not have  
16 access to a doctor? I know you said he wasn't assigned to a  
17 family doctor, but I heard through the Inquiry that he did have  
18 access to a physician in his home community.

19       **Q.** Well, he went in October to re-establish a connection  
20 to a family doctor.

21       **A.** Okay.

22       **Q.** Or try to speak to a family doctor. Actually, he

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1 spoke to a locum family doctor, Dr. ...

2 **THE COURT:** Could it be Dr. Harnish?

3 **MR. RODGERS:** Dr. Luke Harnish. Yes. In October of ...  
4 October 13th.

5 **A.** Okay.

6 **Q.** And this was a locum doctor in Guysborough. And  
7 Shanna Desmond and Cpl. Desmond went there together.

8 **A.** Okay.

9 **Q.** And he started going online at that point to try to  
10 figure out how he might get the records from Ste. Anne's himself  
11 or figure out how to do it.

12 **A.** Mm-hmm.

13 **Q.** And we heard from Dr. Harnish and he was asked about  
14 whether he was aware that Cpl. Desmond had a case manager and he  
15 wasn't. Nobody brought it up to him. And it's not quite clear  
16 why. If it was, at that point, maybe not a relevant part of  
17 Cpl. Desmond's life in his mind. I don't know. Do you know?

18 **A.** To the ... do you mean the family ... like the  
19 physician didn't know that he had a case manager?

20 **Q.** Yes. And nor did Cpl. Desmond or Mrs. Desmond suggest  
21 that it was a possibility to go through the case manager to get  
22 his medical records.

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1           **A.**    Okay.

2           **Q.**    Does that surprise you that they wouldn't think of the  
3 case manager at that point?

4           **A.**    No, because, as I've mentioned before, there's ... I'm  
5 quite limited in what I can do to access his CAF records. That  
6 said, if he was consulting the physician ... I don't know why  
7 he was consulting the physician, but if he was consulting a  
8 physician and there was relevance and need for the physician to  
9 be in touch with the case manager, then that would've been up to  
10 Mr. Desmond and/or his spouse, if she was with him, to mention  
11 that. The doctor couldn't have known otherwise.

12          **Q.**    We heard from the physicians or the treatment  
13 providers at Ste. Anne's who say that a neuropsychological  
14 examination is not an uncommon recommendation for them to make  
15 for their veterans that are in-house and going through the  
16 residential treatment program.

17          **A.**    Mm-hmm.

18          **Q.**    But if I take your evidence, it seems that that might  
19 be a difficult thing for a case manager to arrange. Is there  
20 not a roster or a list of providers of neuropsychological  
21 examinations that you could reference when that recommendation  
22 comes?

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1           **A.** To my knowledge, neuropsych assessments are completed  
2 by psychologists who specialize in this, and there's not an  
3 enormous amount of them, particularly in rural areas. But it is  
4 possible that it's a common recommendation.

5           Like based on my experience, it was not the most common  
6 resource that we approved. Like I said before, in my entire  
7 caseload, there was one instance where it was recommended and  
8 approved, but I can't speak for all case managers, obviously.

9           **(19:00)**

10          **Q.** But each case manager certainly wouldn't have their  
11 own set of documents or have their own resources. You would  
12 certainly, I would think, collaborate on these things and if  
13 other case managers need neuropsychological examinations  
14 arranged, and that's not an infrequent recommendation, wouldn't  
15 it seem sensible that there would be a list somewhere or a  
16 roster of providers?

17          **A.** Perhaps. As I mentioned yesterday, I, although it's  
18 not all documented on file, informally when I was having  
19 conversations with some of the providers we were connecting with  
20 and colleagues in Nova Scotia I asked the question if they knew  
21 or were aware of a psychologist who conducted neuropsych  
22 assessments in the area and I hadn't found an answer through

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1 these people.

2 And in terms of the list, if my memory serves me correctly,  
3 is the challenge is we go into let's say Medavie Blue Cross to  
4 see who are the registered psychological providers, or we could  
5 go on, I don't know, maybe ... I don't know if it's called ... I  
6 forget what it's called in Nova Scotia, but the Association of  
7 Psychologists. But I don't know if it's clearly identified who  
8 are the psychologists who conduct neuropsych. Because, like I  
9 said, it's not the majority of psychologists, it's a smaller  
10 number. But I agree, like it would be nice to have a steady  
11 list and to know their availability in that ...

12 **Q.** It ... yes, it seems like you shouldn't even have to  
13 go beyond outside the office to figure out where to start at  
14 least with that kind of question.

15 **A.** Yeah, potentially, but the certainly the geography is  
16 a factor here. I think most small communities likely don't have  
17 neuropsych ...

18 **Q.** No, because that's ...

19 **A.** ... someone who does a neuropsych assessment in their  
20 area.

21 **Q.** No, I'm sure you'd have to go to Halifax for that, but  
22 that's fine.



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1           **A.**    Good chance.

2           **Q.**    Speaking of that, Ms. Doucette, I want to talk about  
3 the question of the OSI Nova Scotia versus local health  
4 providers situation.

5           **A.**    Mm-hmm.

6           **Q.**    You're saying that Cpl. Desmond declined the OSI  
7 Halifax option ...

8           **A.**    Mm-hmm.

9           **Q.**    ... in favour of local health providers. I just want  
10 to deconstruct that somewhat. There were no local health  
11 providers. It seems to me that it was a choice between a real  
12 but inconvenient perhaps option and a convenient but theoretical  
13 option. The OSI ...

14          **A.**    Why is that?

15          **Q.**    OSI existed and was there and was ready to take him  
16 and the local health providers were unknown and unestablished  
17 and he didn't ...

18          **A.**    No.

19          **Q.**    ... he didn't have any local health providers at that  
20 point. So what was his ...

21          **A.**    Well, he didn't ...

22          **Q.**    Was he making a real choice is what it ...

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1           **A.** He didn't have ... well, it didn't happen yet, but  
2 it's not accurate to say that there are no established  
3 providers. There are people practicing psychotherapy. There  
4 are psychiatrists ...

5           **Q.** I mean established as ...

6           **A.** In other ...

7           **Q.** Sorry, I don't mean to interrupt. But I mean  
8 established as his provider. So he didn't have any local ...

9           **A.** Well ...

10          **Q.** ... health providers.

11          **A.** No, because he had just moved there.

12          **Q.** Yes. So was it a real choice? Was that clear to him?  
13 I mean it seems to me when I look at that that we may be back to  
14 the prepayment issue and here he is living three hours' drive  
15 away from Halifax and maybe wondering ...

16          **A.** Mm-hmm.

17          **Q.** ... whether he could make it to Halifax and pay for  
18 that and afford to get treatment. Would ...

19          **A.** No, he would have been aware ... he would have been  
20 aware that his travels ...

21          **Q.** Would be reimbursed.

22          **A.** ... would be reimbursed. And also that the option of

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1 telemedicine existed because I had the conversation with him.  
2 So perhaps he wouldn't have needed to go to Halifax.

3 Q. Telemedicine was pretty in its infancy at that stage,  
4 really. It wasn't in much common use as it is now. Wouldn't  
5 that be fair to say?

6 A. Yeah, it was a service that OSI offered that probably  
7 not many clinics offered. But if I remember correctly, I think  
8 when you heard from Mr. Marshall I think he mentioned 2008 or  
9 something, so it wasn't that new in the OSI network.

10 Q. Do you recall talking to him about the expenses of  
11 going to Halifax and did you ever talk about offering, Well, if  
12 that's an issue we can deal with prepayment like we did for you  
13 in Montreal? We know that's a problem and it's on your mind.

14 A. I don't recall that specific conversation. I recall  
15 him saying he didn't want to travel. Like he hadn't raised  
16 finances as that barrier, but just he would rather work with  
17 someone in his own community. Were finances a motivator?  
18 Perhaps. But that's not how he expressed it.

19 Q. And maybe he thought that the local options would  
20 manifest themselves much more quickly than they did.

21 A. Maybe.

22 Q. Now I want to talk about the CCM and arranging that

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1 service for Cpl. Desmond. The Exhibit 273, which we don't need  
2 to bring up, but it says that you had located Ms. Boone/Ms.  
3 Luedee as of August 16th it looks like of 2016?

4 **A.** Yes ...

5 **Q.** When ...

6 **A.** ... something like that.

7 **Q.** When Cpl. Desmond left Ste. Anne's that was ... you  
8 had made contact, but then it took months for her to be able to  
9 start working and it seems like it was this training issue was  
10 the big issue.

11 **A.** Yes.

12 **Q.** Now we've heard from Ms. Luedee who says the training,  
13 as you've gone through, the training was fairly elementary.

14 **A.** Mm-hmm.

15 **Q.** It was really just about how to post notes to the  
16 system, it really didn't ... it really wasn't necessary for her  
17 to begin her work from her perspective to actually do the work.  
18 Of course to record ...

19 **A.** Mm-hmm.

20 **Q.** ... the work, you'd need to access it, but to start  
21 doing the work it wasn't necessary.

22 **A.** Mm-hmm.

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1           **Q.**    So were you not authorized to just tell her go ahead,  
2 start it and you'll get the training when you get it?

3           **A.**    That's not the directive that I got, no, through my  
4 training. It ... because I partly agree with Ms. Boone that you  
5 can engage with a veteran. Like I said earlier, I had a  
6 tendency to take handwritten notes and ...

7           **Q.**    Sure.

8           **A.**    ... probably in the same way that she would. The part  
9 that I don't as much agree with is that she can just go ahead  
10 and do the work without the system because things get approved  
11 through the system.

12           So the CCMs not being VAC employees, being contracted out  
13 by VAC, don't have an authority to approve certain things. So  
14 that's why the case manager remains sort of the authority and  
15 oversees the work that the CCM will do with the veteran.

16           **Q.**    But it seems like eventually you got frustrated  
17 perhaps and just told her yes, go ahead and do it, please, you  
18 start to work even though you don't have the training.

19           **A.**    Well, yes. Yes, but if my recollection is accurate it  
20 was after she had completed the training and was trying to gain  
21 her access. So it had to do with like, I don't know, passwords  
22 and whatnot. And we were told by, I don't know who from central

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1 office, that they were missing forms. And both she and I were  
2 adamant that those forms had been sent in, so it was this  
3 additional step. So at that point I said, Well, the directive  
4 that I got is that training has to be completed, training is  
5 completed, go. Because yes, I was growing a bit frustrated, in  
6 all fairness.

7 Q. It seems like a situation of process trumping  
8 substance. You know, this bureaucracy was dictating the  
9 situation that she couldn't get to work even though her role was  
10 quite important and the situation called for it, but the system  
11 wouldn't allow it. The system being the VAC system and the  
12 bureaucracy.

13 A. Mm-hmm. Mm-hmm.

14 Q. And you, as the case manager, were not empowered to  
15 cut through that and direct that she start even though she  
16 didn't have everything completed?

17 **(19:10)**

18 A. Well, like I mentioned, I, at one point, checked in  
19 and said this seems to be taking a bit more time. I was  
20 surprised with the time it was taking as well, so I checked in  
21 with a consultant and they just sort of reiterated that well,  
22 that's the policy. And if it's my job to approve and I can't

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1 receive the information because the person is not ... I get the  
2 logic, but I agree with you that it seems in that very scenario  
3 that, you know, the bureaucracy was a bit much. I mentioned it  
4 in my documents as you've seen, in my discussion with Mr.  
5 Macdonald yesterday, I believe.

6 Q. So who would need to approve something like that? Who  
7 would have the autonomy or the authority to tell Ms. Boone or  
8 Ms. Luedee to just go ahead and start? We'll get the training  
9 later. We'll get the system set up later.

10 A. Well, technically it would be me but I would be doing  
11 it against what I know is the directive and what allows us to do  
12 our work the way we are supposed to do it. So I understand what  
13 you're getting at. There are policies and sometimes we can go  
14 around policies and I didn't do it that time.

15 Q. Well ... no, that's ...

16 A. I decided that I would be patient and continue  
17 supporting the veteran in the meantime ...

18 Q. And I'm not ...

19 A. ... as best as I could.

20 Q. I'm not trying to make this personal, Ms. Doucette,  
21 I'm just thinking of the system and the VAC atmosphere and how  
22 that operates. You know, is it a situation where case managers

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1 are given the autonomy to make decisions that you know would be  
2 the right decision but is against a policy.

3 **A.** Yeah.

4 **Q.** And is that a difficult thing to do? Is it  
5 discouraged? What's the atmosphere like?

6 **A.** Well, you would have to do it sort of under the radar  
7 and then figure out how you're going to get the info in the  
8 system. So I ... yeah, that's how I can understand that.

9 **Q.** Well, you've answered many of the questions that I  
10 might have asked, Ms. Doucette, so I'm going to skip ahead and  
11 I'm going to go to just after the tragedy. We heard from Junior  
12 MacLellan who was a warrant officer, and a family member of ...

13 **A.** Okay.

14 **Q.** ... Cpl. Desmond, in relation that he was on hand and  
15 doing the bulk of the coordination after the tragedy for  
16 arranging funerals, this sort of thing.

17 **A.** Mm-hmm.

18 **Q.** Was that something where you considered getting  
19 involved? Were you encouraged or discouraged from getting  
20 involved in that? Did you have any involvement in arranging the  
21 funerals or anything after the tragedy?

22 **A.** No, I had no involvement in that. And so post-



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1 tragedy, as we've mentioned, I was asked to produce some  
2 additional information but I was given the sort of direction  
3 that there would be someone designated from the Halifax office  
4 who would be doing all the follow-ups with family. So I was  
5 specifically told that that would not be my role. It wasn't a  
6 matter of if I wanted to do it or not, it was decided.

7 **Q.** Somebody else in VAC was going to be doing it?

8 **A.** Yes.

9 **Q.** Do you know who? Not who specifically, maybe not a  
10 name but do you know what ... was there a person in a role that  
11 you thought was going to be taking care of that stuff?

12 **A.** I believe it was either a Veterans service team  
13 manager or an area director in the Nova Scotia area. I'm not a  
14 hundred percent sure, I think that's my recollection, though.

15 **Q.** Now, Ms. Doucette, we have the internal review that's  
16 made some recommendations and ...

17 **A.** Mm-hmm.

18 **Q.** ... we've heard about some delays and gaps in the  
19 explanations and we've heard that from you in the last few days  
20 and we've heard from other witnesses as well. Some of it is  
21 systemic, some of it is not. But what we haven't heard in the  
22 last couple of days is any real sense of contrition, if I can

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1 put it that way, from you. And I guess I just want to give you  
2 an opportunity, I guess. Do you ... how do you feel? How do  
3 you feel about this?

4 **A.** How do I feel?

5 **Q.** Yes.

6 **A.** Okay. Well, I'm just going to start by saying French  
7 is my first language and I'm not sure what you mean by  
8 "contrition".

9 **Q.** Sorry.

10 **A.** No, no, it's okay.

11 **Q.** Some combination of regret and responsibility.

12 Whether it's appropriate or not that you feel it that's not for  
13 us to conclude right now but it doesn't seem apparent that you  
14 do. Do you?

15 **A.** That I feel a sense of responsibility?

16 **Q.** Yes, or regret or any of those ... any of those  
17 things.

18 **A.** Oh, okay, well, I have no problem being upfront about  
19 my feelings. I can tell you that when I received the news of  
20 the tragedy I wept like a small child and I'm not going to do  
21 that today. And that is kind of second nature for a person in  
22 the helping field to ask themselves questions: Could I have

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1 seen something? Could I have ... is there something I missed?

2 But at the end of the day what we know is no one's perfect.

3 I said it yesterday, I don't claim to have been perfect in  
4 this process. But when I go over what I've done, what I've not  
5 done, because this has been pointed out many times during the  
6 course of the last few days, I do not feel responsible for the  
7 deaths of these four people.

8 Do I wish I could have done something more? Absolutely.

9 That I could have prevented it? Absolutely. But I think  
10 realistically it's human behaviour, it's not always predictable.  
11 And in this case I mean, I'm sure you've heard from other  
12 witnesses, I don't know anybody who really saw this coming.

13 So, yeah, I've lived through the emotions. I will tell you  
14 that this Inquiry process has been not easy. I am not a victim,  
15 however, I want to point that out. But I think suggesting, and  
16 I'm not saying you're saying that, but sometimes it feels like  
17 the suggestion that I may be responsible for the decisions that  
18 an individual made to take three lives including his own, I  
19 don't think that's fair or reasonable.

20 And one thing I'd like to offer the Inquiry because I've  
21 thought about this a lot obviously and the matter is interesting  
22 to me. Interesting in the sense that I, like you guys, would

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Rodgers**

1 want to know, you know, why and we never will. But what I've  
2 learned is in across the helping field, whether it's social  
3 work, whether it's psychology, whether it's psychiatry, whether  
4 it's nursing, very few helpers are actually trained in detecting  
5 homicidality.

6 We all get quite a bit of training in suicide prevention  
7 through the different jobs that we have but in terms of  
8 detecting homicidality there are studies that actually speak to  
9 this that it's an under sort of ... and this is beyond VAC, this  
10 is not a VAC issue, this is ... we don't learn this in school.  
11 And, like, you know, I have many obviously colleagues in the  
12 field and I think many would agree.

13 So that's a long-winded answer to say I actually appreciate  
14 you asking me how I feel because, I mean, it really changes a  
15 person's outlook. There were moments where I questioned if I  
16 wanted to stay in the field, but I don't feel responsible for  
17 what happened. I have no ill feelings towards Mr. Desmond. He  
18 was never aggressive towards me.

19 **(19:20)**

20 What I find challenging, though, is when I hear him being  
21 described as someone who was not capable. And I understand he  
22 had limitations and I agree with that, but no one ever deemed

**MARIE-PAULE DOUCETTE, Cross-Examination by Mr. Rodgers**

1 him to be not competent to make decisions. So that's as much as  
2 I can really say about that.

3 **Q.** Thank you, Ms. Doucette. I know that was probably a  
4 difficult question but I thought it was important to ask it and  
5 I think it's important for people to understand how you feel.

6 **A.** Thank you.

7 **Q.** And so thank you for giving the answer and those are  
8 all the questions I have, so thank you.

9 **A.** Thank you.

10 **THE COURT:** Thank you, Mr. Rodgers.

11 **MR. RODGERS:** Thank you, Your Honour.

12 **THE COURT:** I think I've canvassed everyone. Is there  
13 anyone that has anything remaining to ... No? All right. Ms.  
14 Grant, do you have anything to follow up on?

15 **MS. GRANT:** I'm searching wildly for my mask, sorry. I  
16 probably ...

17 **THE COURT:** You don't need your mask to stand up and say  
18 no.

19

20

**RE-DIRECT EXAMINATION**

21 **(19:21)**

22 **MS. GRANT:** Thank you. Ms. Doucette, if you're seeing

**MARIE-PAULE DOUCETTE, Re-Direct Examination**

1 my face you know we're getting close to the end. It's been a  
2 long couple of days so I thank you for your patience. Just a  
3 couple of questions. I promise I won't be long.

4 The VAC Assistance Service and number was maybe perhaps in  
5 jest referred to as the hotline earlier, I'm just wondering if  
6 you can explain what that is and why somebody might call that  
7 number.

8 **A.** Sure. So my understanding of the VAC Assistance  
9 Service is that it provides short-term mental health counselling  
10 on a ... when I say "mental health" you don't need to have a  
11 diagnosis or anything, it could be for just about any issue,  
12 family related, work-related, as long as you're a veteran or the  
13 family member, immediate family member of a veteran you can use  
14 those services. It's free. It's 24 hours. And it also, I  
15 think, would provide a certain level of crisis intervention. So  
16 if you're experiencing a crisis any time of the day or middle of  
17 the night and you don't know where to turn it's a good resource  
18 to turn to.

19 **Q.** In your ...

20 **A.** It's very similar to EAP program.

21 **Q.** Oh.

22 **A.** And I feel comfortable speaking about that because I

**MARIE-PAULE DOUCETTE, Re-Direct Examination**

1 actually have worked in an EAP program.

2 Q. Okay, that was going to be my next question because I  
3 think across the Government of Canada, you know, it's generally  
4 the EAP program, but it comes maybe under different names, but  
5 is it ...

6 A. Mm-hmm.

7 Q. ... sort of a Health Canada entity.

8 Do you know if maybe social work services could be  
9 something that someone might be able to get under that EAP type  
10 program?

11 A. Yes, I think. As far as I can recall, it was a number  
12 that you could call to obtain short-term services. So they  
13 could set you up with probably directly through Health Canada,  
14 but generally there's like independent health providers who are  
15 registered with Health Canada and then you would get a number of  
16 sessions approved per issue kind of thing. So I think social  
17 work falls under that category in terms of being able to  
18 provide, as long as you're qualified to provide short-term  
19 counselling.

20 Q. Thanks for that explanation.

21 Earlier today you were asked some questions today about the  
22 risk tool and I just want to just briefly touch on the concept

**MARIE-PAULE DOUCETTE, Re-Direct Examination**

1 of risk. And would you agree that like talking about a risk of  
2 an unsuccessful transition does not equate to a risk of harm or  
3 imminent harm to people?

4 **A.** Absolutely. Two different things.

5 **Q.** And that what somebody would refer to as success or  
6 not successful would potentially vary greatly from case to case?

7 **A.** Yes. And I think I was perhaps trying to express that  
8 today when I said for one veteran a successful re-integration  
9 may mean returning to the workforce, for another it may mean  
10 being able to stay home as opposed to placement if they're,  
11 let's say, elderly. So yes, it varies from case to case and  
12 depends on what the rules are for rehabilitation.

13 **Q.** And I think we understood this but I just wanted to  
14 clarify that veterans may be able to obtain case management  
15 services without necessarily having an assigned case manager.

16 **A.** Yes. Well ... Can you repeat the question? Sorry.

17 **Q.** Yeah, sorry. I'm just trying to think of a concrete  
18 example, but if I'm a veteran and I call and I don't have a case  
19 manager assigned to me but I have some sort of issue that  
20 involves something a case manager would normally do, is that  
21 something that I could get as a veteran?

22 **A.** Absolutely. So the intake case manager, that falls



**MARIE-PAULE DOUCETTE, Re-Direct Examination**

1 under their hat if you want. And not only calling, I've been on  
2 intake many times where I've met with veterans who have walked  
3 into the office or called and needed assistance with something  
4 and were willing to come into the office. So, yes, absolutely.  
5 It would not be sort of on an ongoing basis but you can receive  
6 sort of short-term help from a case manager. And if, through  
7 that contact, we determine that you're eligible for  
8 rehabilitation or that case management would be of benefit then  
9 we can initiate that process.

10 Q. Thank you. I think earlier when my friend had  
11 mentioned you used the phrase sort of transition from CAF to  
12 VAC, and I guess I just want to ask for you to confirm is I  
13 think what we're really talking about is transition from CAF to  
14 civilian life.

15 A. Mm-hmm.

16 Q. And I think you've stated this ...

17 A. Absolutely.

18 Q. ... a number of times, but with being a civilian you  
19 would also expect to interact with the provincial health care  
20 system.

21 A. Yes, like you and I.

22 Q. Potentially, also like you and I as federal public

**MARIE-PAULE DOUCETTE, Re-Direct Examination**

1 servants, when we travel we pay for our hotel and car rentals  
2 upfront, reimbursed later.

3 **A.** Yes.

4 **Q.** Just one more question area. Yesterday ... well, I  
5 guess I'm just wondering, you use a lot of sort of shorthand or  
6 a lot of abbreviations sort of a new ... it's sort of a  
7 different language. When ... in your notes if you were  
8 referring to a psych assessment ...

9 **A.** Yes.

10 **Q.** ... is that ... what do you mean by that?

11 **A.** Well, if you're ... if we're talking about one of the  
12 discussions that happened yesterday in reference to psych  
13 assessment not needed at that time I was referring to a psych  
14 assessment from that provider. If I had wanted to say  
15 neuropsych assessment I would have said neuropsych assessment.

16 **Q.** So you ...

17 **A.** So ... and yes ...

18 **Q.** Yes. So Catherine Chambers at the ...

19 **A.** ... so I was talking about ...

20 **Q.** Sorry, I'm talking over you. Catherine Chambers at  
21 the time you thought was a psychologist, but you weren't hiring  
22 her to conduct a psych assessment?

**MARIE-PAULE DOUCETTE, Re-Direct Examination**

1           **A.** Well, actually I appreciate the opportunity to be able  
2 to clarify. So in that note, essentially, I understand that  
3 it's probably not clear now when we read it, but the  
4 conversation that was had with Ms. Chambers that day was to  
5 determine, one, if she had availability and how she wishes to  
6 proceed.

7           So I specifically remember asking her how ... like how do  
8 you work when you have a new client; how do you want to go about  
9 that because it's her decision, not mine. But mentioning  
10 without great detail that we did have some recent assessments on  
11 file and for the Inquiry. And to put that in context, I'm  
12 talking about assessments that would have been at the same time  
13 by Dr. Murgatroyd. So we had psychological assessments  
14 available. So in the context, I didn't specify those. I just  
15 said that we had recent assessments.

16           **(19:30)**

17           So in the context of that conversation, there was an  
18 agreement that it was not necessary for her to conduct a new  
19 psych assessment but I was not referring to neuropsychological.  
20 I don't think she had the specialization to provide  
21 neuropsychological assessment.

22           **Q.** Okay, thank you for clarifying that and those are all

**MARIE-PAULE DOUCETTE, Re-Direct Examination**

1 of my questions.

2 **A.** Thank you.

3

4

**EXAMINATION BY THE COURT**

5 **(19:30)**

6 **THE COURT:** All right, thank you. So just so I  
7 understand, you actually had a conversation with Ms. Chambers  
8 and you specifically said to Ms. Chambers, it's not necessary  
9 for you to conduct any psychological assessments with regard to  
10 Cpl. Desmond. Am I correct?

11 **A.** No, sorry, I may not have explained myself correctly.  
12 What I said was I asked her how she wished to proceed. And I  
13 mean, you've met her, she's a very friendly person and, from  
14 there, just mentioned to her that there was some recent  
15 assessments on file, if she wished to access them at a different  
16 time. And it was just ... It was not my decision. I know it  
17 reads like it was my decision but it was sort of the outcome of  
18 our conversation.

19 **Q.** I'm sorry, then I misunderstood, because I thought you  
20 had a conversation with her and had told her it was not  
21 necessary for her to do any assessments in relation to Cpl.  
22 Desmond herself. That's not what you said.

**MARIE-PAULE DOUCETTE, Examination by the Court**

1           **A.**    I didn't say to her that she didn't need to do it. I  
2 gave her the choice of how do you want to proceed. Because some  
3 psychotherapists will meet clients and, in a very informal way,  
4 initiate their services. Some people will do a more detailed  
5 assessment in the beginning. So what I gather from what I  
6 recall from that conversation and when I reread the note is that  
7 we had understood it wasn't my decision, it was just we  
8 discussed. I told her that there were recent assessments on  
9 file and the end result was the decision that she wouldn't  
10 necessarily need to conduct a new assessment. That's what it  
11 meant.

12           **Q.**    So you told her that there were recent assessments on  
13 file.

14           **A.**    Yes.

15           **Q.**    And it would not be necessary for her to conduct any  
16 new or additional assessments and that, at some point, with the  
17 consent of Cpl. Desmond, that she would be able to access those  
18 assessments. Do I have that correct?

19           **A.**    The beginning and the end is correct. It's the middle  
20 part. I didn't say to her it's not necessary for you to do one.  
21 I gave her the choice. So I said, just so you know, we have  
22 recent assessments on file.

**MARIE-PAULE DOUCETTE, Examination by the Court**

1           **Q.**    So you told her that if she wanted to conduct her own  
2 assessment, she was free to conduct her own assessment.  Is that  
3 correct?

4           **A.**    Absolutely, yes, I can't tell providers how to do  
5 their job.

6           **Q.**    All right.  Thank you.

7           So when Mr. Rodgers was asking questions about  
8 neuropsychological assessments and the question about whether or  
9 not, I'm just kind of paraphrasing, whether or not there was a  
10 roster of neuropsychologists that conduct assessments, and I  
11 think at the end of the day you said that you had spoken to some  
12 of your colleagues but your colleagues didn't have names of any  
13 providers.  Am I generally correct with regard to your answer?

14          **A.**    That's my recollection, yeah, that none of them had,  
15 off the top of their head.  So I'm not suggesting that I did an  
16 extensive search.  I had initiated ...

17          **Q.**    Did you do any search ... Sorry, let me ask, did you  
18 do any search?  For instance, when you put the term  
19 "neuropsychological assessments Nova Scotia" into a search  
20 engine, it comes up with a certain number of names and  
21 providers.  Did you actually do ... did you go that far to do  
22 that?

**MARIE-PAULE DOUCETTE, Examination by the Court**

1           **A.** I don't remember doing that. What I'm saying is that  
2 I had started searching informally while I was doing other  
3 things by asking the contacts around me.

4           **Q.** All right, so you never did, for instance, you never  
5 went to your computer and went online and put in that as a  
6 search term and looked to see what might come up in Nova Scotia  
7 for those that provide neuropsychological services.

8           **A.** I can't say, no, with certainty. No, I don't think I  
9 did.

10          **Q.** While I was sitting here and listening, I took a  
11 moment to do exactly that and it was as easy as putting in that  
12 search term that I just referred to. It brought up a number of  
13 individuals who provide neuropsychological/neurological assessment  
14 services and, in fact, one who is referenced here who ... We  
15 frequently complete neuropsychological and neuro ... and  
16 psychoeducational assessments for the Nova Scotia Department of  
17 Community Services, Mi'kmaw Family and Children's Services. And  
18 Jordan's principle. We also routinely provide independent  
19 neuropsychological evaluations for Workmen's Compensation Board,  
20 Veterans Affairs Canada, Royal Canadian Mounted Police,  
21 insurance companies, legal professionals, university employees.  
22 That took me maybe two minutes while I was listening to Mr.

**MARIE-PAULE DOUCETTE, Examination by the Court**

1 Rodgers.

2 So it's not a difficult task, is it? Would you agree with  
3 me?

4 **A.** I agree that that's not a difficult task.

5 **Q.** All right, and I appreciate that that's an easier task  
6 than you've gone through for the last two days. We have a lot  
7 of information. We have documents and we go through the  
8 documents and we compare what is written in the document and  
9 what is written in another document and evidence that we've  
10 heard. And part of what we try to do is to try to get as  
11 complete and as comprehensive a view of all the circumstances as  
12 we can. And I would agree with you that when you made the  
13 comment to Mr. Rodgers that human behaviour is unpredictable.  
14 And I, for one, would suggest that it would be astonishing if  
15 anyone would suggest that you could have predicted anything  
16 close to what occurred on January the 3rd. That would be  
17 grossly unfair for anyone to suggest that. We will look at this  
18 at the end of the day and I will hear from Counsel and the  
19 suggestions that are made and we will try to, in our way, sort  
20 of out and we may all have our own views of how the evidence or  
21 what the evidence presents and the recommendations that may come  
22 out of what we have heard to date.



**MARIE-PAULE DOUCETTE, Examination by the Court**

1 I would like to thank you for your time and, clearly, the  
2 thought that you put into your preparation for the evidence for  
3 the last two days, Ms. Doucette, and wish you all the best.  
4 Thank you.

5 **A.** Thank you.

6 **THE COURT:** All right, thank you. So will just cut that  
7 link. We will adjourn for the day and I'm just going to ask  
8 counsel to remain for a few minutes so we can have a discussion.

9 **WITNESS WITHDREW (19:38 hrs.)**

10

11 **COURT CLOSED (19:38 hrs.)**

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**CERTIFICATE OF COURT TRANSCRIBER**

I, Margaret Livingstone, Court Transcriber, hereby certify that the foregoing is a true and accurate transcript of the evidence given in this matter, **re Desmond Fatality Inquiry**, taken by way of electronic digital recording.



Margaret Livingstone

(Registration No. 2006-16)

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**DARTMOUTH, NOVA SCOTIA**

**July 9, 2021**